

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024

Results

Event 1 Women 18-24 1500 LC Meter Freestyle

NATL: 17:22.39 N 7/5/2012 LUANE ROWE

Name	Age	Team	Finals Time	Points
1 Braden, Malia	21	Uc31	23:04.08	9
r:+0.76 39.45	1:23.49 (44.04)	2:09.61 (46.12)	2:56.62 (47.01)	
3:44.51 (47.89)	4:31.76 (47.25)	5:19.42 (47.66)	6:07.39 (47.97)	
6:55.93 (48.54)	7:43.76 (47.83)	8:31.88 (48.12)	9:18.77 (46.89)	
10:06.60 (47.83)	10:53.54 (46.94)	11:41.26 (47.72)	12:27.71 (46.45)	
13:14.62 (46.91)	14:01.44 (46.82)	14:48.82 (47.38)	15:35.26 (46.44)	
16:21.79 (46.53)	17:08.70 (46.91)	17:54.95 (46.25)	18:40.32 (45.37)	
19:26.56 (46.24)	20:12.93 (46.37)	20:57.99 (45.06)	21:40.44 (42.45)	
22:23.52 (43.08)	23:04.08 (40.56)			

Event 1 Women 30-34 1500 LC Meter Freestyle

NATL: 17:07.54 N 4/25/2010 DAWN HECKMAN

1 Pickett, Sarah	31	Lone Star Masters-26	22:44.72	9
r:+0.85 41.09	1:25.99 (44.90)	2:11.99 (46.00)	2:58.04 (46.05)	
3:44.85 (46.81)	4:30.71 (45.86)	5:17.08 (46.37)	6:03.83 (46.75)	
6:49.88 (46.05)	7:35.70 (45.82)	8:21.29 (45.59)	9:07.13 (45.84)	
9:52.65 (45.52)	10:38.63 (45.98)	11:24.01 (45.38)	12:09.67 (45.66)	
12:54.79 (45.12)	13:41.23 (46.44)	14:26.84 (45.61)	15:12.80 (45.96)	
15:59.02 (46.22)	16:44.33 (45.31)	17:30.48 (46.15)	18:17.02 (46.54)	
19:02.34 (45.32)	19:47.94 (45.60)	20:33.25 (45.31)	21:18.33 (45.08)	
22:03.93 (45.60)	22:44.72 (40.79)			

Event 1 Women 40-44 1500 LC Meter Freestyle

NATL: 17:17.59 N 4/30/2017 HEIDI GEORGE

1 Frees, Heather	41	Lone Star Masters-26	20:12.74	9
r:+0.76 34.55	1:12.50 (37.95)	1:51.26 (38.76)	2:31.36 (40.10)	
3:11.17 (39.81)	3:51.93 (40.76)	4:32.24 (40.31)	5:12.42 (40.18)	
5:53.03 (40.61)	6:33.89 (40.86)	7:14.88 (40.99)	7:55.98 (41.10)	
8:37.11 (41.13)	9:18.29 (41.18)	9:59.56 (41.27)	10:40.14 (40.58)	
11:20.98 (40.84)	12:02.14 (41.16)	12:43.35 (41.21)	13:24.23 (40.88)	
14:05.22 (40.99)	14:45.96 (40.74)	15:27.15 (41.19)	16:08.15 (41.00)	
16:49.34 (41.19)	17:30.78 (41.44)	18:12.08 (41.30)	18:52.41 (40.33)	
19:33.00 (40.59)	20:12.74 (39.74)			

Event 1 Women 45-49 1500 LC Meter Freestyle

NATL: 17:26.47 N 12/2/2023 HEIDI GEORGE

1 George, Heidi	48	Uc38	17:39.25	9
r:+0.91 33.51	1:08.86 (35.35)	1:44.60 (35.74)	2:20.04 (35.44)	
2:55.61 (35.57)	3:31.01 (35.40)	4:06.46 (35.45)	4:42.18 (35.72)	
5:17.84 (35.66)	5:53.30 (35.46)	6:29.04 (35.74)	7:04.53 (35.49)	
7:40.01 (35.48)	8:15.36 (35.35)	8:50.85 (35.49)	9:26.13 (35.28)	
10:01.50 (35.37)	10:36.70 (35.20)	11:12.22 (35.52)	11:47.52 (35.30)	
12:23.04 (35.52)	12:58.36 (35.32)	13:33.85 (35.49)	14:09.22 (35.37)	
14:44.68 (35.46)	15:19.90 (35.22)	15:55.20 (35.30)	16:30.31 (35.11)	
17:05.30 (34.99)	17:39.25 (33.95)			
2 Day, Jacqueline	46	Texas Ford Aquatics Masters-26	19:43.39	7
r:+0.89 34.23	1:13.11 (38.88)	1:52.88 (39.77)	2:32.97 (40.09)	
3:13.00 (40.03)	3:53.50 (40.50)	4:33.54 (40.04)	5:13.71 (40.17)	
5:53.51 (39.80)	6:33.31 (39.80)	7:12.88 (39.57)	7:52.46 (39.58)	
8:31.88 (39.42)	9:11.43 (39.55)	9:50.97 (39.54)	10:30.51 (39.54)	
11:10.07 (39.56)	11:49.76 (39.69)	12:29.48 (39.72)	13:09.50 (40.02)	
13:49.08 (39.58)	14:28.53 (39.45)	15:08.28 (39.75)	15:48.11 (39.83)	
16:27.74 (39.63)	17:07.40 (39.66)	17:46.85 (39.45)	18:26.30 (39.45)	
19:05.39 (39.09)	19:43.39 (38.00)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 1 Women 45-49 1500 LC Meter Freestyle)**

3	Upton, Alexandra	48	Lone Star Masters-26	24:29.51	6
	r:+0.96 44.56	1:32.10 (47.54)	2:21.93 (49.83)	3:11.94 (50.01)	
	4:02.32 (50.38)	4:51.02 (48.70)	5:40.75 (49.73)	6:29.93 (49.18)	
	7:19.69 (49.76)	8:08.52 (48.83)	8:58.10 (49.58)	9:46.52 (48.42)	
	10:35.96 (49.44)	11:24.74 (48.78)	12:13.86 (49.12)	13:02.48 (48.62)	
	13:51.99 (49.51)	14:40.22 (48.23)	15:29.71 (49.49)	16:19.04 (49.33)	
	17:08.23 (49.19)	17:57.44 (49.21)	18:47.32 (49.88)	19:36.28 (48.96)	
	20:26.63 (50.35)	21:15.45 (48.82)	22:05.65 (50.20)	22:54.35 (48.70)	
	23:44.07 (49.72)	24:29.51 (45.44)			
4	Christian, Melisa	48	Lone Star Masters-26	25:58.00	5
	r:+1.03 43.43	1:31.82 (48.39)	2:22.65 (50.83)	3:12.89 (50.24)	
	4:05.08 (52.19)	4:57.76 (52.68)	5:50.28 (52.52)	6:43.42 (53.14)	
	7:36.28 (52.86)	8:29.72 (53.44)	9:23.29 (53.57)	10:16.52 (53.23)	
	11:09.65 (53.13)	12:02.65 (53.00)	12:55.09 (52.44)	13:47.95 (52.86)	
	14:40.41 (52.46)	15:33.06 (52.65)	16:26.14 (53.08)	17:19.62 (53.48)	
	18:11.95 (52.33)	19:04.26 (52.31)	19:55.73 (51.47)	20:47.81 (52.08)	
	21:40.37 (52.56)	22:33.53 (53.16)	23:26.50 (52.97)	24:19.39 (52.89)	
	25:12.00 (52.61)	25:58.00 (46.00)			
5	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	39:02.80	4
	r:+1.70 1:08.19	2:21.25 (1:13.06)	3:39.72 (1:18.47)	4:56.00 (1:16.28)	
	6:15.65 (1:19.65)	7:33.05 (1:17.40)	8:50.22 (1:17.17)	10:07.24 (1:17.02)	
	11:26.26 (1:19.02)	12:43.77 (1:17.51)	14:04.01 (1:20.24)	15:22.60 (1:18.59)	
	16:42.61 (1:20.01)	18:02.13 (1:19.52)	19:21.52 (1:19.39)	20:38.72 (1:17.20)	
	21:58.51 (1:19.79)	23:17.00 (1:18.49)	24:37.29 (1:20.29)	25:56.12 (1:18.83)	
	27:19.08 (1:22.96)	28:35.81 (1:16.73)	29:56.69 (1:20.88)	31:15.90 (1:19.21)	
	32:36.75 (1:20.85)	33:55.13 (1:18.38)	35:15.73 (1:20.60)	36:34.09 (1:18.36)	
	37:52.54 (1:18.45)	39:02.80 (1:10.26)			

Event 1 Women 50-54 1500 LC Meter Freestyle**NATL: 18:15.80 N 7/29/2022 ALISON ZAMANIAN**

1	Moore, Alison	54	Lone Star Masters-26	22:38.11	9
	r:+0.92 40.47	1:24.64 (44.17)	2:10.09 (45.45)	2:55.88 (45.79)	
	3:41.76 (45.88)	4:27.38 (45.62)	5:13.07 (45.69)	5:58.73 (45.66)	
	6:44.64 (45.91)	7:30.20 (45.56)	8:15.77 (45.57)	9:01.64 (45.87)	
	9:47.27 (45.63)	10:32.99 (45.72)	11:19.16 (46.17)	12:04.65 (45.49)	
	12:50.08 (45.43)	13:35.86 (45.78)	14:21.38 (45.52)	15:07.33 (45.95)	
	15:52.80 (45.47)	16:38.54 (45.74)	17:23.67 (45.13)	18:09.45 (45.78)	
	18:54.97 (45.52)	19:40.38 (45.41)	20:25.11 (44.73)	21:09.86 (44.75)	
	21:54.30 (44.44)	22:38.11 (43.81)			
2	Mackinnon, Amy	53	O2 Performance Aquatics-26	30:41.52	7
	r:+1.57 54.90	1:53.19 (58.29)	2:52.71 (59.52)	3:52.41 (59.70)	
	4:52.91 (1:00.50)	5:54.09 (1:01.18)	6:54.30 (1:00.21)	7:56.19 (1:01.89)	
	8:57.91 (1:01.72)	10:00.58 (1:02.67)	11:00.97 (1:00.39)	12:02.51 (1:01.54)	
	13:03.84 (1:01.33)	14:04.94 (1:01.10)	15:05.57 (1:00.63)	16:07.26 (1:01.69)	
	17:09.87 (1:02.61)	18:12.19 (1:02.32)	19:13.31 (1:01.12)	20:14.58 (1:01.27)	
	21:16.89 (1:02.31)	22:19.76 (1:02.87)	23:22.47 (1:02.71)	24:24.93 (1:02.46)	
	25:27.99 (1:03.06)	26:31.25 (1:03.26)	27:34.09 (1:02.84)	28:37.92 (1:03.83)	
	29:41.01 (1:03.09)	30:41.52 (1:00.51)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 1 Women 55-59 1500 LC Meter Freestyle****NATL: 18:36.30 N 8/7/2019 ELLEN REYNOLDS**

1	Chubb, Courtney	55	Swim Melbourne Masters-14	20:33.24	9
	r:+0.91 36.24	1:17.10 (40.86)	1:58.42 (41.32)	2:40.60 (42.18)	
	3:22.18 (41.58)	4:03.57 (41.39)	4:44.90 (41.33)	5:26.63 (41.73)	
	6:07.80 (41.17)	6:49.06 (41.26)	7:30.34 (41.28)	8:12.27 (41.93)	
	8:53.45 (41.18)	9:35.13 (41.68)	10:16.02 (40.89)	10:57.66 (41.64)	
	11:38.56 (40.90)	12:20.33 (41.77)	13:01.22 (40.89)	13:42.68 (41.46)	
	14:23.71 (41.03)	15:05.63 (41.92)	15:46.55 (40.92)	16:28.34 (41.79)	
	17:09.52 (41.18)	17:51.22 (41.70)	18:32.07 (40.85)	19:13.64 (41.57)	
	19:54.23 (40.59)	20:33.24 (39.01)			
2	Gray, Christina	58	Lone Star Masters-26	25:29.90	7
	r:+1.16 45.49	1:35.30 (49.81)	2:26.79 (51.49)	3:19.12 (52.33)	
	4:11.57 (52.45)	5:03.61 (52.04)	5:55.06 (51.45)	6:48.41 (53.35)	
	7:40.00 (51.59)	8:31.56 (51.56)	9:22.66 (51.10)	10:13.74 (51.08)	
	11:04.90 (51.16)	11:56.01 (51.11)	12:47.22 (51.21)	13:39.10 (51.88)	
	14:30.16 (51.06)	15:22.21 (52.05)	16:13.29 (51.08)	17:04.18 (50.89)	
	17:54.32 (50.14)	18:45.35 (51.03)	19:36.04 (50.69)	20:27.43 (51.39)	
	21:18.06 (50.63)	22:09.45 (51.39)	23:00.12 (50.67)	23:51.24 (51.12)	
	24:41.93 (50.69)	25:29.90 (47.97)			
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	31:53.72	6
	r:+1.23 55.59	1:57.45 (1:01.86)	3:00.15 (1:02.70)	4:03.45 (1:03.30)	
	5:06.12 (1:02.67)	6:10.54 (1:04.42)	7:13.61 (1:03.07)	8:18.85 (1:05.24)	
	9:21.95 (1:03.10)	10:24.70 (1:02.75)	11:27.57 (1:02.87)	12:31.45 (1:03.88)	
	13:35.88 (1:04.43)	14:39.39 (1:03.51)	15:42.98 (1:03.59)	16:47.32 (1:04.34)	
	17:51.15 (1:03.83)	18:55.59 (1:04.44)	20:00.57 (1:04.98)	21:06.82 (1:06.25)	
	22:12.02 (1:05.20)	23:16.22 (1:04.20)	24:20.39 (1:04.17)	25:26.30 (1:05.91)	
	26:30.76 (1:04.46)	27:34.70 (1:03.94)	28:40.56 (1:05.86)	29:46.04 (1:05.48)	
	30:49.51 (1:03.47)	31:53.72 (1:04.21)			

Event 1 Women 60-64 1500 LC Meter Freestyle**NATL: 19:23.70 N 6/18/2022 LYNN MARSHALL**

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	21:14.82	9
	r:+0.81 38.26	1:19.44 (41.18)	2:01.70 (42.26)	2:44.30 (42.60)	
	3:26.20 (41.90)	4:08.66 (42.46)	4:51.23 (42.57)	5:34.44 (43.21)	
	6:17.34 (42.90)	7:00.48 (43.14)	7:43.73 (43.25)	8:26.44 (42.71)	
	9:09.16 (42.72)	9:51.62 (42.46)	10:33.75 (42.13)	11:14.77 (41.02)	
	11:57.77 (43.00)	12:40.61 (42.84)	13:23.61 (43.00)	14:06.96 (43.35)	
	14:50.02 (43.06)	15:33.19 (43.17)	16:16.26 (43.07)	16:59.46 (43.20)	
	17:42.43 (42.97)	18:25.71 (43.28)	19:08.84 (43.13)	19:51.67 (42.83)	
	20:34.62 (42.95)	21:14.82 (40.20)			
2	Smart, Denise	62	Tulsa Masters Swim Club-27	24:41.96	7
	r:+0.74 41.59	1:29.66 (48.07)	2:18.71 (49.05)	3:07.08 (48.37)	
	3:56.17 (49.09)	4:45.35 (49.18)	5:34.49 (49.14)	6:23.61 (49.12)	
	7:13.66 (50.05)	8:02.81 (49.15)	8:52.54 (49.73)	9:41.26 (48.72)	
	10:31.10 (49.84)	11:20.69 (49.59)	12:10.74 (50.05)	13:00.30 (49.56)	
	13:50.63 (50.33)	14:40.15 (49.52)	15:30.09 (49.94)	16:19.73 (49.64)	
	17:10.46 (50.73)	18:00.48 (50.02)	18:51.27 (50.79)	19:41.21 (49.94)	
	20:31.57 (50.36)	21:21.53 (49.96)	22:12.80 (51.27)	23:03.00 (50.20)	
	23:53.67 (50.67)	24:41.96 (48.29)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 1 Women 60-64 1500 LC Meter Freestyle)**

3	Klimko, Sue	64	Lone Star Masters-26	27:11.71	6
	r:+1.14 47.57	1:39.26 (51.69)	2:33.15 (53.89)	3:27.95 (54.80)	
	4:22.96 (55.01)	5:18.11 (55.15)	6:13.05 (54.94)	7:07.85 (54.80)	
	8:02.96 (55.11)	8:56.37 (53.41)	9:50.75 (54.38)	10:45.05 (54.30)	
	11:39.84 (54.79)	12:34.26 (54.42)	13:28.35 (54.09)	14:23.64 (55.29)	
	15:18.46 (54.82)	16:13.31 (54.85)	17:07.91 (54.60)	18:03.12 (55.21)	
	18:58.16 (55.04)	19:54.08 (55.92)	20:49.21 (55.13)	21:44.35 (55.14)	
	22:39.31 (54.96)	23:33.68 (54.37)	24:29.18 (55.50)	25:23.61 (54.43)	
	26:18.78 (55.17)	27:11.71 (52.93)			

Event 1 Women 65-69 1500 LC Meter Freestyle**NATL: 20:41.53 N 7/21/2023 S HEIM-BOWEN**

1	Hinkamp, Kristianne	65	Lone Star Masters-26	26:03.53	9
	r:+1.03 45.51	1:36.29 (50.78)	2:27.33 (51.04)	3:19.57 (52.24)	
	4:11.01 (51.44)	5:03.05 (52.04)	5:55.77 (52.72)	6:46.94 (51.17)	
	7:39.11 (52.17)	8:30.84 (51.73)	9:23.33 (52.49)	10:15.72 (52.39)	
	11:08.00 (52.28)	12:00.60 (52.60)	12:52.87 (52.27)	13:45.73 (52.86)	
	14:37.77 (52.04)	15:30.44 (52.67)	16:23.67 (53.23)	17:16.23 (52.56)	
	18:09.16 (52.93)	19:02.48 (53.32)	19:55.25 (52.77)	20:48.48 (53.23)	
	21:41.71 (53.23)	22:34.10 (52.39)	23:27.12 (53.02)	24:19.77 (52.65)	
	25:12.58 (52.81)	26:03.53 (50.95)			
2	Pederson, Deborah	67	Masters of South Texas-43	30:00.28	7
	r:+1.05 49.46	1:48.94 (59.48)	2:49.32 (1:00.38)	3:51.70 (1:02.38)	
	4:53.37 (1:01.67)	5:54.42 (1:01.05)	6:54.34 (59.92)	7:55.55 (1:01.21)	
	8:55.70 (1:00.15)	9:57.19 (1:01.49)	10:55.91 (58.72)	11:57.40 (1:01.49)	
	12:56.90 (59.50)	13:57.93 (1:01.03)	14:55.90 (57.97)	15:56.92 (1:01.02)	
	16:57.17 (1:00.25)	17:59.52 (1:02.35)	19:00.05 (1:00.53)	20:01.78 (1:01.73)	
	21:02.37 (1:00.59)	22:04.71 (1:02.34)	23:04.90 (1:00.19)	24:07.17 (1:02.27)	
	25:06.52 (59.35)	26:07.93 (1:01.41)	27:06.65 (58.72)	28:07.13 (1:00.48)	
	30:00.28 (1:53.15)				

Event 1 Women 70-74 1500 LC Meter Freestyle**NATL: 21:02.79 N 8/2/2023 CHRISTIE CIRAULO**

1	Bowling, Cindy	70	Tulsa Masters Swim Club-27	25:06.63	9
	r:+0.95 43.59	1:31.71 (48.12)	2:20.87 (49.16)	3:10.73 (49.86)	
	4:00.25 (49.52)	4:50.12 (49.87)	5:40.52 (50.40)	6:30.97 (50.45)	
	7:09.95 (38.98)	8:11.88 (1:01.93)	9:02.54 (50.66)	9:52.67 (50.13)	
	10:43.31 (50.64)	11:33.80 (50.49)	12:24.71 (50.91)	13:15.41 (50.70)	
	14:06.37 (50.96)	14:57.07 (50.70)	15:48.00 (50.93)	16:38.68 (50.68)	
	17:29.19 (50.51)	18:20.08 (50.89)	19:10.82 (50.74)	20:02.21 (51.39)	
	20:53.11 (50.90)	21:44.36 (51.25)	22:35.67 (51.31)	23:26.65 (50.98)	
	24:18.38 (51.73)	25:06.63 (48.25)			

Event 1 Men 18-24 1500 LC Meter Freestyle**NATL: 16:58.37 N 8/7/2013 JACOB JEZEK**

1	Henderson, Myles	23	Terrapin Masters-10	18:11.14	9
	r:+0.73 31.87	1:06.06 (34.19)	1:41.52 (35.46)	2:17.44 (35.92)	
	2:53.26 (35.82)	3:29.37 (36.11)	4:05.66 (36.29)	4:42.53 (36.87)	
	5:19.11 (36.58)	5:55.77 (36.66)	6:32.48 (36.71)	7:09.60 (37.12)	
	7:46.60 (37.00)	8:23.47 (36.87)	9:00.52 (37.05)	9:37.35 (36.83)	
	10:14.53 (37.18)	10:51.28 (36.75)	11:27.99 (36.71)	12:04.98 (36.99)	
	12:41.57 (36.59)	13:18.51 (36.94)	13:55.36 (36.85)	14:32.56 (37.20)	
	15:09.40 (36.84)	15:46.06 (36.66)	16:22.39 (36.33)	16:59.18 (36.79)	
	17:35.56 (36.38)	18:11.14 (35.58)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024

Results

Event 1 Men 25-29 1500 LC Meter Freestyle

NATL: 15:49.04 N 8/12/2022 DAVID HERON

1	Shozda, Alex	28	Lone Star Masters-26	19:12.15	9
	r:+0.67 33.79	1:10.16 (36.37)	1:47.22 (37.06)	2:24.20 (36.98)	
	3:01.88 (37.68)	3:39.84 (37.96)	4:17.95 (38.11)	4:55.63 (37.68)	
	5:33.97 (38.34)	6:12.48 (38.51)	6:51.34 (38.86)	7:29.99 (38.65)	
	8:08.71 (38.72)	8:48.11 (39.40)	9:27.12 (39.01)	10:05.94 (38.82)	
	10:45.11 (39.17)	11:23.77 (38.66)	12:02.57 (38.80)	12:41.83 (39.26)	
	13:21.27 (39.44)	14:00.84 (39.57)	14:39.90 (39.06)	15:18.86 (38.96)	
	15:57.65 (38.79)	16:36.83 (39.18)	17:16.04 (39.21)	17:55.08 (39.04)	
	18:33.94 (38.86)	19:12.15 (38.21)			

Event 1 Men 30-34 1500 LC Meter Freestyle

NATL: 15:52.24 N 8/7/2019 CHAD LA TOURETTE

1	Tierney, Sam	31	Uc43	18:51.22	9
	r:+0.82 33.01	1:08.44 (35.43)	1:44.12 (35.68)	2:20.11 (35.99)	
	2:56.63 (36.52)	3:33.30 (36.67)	4:09.89 (36.59)	4:46.88 (36.99)	
	5:24.85 (37.97)	6:02.94 (38.09)	6:41.36 (38.42)	7:19.71 (38.35)	
	7:58.22 (38.51)	8:36.69 (38.47)	9:15.50 (38.81)	9:53.78 (38.28)	
	10:32.20 (38.42)	11:10.92 (38.72)	11:49.18 (38.26)	12:27.87 (38.69)	
	13:06.66 (38.79)	13:45.04 (38.38)	14:23.28 (38.24)	15:01.31 (38.03)	
	15:39.99 (38.68)	16:18.35 (38.36)	16:57.17 (38.82)	17:36.24 (39.07)	
	18:14.71 (38.47)	18:51.22 (36.51)			
2	Losch, Nathan	33	Cowtown Swimming-26	20:00.03	7
	r:+0.89 34.46	1:11.77 (37.31)	1:50.55 (38.78)	2:30.18 (39.63)	
	3:09.84 (39.66)	3:49.75 (39.91)	4:30.26 (40.51)	5:10.71 (40.45)	
	5:50.91 (40.20)	6:30.98 (40.07)	7:11.39 (40.41)	7:51.77 (40.38)	
	8:32.18 (40.41)	9:12.66 (40.48)	9:53.20 (40.54)	10:33.64 (40.44)	
	11:14.00 (40.36)	11:54.28 (40.28)	12:35.45 (41.17)	13:16.56 (41.11)	
	13:57.34 (40.78)	14:37.81 (40.47)	15:18.31 (40.50)	15:58.76 (40.45)	
	16:39.19 (40.43)	17:19.79 (40.60)	17:59.96 (40.17)	18:40.43 (40.47)	
	19:20.78 (40.35)	20:00.03 (39.25)			

Event 1 Men 35-39 1500 LC Meter Freestyle

NATL: 16:32.72 N 8/14/2008 CHRISTOPHER DERKS

1	Osada, Akihiko	38	Lone Star Masters-26	20:29.35	9
	r:+0.73 37.79	1:19.57 (41.78)	1:59.88 (40.31)	2:41.85 (41.97)	
	3:22.55 (40.70)	4:03.48 (40.93)	4:45.03 (41.55)	5:26.04 (41.01)	
	6:07.41 (41.37)	6:49.07 (41.66)	7:30.72 (41.65)	8:11.98 (41.26)	
	8:53.43 (41.45)	9:34.83 (41.40)	10:16.30 (41.47)	10:57.55 (41.25)	
	11:38.95 (41.40)	12:19.87 (40.92)	13:00.71 (40.84)	13:41.26 (40.55)	
	14:21.32 (40.06)	15:01.34 (40.02)	15:42.31 (40.97)	16:23.21 (40.90)	
	17:04.06 (40.85)	17:44.82 (40.76)	18:26.32 (41.50)	19:07.69 (41.37)	
	19:49.49 (41.80)	20:29.35 (39.86)			
2	Duong, William	35	Lone Star Masters-26	24:07.71	7
	r:+0.86 42.22	1:28.95 (46.73)	2:16.34 (47.39)	3:05.01 (48.67)	
	3:53.56 (48.55)	4:43.18 (49.62)	5:17.11 (33.93)		
	7:10.36 ()	7:59.72 (49.36)	8:48.27 (48.55)	9:38.35 (50.08)	
	10:26.96 (48.61)	11:16.01 (49.05)	12:04.62 (48.61)	12:54.16 (49.54)	
	13:42.94 (48.78)	14:33.27 (50.33)	15:21.84 (48.57)	16:10.97 (49.13)	
	17:00.23 (49.26)	17:48.59 (48.36)	18:37.28 (48.69)	19:27.14 (49.86)	
	20:16.50 (49.36)	21:05.23 (48.73)	21:54.03 (48.80)	22:41.05 (47.02)	
	23:24.56 (43.51)	24:07.71 (43.15)			

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Results

Event 1 Men 40-44 1500 LC Meter Freestyle

NATL: 16:36.91 N 7/23/2010 ALEX KOSTICH

1	Ebel, Dirk	44	Uc26	27:02.80	9
	r:+0.78 38.80	1:23.64 (44.84)	2:13.33 (49.69)	3:05.86 (52.53)	
	3:59.63 (53.77)	4:53.91 (54.28)	5:49.33 (55.42)	6:44.70 (55.37)	
		8:35.93 ()	9:31.99 (56.06)	10:26.93 (54.94)	
	11:22.15 (55.22)	12:17.32 (55.17)		14:07.50 ()	
		15:58.07 ()	16:54.24 (56.17)	17:49.71 (55.47)	
	18:45.49 (55.78)	19:40.61 (55.12)	20:35.74 (55.13)	21:30.99 (55.25)	
	22:26.19 (55.20)	23:21.80 (55.61)	24:17.28 (55.48)	25:13.03 (55.75)	
	26:10.64 (57.61)	27:02.80 (52.16)			

Event 1 Men 45-49 1500 LC Meter Freestyle

NATL: 16:38.81 N 8/10/2009 JEFF ERWIN

1	Reed, Benjamin	49	O2 Performance Aquatics-26	20:47.68	9
	r:+0.84 37.09	1:15.68 (38.59)	1:55.25 (39.57)	2:36.94 (41.69)	
	3:17.81 (40.87)	3:59.42 (41.61)	4:31.55 (32.13)	5:22.10 (50.55)	
	6:03.13 (41.03)	6:44.66 (41.53)	7:25.93 (41.27)	8:07.97 (42.04)	
	8:49.94 (41.97)	9:31.66 (41.72)	10:13.57 (41.91)	10:56.80 (43.23)	
	11:37.92 (41.12)	12:19.55 (41.63)	13:00.92 (41.37)	13:43.87 (42.95)	
	14:25.72 (41.85)	15:08.55 (42.83)	15:50.38 (41.83)	16:33.11 (42.73)	
	17:15.19 (42.08)	17:58.88 (43.69)	18:41.18 (42.30)	19:24.80 (43.62)	
	20:07.10 (42.30)	20:47.68 (40.58)			
2	Jackson, Scott	49	Texas Ford Aquatics Masters-26	21:41.40	7
	r:+0.83 37.66	1:19.69 (42.03)	2:03.16 (43.47)	2:46.73 (43.57)	
	3:30.19 (43.46)	4:13.58 (43.39)	4:57.49 (43.91)	5:40.75 (43.26)	
	6:24.92 (44.17)	7:08.22 (43.30)	7:52.46 (44.24)	8:35.83 (43.37)	
	9:19.73 (43.90)	10:02.77 (43.04)	10:46.23 (43.46)	11:29.47 (43.24)	
	12:13.24 (43.77)	12:56.81 (43.57)	13:40.55 (43.74)	14:24.67 (44.12)	
	15:09.61 (44.94)	15:53.12 (43.51)	16:38.36 (45.24)	17:22.45 (44.09)	
	18:07.33 (44.88)	18:51.18 (43.85)	19:34.93 (43.75)	20:17.93 (43.00)	
	21:02.05 (44.12)	21:41.40 (39.35)			

Event 1 Men 55-59 1500 LC Meter Freestyle

NATL: 17:22.61 N 8/10/2009 MICHAEL MANN

1	Wells, Barton	57	Uc38	18:25.09	9
	r:+0.85 33.58	1:09.58 (36.00)	1:45.61 (36.03)	2:21.90 (36.29)	
	2:57.69 (35.79)	3:33.91 (36.22)	4:10.31 (36.40)	4:46.74 (36.43)	
	5:23.22 (36.48)	5:59.99 (36.77)	6:36.61 (36.62)	7:13.36 (36.75)	
	7:50.25 (36.89)	8:27.35 (37.10)	9:03.93 (36.58)	9:40.64 (36.71)	
	10:17.47 (36.83)	10:54.90 (37.43)	11:31.82 (36.92)	12:08.81 (36.99)	
	12:46.09 (37.28)	13:23.81 (37.72)	14:01.69 (37.88)	14:39.88 (38.19)	
	15:17.50 (37.62)	15:55.87 (38.37)	16:33.28 (37.41)	17:11.60 (38.32)	
	17:49.24 (37.64)	18:25.09 (35.85)			
2	Von Readen, Brad	59	Lone Star Masters-26	21:20.91	7
	r:+0.98 37.85	1:19.31 (41.46)	2:02.37 (43.06)	2:44.67 (42.30)	
	3:26.93 (42.26)	4:09.70 (42.77)	4:53.33 (43.63)	5:36.67 (43.34)	
	6:20.04 (43.37)	7:03.14 (43.10)	7:47.05 (43.91)	8:30.60 (43.55)	
	9:13.60 (43.00)	9:56.55 (42.95)	10:39.51 (42.96)	11:22.37 (42.86)	
	12:05.25 (42.88)	12:48.35 (43.10)	13:31.64 (43.29)	14:14.53 (42.89)	
	14:57.25 (42.72)	15:39.87 (42.62)	16:22.40 (42.53)	17:05.17 (42.77)	
	17:48.07 (42.90)	18:30.88 (42.81)	19:13.99 (43.11)	19:56.99 (43.00)	
	20:39.69 (42.70)	21:20.91 (41.22)			

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Results

Event 1 Men 60-64 1500 LC Meter Freestyle

NATL: 17:55.91 N 8/3/2022 ARNALDO PEREZ

1	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	20:33.54	9
	r:+0.82 35.37	1:14.12 (38.75)	1:53.24 (39.12)	2:32.73 (39.49)	
	3:12.32 (39.59)	3:52.02 (39.70)	4:31.62 (39.60)	5:11.53 (39.91)	
	5:51.42 (39.89)	6:31.25 (39.83)	7:10.96 (39.71)	7:51.42 (40.46)	
	8:31.54 (40.12)	9:11.51 (39.97)	9:52.73 (41.22)	10:33.65 (40.92)	
	11:15.46 (41.81)	12:10.39 (54.93)	12:51.58 (41.19)	13:45.80 (54.22)	
	14:27.72 (41.92)	15:07.64 (39.92)	15:49.58 (41.94)	16:30.19 (40.61)	
	17:11.11 (40.92)	17:51.78 (40.67)	18:32.82 (41.04)	19:13.42 (40.60)	
	19:54.16 (40.74)	20:33.54 (39.38)			
2	Sondermann, Axel	61	Lone Star Masters-26	21:52.13	7
	r:+1.00 39.31	1:21.66 (42.35)	2:05.85 (44.19)	2:48.69 (42.84)	
	3:33.07 (44.38)	4:16.86 (43.79)	5:01.40 (44.54)	5:44.98 (43.58)	
	6:29.41 (44.43)	7:12.74 (43.33)	7:57.28 (44.54)	8:41.12 (43.84)	
	9:25.98 (44.86)	10:09.39 (43.41)	10:53.75 (44.36)	11:37.81 (44.06)	
	12:22.51 (44.70)	13:06.34 (43.83)	13:50.71 (44.37)	14:34.38 (43.67)	
	15:18.36 (43.98)	16:00.12 (41.76)	16:45.15 (45.03)	17:28.72 (43.57)	
	18:12.94 (44.22)	18:56.79 (43.85)	19:41.18 (44.39)	20:25.01 (43.83)	
	21:09.06 (44.05)	21:52.13 (43.07)			

Event 1 Men 65-69 1500 LC Meter Freestyle

NATL: 19:28.61 N 6/17/2023 JAMES RITTER

1	Archer, Branch	65	Longhorn Aquatics-43	20:09.59	9
	r:+0.94 36.14	1:14.59 (38.45)	1:54.57 (39.98)	2:34.40 (39.83)	
	3:14.78 (40.38)	3:54.80 (40.02)	4:35.05 (40.25)	5:14.89 (39.84)	
	5:55.58 (40.69)	6:35.84 (40.26)	7:16.46 (40.62)	7:56.38 (39.92)	
	8:37.07 (40.69)	9:17.35 (40.28)	9:58.21 (40.86)	10:39.03 (40.82)	
	11:19.77 (40.74)	12:00.66 (40.89)	12:41.73 (41.07)	13:22.82 (41.09)	
	14:03.64 (40.82)	14:44.56 (40.92)	15:25.42 (40.86)	16:06.56 (41.14)	
	16:47.19 (40.63)	17:27.91 (40.72)	18:08.42 (40.51)	18:49.30 (40.88)	
	19:30.01 (40.71)	20:09.59 (39.58)			
2	Redfern, Daniel	66	Texas Ford Aquatics Masters-26	22:07.44	7
	r:+1.03 39.16	1:20.89 (41.73)	2:03.75 (42.86)	2:47.44 (43.69)	
	3:31.18 (43.74)	4:15.60 (44.42)	5:00.43 (44.83)	5:44.38 (43.95)	
	6:29.27 (44.89)	7:14.00 (44.73)	7:58.85 (44.85)	8:43.68 (44.83)	
	9:28.52 (44.84)	10:13.36 (44.84)	10:58.84 (45.48)	11:43.74 (44.90)	
	12:29.20 (45.46)	13:13.68 (44.48)	13:59.00 (45.32)	14:43.21 (44.21)	
	15:28.64 (45.43)	16:13.41 (44.77)	16:58.17 (44.76)	17:42.67 (44.50)	
	18:27.86 (45.19)	19:12.40 (44.54)	19:57.33 (44.93)	20:41.28 (43.95)	
	21:25.94 (44.66)	22:07.44 (41.50)			
3	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	24:06.41	6
	r:+0.94 43.91	1:31.32 (47.41)	2:19.68 (48.36)	3:08.18 (48.50)	
	3:57.51 (49.33)	4:46.23 (48.72)	5:35.00 (48.77)	6:23.72 (48.72)	
	7:12.89 (49.17)	8:01.78 (48.89)	8:36.21 (34.43)	9:37.43 (1:01.22)	
	10:25.18 (47.75)	11:13.65 (48.47)	12:01.77 (48.12)	12:49.66 (47.89)	
	13:37.86 (48.20)	14:26.15 (48.29)	15:14.25 (48.10)	16:03.03 (48.78)	
	16:51.41 (48.38)	17:39.48 (48.07)	18:28.05 (48.57)	19:16.49 (48.44)	
	20:04.89 (48.40)	20:53.27 (48.38)	21:41.81 (48.54)	22:30.56 (48.75)	
	22:59.05 (28.49)	24:06.41 (1:07.36)			

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Results

(Event 1 Men 65-69 1500 LC Meter Freestyle)

4	Bludworth, Rocky	65	Lone Star Masters-26	28:28.19	5
	r:+1.09 47.41	1:41.00 (53.59)	2:38.35 (57.35)	3:35.48 (57.13)	
	4:33.25 (57.77)	5:29.45 (56.20)	6:27.28 (57.83)	7:24.32 (57.04)	
	8:23.09 (58.77)	9:20.23 (57.14)	10:17.90 (57.67)	11:14.98 (57.08)	
	12:13.52 (58.54)	13:10.29 (56.77)	14:08.21 (57.92)	15:03.88 (55.67)	
	16:03.13 (59.25)	17:00.48 (57.35)	17:59.78 (59.30)	18:57.07 (57.29)	
	19:55.06 (57.99)	20:52.06 (57.00)	21:50.53 (58.47)	22:47.00 (56.47)	
	23:45.63 (58.63)	24:42.06 (56.43)	25:40.40 (58.34)	26:37.32 (56.92)	
	27:34.11 (56.79)	28:28.19 (54.08)			

Event 1 Men 70-74 1500 LC Meter Freestyle

NATL: 20:26.12 N 7/20/2018 DAN KIRKLAND

1	Christian, Tom	71	Lone Star Masters-26	27:35.03	9
	r:+1.10 50.28	1:45.19 (54.91)	2:40.68 (55.49)	3:36.63 (55.95)	
	4:32.56 (55.93)	5:28.40 (55.84)	6:23.96 (55.56)	7:19.67 (55.71)	
	8:14.18 (54.51)	9:08.96 (54.78)	10:03.41 (54.45)	10:58.34 (54.93)	
	11:53.04 (54.70)	12:48.30 (55.26)	13:43.10 (54.80)	14:37.59 (54.49)	
	15:31.75 (54.16)	16:26.21 (54.46)	17:20.33 (54.12)	18:15.02 (54.69)	
	19:09.89 (54.87)	20:05.45 (55.56)	21:01.34 (55.89)	21:57.18 (55.84)	
	22:54.51 (57.33)	23:49.81 (55.30)	24:46.92 (57.11)	25:43.41 (56.49)	
	26:39.13 (55.72)	27:35.03 (55.90)			

Event 1 Men 75-79 1500 LC Meter Freestyle

NATL: 21:02.80 N 8/11/2023 DAN KIRKLAND

1	Fox, Michael	75	Uc45	24:39.55	9
	r:+1.15 44.56	1:32.38 (47.82)	2:23.20 (50.82)	3:12.62 (49.42)	
	4:02.99 (50.37)	4:52.59 (49.60)	5:42.72 (50.13)	6:31.82 (49.10)	
	7:22.64 (50.82)	8:11.99 (49.35)	9:02.11 (50.12)	9:51.65 (49.54)	
	10:41.72 (50.07)	11:32.04 (50.32)	12:21.86 (49.82)	13:11.15 (49.29)	
	14:01.92 (50.77)	14:51.72 (49.80)	15:42.34 (50.62)	16:31.99 (49.65)	
	17:22.04 (50.05)	18:12.21 (50.17)	19:02.32 (50.11)	19:50.07 (47.75)	
	20:38.78 (48.71)	21:27.87 (49.09)	22:17.82 (49.95)	23:07.17 (49.35)	
	23:55.67 (48.50)	24:39.55 (43.88)			

Event 2 Women 18-24 400 LC Meter IM

NATL: 5:04.81 N 8/7/2022 ALICIA CARDIE

1	Lugbill, Ashley	22	Lone Star Masters-26	5:33.11	9
	r:+0.78 33.59	1:13.27 (39.68)	1:57.65 (44.38)	2:40.99 (43.34)	
	3:25.85 (44.86)	4:13.10 (47.25)	4:54.03 (40.93)	5:33.11 (39.08)	

Event 2 Women 25-29 400 LC Meter IM

NATL: 5:06.34 N 7/30/1989 SARA SHAND

1	LunaHowell, Mason	25	Masters of South Texas-43	6:39.06	9
	r:+0.81 37.31	1:25.94 (48.63)	2:19.03 (53.09)	3:12.55 (53.52)	
	4:11.04 (58.49)	5:07.28 (56.24)	5:54.04 (46.76)	6:39.06 (45.02)	

Event 2 Women 30-34 400 LC Meter IM

NATL: 4:47.06 N 6/29/2008 ERIKA ERNDL

1	Randolph, Courtney	33	Terrapin Masters-10	5:25.77	9
	r:+0.88 34.37	1:12.83 (38.46)	1:54.95 (42.12)	2:36.90 (41.95)	
	3:24.45 (47.55)	4:11.16 (46.71)	4:49.48 (38.32)	5:25.77 (36.29)	

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Results

Event 2 Women 40-44 400 LC Meter IM

NATL: 5:09.83 N 8/1/2004 K PIPES-NEILSEN

1	Frees, Heather	41	Lone Star Masters-26	5:47.13	9
	r:+0.74 34.82	1:16.10 (41.28)	2:03.18 (47.08)	2:49.30 (46.12)	
	3:40.79 (51.49)	4:32.76 (51.97)	5:10.61 (37.85)	5:47.13 (36.52)	
2	Poteet, Christina	40	O2 Performance Aquatics-26	6:02.66	7
	r:+0.84 35.92	1:16.98 (41.06)	2:06.15 (49.17)	2:54.41 (48.26)	
	3:47.80 (53.39)	4:40.81 (53.01)	5:22.01 (41.20)	6:02.66 (40.65)	

Event 2 Women 60-64 400 LC Meter IM

NATL: 5:30.07 N 3/3/2024 ELLEN REYNOLDS

1	Klimko, Sue	64	Lone Star Masters-26	9:20.36	9
	r:+0.99 58.52	2:06.42 (1:07.90)	3:25.25 (1:18.83)	4:49.76 (1:24.51)	
	6:08.23 (1:18.47)	7:24.90 (1:16.67)	8:22.34 (57.44)	9:20.36 (58.02)	

Event 2 Women 65-69 400 LC Meter IM

NATL: 6:14.58 N 7/19/2019 PENNY NOYES

1	Russell, Melissa	66	Lone Star Masters-26	8:09.09	9
	r:+0.96 57.21	2:05.65 (1:08.44)	3:06.72 (1:01.07)	4:05.23 (58.51)	
	5:15.31 (1:10.08)	6:27.60 (1:12.29)	7:18.68 (51.08)	8:09.09 (50.41)	

Event 2 Women 80-84 400 LC Meter IM

NATL: 9:12.87 N 7/1/2023 JOY WARD

1	Hlavacek, Ida	82	Lone Star Masters-26	12:27.64	9
	1:26.79	3:14.87 (1:48.08)	4:37.54 (1:22.67)	6:02.11 (1:24.57)	
	7:57.05 (1:54.94)	9:58.20 (2:01.15)	11:11.06 (1:12.86)	12:27.64 (1:16.58)	

Event 2 Men 18-24 400 LC Meter IM

NATL: 4:44.53 N 8/21/2010 PETER GALAN

1	Huuki, Erik	23	Lone Star Masters-26	4:47.13	9
	r:+0.75 29.20	1:04.08 (34.88)	1:40.36 (36.28)	2:16.24 (35.88)	
	2:57.70 (41.46)	3:39.87 (42.17)	4:14.09 (34.22)	4:47.13 (33.04)	
2	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	5:25.85	7
	r:+0.72 30.19	1:08.15 (37.96)	1:49.19 (41.04)	2:29.95 (40.76)	
	3:21.63 (51.68)	4:12.60 (50.97)	4:49.74 (37.14)	5:25.85 (36.11)	

Event 2 Men 25-29 400 LC Meter IM

NATL: 4:20.83 N 6/27/2013 ALEX WOLD

1	Thompson, Noah	27	Lone Star Masters-26	5:28.99	9
	r:+0.81 31.04	1:08.06 (37.02)	1:54.16 (46.10)	2:38.45 (44.29)	
	3:23.77 (45.32)	4:09.85 (46.08)	4:50.06 (40.21)	5:28.99 (38.93)	

Event 2 Men 30-34 400 LC Meter IM

NATL: 4:20.81 N 7/23/2016 DARIAN TOWNSEND

1	Smiddy, Samuel	30	Lone Star Masters-26	4:51.92	9
	r:+0.72 29.36	1:04.53 (35.17)	1:43.01 (38.48)	2:21.49 (38.48)	
	3:03.01 (41.52)	3:44.96 (41.95)	4:18.86 (33.90)	4:51.92 (33.06)	
2	Sussmeier, Robert	34	O2 Performance Aquatics-26	5:08.95	7
	r:+0.87 30.09	1:06.33 (36.24)	1:46.51 (40.18)	2:25.87 (39.36)	
	3:12.25 (46.38)	3:59.75 (47.50)	4:34.18 (34.43)	5:08.95 (34.77)	

Event 2 Men 35-39 400 LC Meter IM

NATL: 4:34.10 N 7/29/2001 RON KARNAUGH

1	Reynolds, Justin	39	Longhorn Aquatics-43	7:05.25	9
	r:+0.79 44.73	1:42.08 (57.35)	2:36.18 (54.10)	3:29.53 (53.35)	
	4:29.30 (59.77)	5:30.65 (1:01.35)	6:18.98 (48.33)	7:05.25 (46.27)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 2 Men 40-44 400 LC Meter IM****NATL: 4:47.82 N 7/29/2018 ERIC CHRISTENSEN**

1	Griffin, Brendan	41	Club Tribe-12	5:48.14	9
	r:+0.83 32.72	1:14.11 (41.39)	1:58.86 (44.75)	2:43.41 (44.55)	
	3:32.11 (48.70)	4:23.31 (51.20)	5:05.99 (42.68)	5:48.14 (42.15)	

Event 2 Men 45-49 400 LC Meter IM**NATL: 4:46.41 N 8/5/2016 NICOLAS GRANGER**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	5:58.81	9
	r:+0.80 35.57	1:17.24 (41.67)	2:06.50 (49.26)	2:52.96 (46.46)	
	3:45.88 (52.92)	4:38.65 (52.77)	5:21.26 (42.61)	5:58.81 (37.55)	

Event 2 Men 50-54 400 LC Meter IM**NATL: 4:45.61 N 8/3/2017 NICOLAS GRANGER**

1	Seabert, William	50	Fort Worth Area Swim Team-26	5:39.41	9
	r:+0.84 31.63	1:10.76 (39.13)	1:55.27 (44.51)	2:40.31 (45.04)	
	3:29.52 (49.21)	4:19.23 (49.71)	4:59.65 (40.42)	5:39.41 (39.76)	
2	Dunn, Russell	50	Lone Star Masters-26	7:44.60	7
	r:+0.95 42.57	1:35.72 (53.15)	2:43.88 (1:08.16)	3:49.88 (1:06.00)	
	4:51.86 (1:01.98)	5:54.40 (1:02.54)	6:49.92 (55.52)	7:44.60 (54.68)	

Event 2 Men 55-59 400 LC Meter IM**NATL: 5:04.07 N 7/26/2009 MICHAEL MANN**

1	Hiltabiddle, Steve	58	Colonials 1776-8	6:34.93	9
	r:+0.79 28.66	1:03.72 (35.06)	2:10.91 (1:07.19)	3:10.29 (59.38)	
	4:08.25 (57.96)	5:07.59 (59.34)	5:51.77 (44.18)	6:34.93 (43.16)	
2	Harman, Brad	56	Lone Star Masters-26	6:47.08	7
	r:+0.84 40.93	1:28.59 (47.66)	2:23.94 (55.35)	3:18.82 (54.88)	
	4:19.39 (1:00.57)	5:18.99 (59.60)	6:04.63 (45.64)	6:47.08 (42.45)	

Event 2 Men 60-64 400 LC Meter IM**NATL: 5:08.20 N 8/15/2014 RICK COLELLA**

1	Czerwinski, Robert	61	Lone Star Masters-26	6:15.17	9
	r:+1.02 35.69	1:18.93 (43.24)	2:08.09 (49.16)	2:57.48 (49.39)	
	3:51.77 (54.29)	4:45.18 (53.41)	5:31.05 (45.87)	6:15.17 (44.12)	
2	Doyle, Michael	60	Lone Star Masters-26	7:00.29	7
	r:+1.00 32.63	1:09.83 (37.20)	2:25.03 (1:15.20)	3:23.82 (58.79)	
	4:26.97 (1:03.15)	5:30.94 (1:03.97)	6:16.77 (45.83)	7:00.29 (43.52)	

Event 2 Men 65-69 400 LC Meter IM**NATL: 5:13.36 N 8/3/2017 RICK COLELLA**

1	Sanchez, Greg	67	North Carolina Masters Swimmin-13	5:46.32	9
	r:+0.75 34.77	1:12.81 (38.04)	1:57.65 (44.84)	2:41.74 (44.09)	
	3:34.91 (53.17)	4:28.14 (53.23)	5:08.00 (39.86)	5:46.32 (38.32)	
2	Woolley, Ken	66	Lone Star Masters-26	7:38.57	7
	r:+0.96 49.78	1:48.40 (58.62)	2:51.11 (1:02.71)	3:52.18 (1:01.07)	
	4:56.18 (1:04.00)	5:56.95 (1:00.77)	6:49.86 (52.91)	7:38.57 (48.71)	

Event 2 Men 75-79 400 LC Meter IM**NATL: 6:34.91 N 8/5/2016 MIKE FRESHLEY**

1	Rollins, Bruce	75	Uc25	8:02.89	9
	r:+1.03 51.42	1:49.00 (57.58)	2:58.52 (1:09.52)	4:06.02 (1:07.50)	
	5:14.05 (1:08.03)	6:22.62 (1:08.57)	7:12.44 (49.82)	8:02.89 (50.45)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 3 Women 100-119 400 LC Meter Medley Relay**

1	Lone Star Masters-26	A		4:54.72	18
	1) Wilson, Jacquelyn W38	2) r:0.22 Lugbill, Ashley W22	3) r:0.26 Trahan, Erin W27	4) r:0.54 Alpha, Megan W26	
	r:+0.65 37.48	1:17.49 (1:17.49)	1:54.16 (36.67)	2:37.71 (1:20.22)	
	3:08.54 (30.83)	3:44.44 (1:06.73)	4:18.13 (33.69)	4:54.72 (1:10.28)	

Event 4 Men 100-119 400 LC Meter Medley Relay

1	Lone Star Masters-26	A		4:15.78	18
	1) Huuki, Erik M23	2) r:0.27 Thompson, Noah M27	3) r:0.50 Smiddy, Samuel M30	4) r:0.42 Rodriguez Moran, Carlos	
	r:+0.72 29.21	1:01.06 (1:01.06)	1:36.35 (35.29)	2:16.39 (1:15.33)	
	2:45.05 (28.66)	3:18.45 (1:02.06)	3:45.30 (26.85)	4:15.78 (57.33)	

Event 4 Men 200-239 400 LC Meter Medley Relay

1	Lone Star Masters-26	A		5:20.45	18
	1) Hiemke, Scott M52	2) r:0.77 Harman, Brad M56	3) r:0.36 Doyle, Michael M60	4) r:0.33 Czerwinski, Robert M61	
	r:+0.70 39.12	1:21.32 (1:21.32)	2:06.31 (44.99)	2:58.18 (1:36.86)	
	3:30.54 (32.36)	4:08.43 (1:10.25)	4:42.45 (34.02)	5:20.45 (1:12.02)	

Event 4 Men 280-319 400 LC Meter Medley Relay

1	Lone Star Masters-26	A		4:55.44	18
	1) Barton, Tom M68	2) r:0.26 Wolf, Tom M70	3) r:0.48 Kelsoe, Robert M71	4) r:0.44 Williams, Bruce M71	
	r:+0.79 35.95	1:13.96 (1:13.96)	1:51.32 (37.36)	2:33.95 (1:19.99)	
	3:07.58 (33.63)	3:52.58 (1:18.63)	4:22.49 (29.91)	4:55.44 (1:02.86)	

Event 5 Mixed 200-239 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A		11:58.00	18
	1) Ganus, Dale M51	2) r:0.56 Moore, Alison W54	3) r:-0.02 Upton, Alexandra W48	4) r:0.72 Dunn, Russell M50	
	r:+0.96 40.97	1:25.68 (1:25.68)	2:10.50 (2:10.50)	2:53.99 (2:53.99)	
	3:33.96 (39.97)	4:18.67 (1:24.68)	5:03.45 (2:09.46)	5:47.14 (2:53.15)	
	6:31.46 (44.32)	7:21.32 (1:34.18)	8:09.25 (2:22.11)	8:57.55 (3:10.41)	
	10:26.53 (1:28.98)	11:15.01 (2:17.46)	11:58.00 (3:00.45)		

Event 5 Mixed 240-279 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A		13:26.74	18
	1) Bludworth, Rocky M65	2) r:0.79 Hinkamp, Kristianne W65	3) r:0.84 Russell, Melissa W66	4) Christian, Tom M71	
	r:+1.08 42.74	1:32.24 (1:32.24)	2:25.71 (2:25.71)	3:18.25 (3:18.25)	
	4:04.11 (45.86)	4:54.30 (1:36.05)	5:46.37 (2:28.12)	6:36.61 (3:18.36)	
	7:23.61 (47.00)	8:15.66 (1:39.05)	9:09.01 (2:32.40)		
	10:47.62 ()	11:39.40 ()	12:33.43 ()	13:26.74 ()	

Event 6 Women 25-29 400 LC Meter Freestyle

NATL: 4:13.03 N 12/2/1995 SHEILA TAORMINA

1	Wang, Sheena	28	Longhorn Aquatics-43	5:32.01	9
	r:+0.77 37.95	1:19.40 (41.45)	2:00.90 (41.50)	2:43.03 (42.13)	
	3:24.31 (41.28)	4:06.76 (42.45)	4:48.78 (42.02)	5:32.01 (43.23)	
2	Miller, Alyse	29	Cowtown Swimming-26	6:02.19	7
	r:+0.83 39.56	1:23.38 (43.82)	2:09.70 (46.32)	2:56.09 (46.39)	
	3:43.43 (47.34)	4:29.81 (46.38)	5:16.76 (46.95)	6:02.19 (45.43)	

Event 6 Women 30-34 400 LC Meter Freestyle

NATL: 4:17.52 N 8/3/2010 DAWN HECKMAN

1	Pickett, Sarah	31	Lone Star Masters-26	5:42.69	9
	r:+0.92 38.37	1:20.98 (42.61)	2:04.81 (43.83)	2:48.75 (43.94)	
	3:33.31 (44.56)	4:17.64 (44.33)	5:01.38 (43.74)	5:42.69 (41.31)	
2	Miller, Rebecca	30	Minnesota Masters Swim Club-30	5:58.20	7
	r:+0.76 40.88	1:25.80 (44.92)	2:11.60 (45.80)	2:57.64 (46.04)	
	3:43.45 (45.81)	4:29.08 (45.63)	5:14.89 (45.81)	5:58.20 (43.31)	

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Results

(Event 6 Women 30-34 400 LC Meter Freestyle)

3	Ahonen, Jenna	32	Lone Star Masters-26	6:12.55	6
	r:+0.90 39.77	1:25.52 (45.75)	2:13.22 (47.70)	3:02.28 (49.06)	
	3:49.91 (47.63)	4:38.18 (48.27)	5:26.18 (48.00)	6:12.55 (46.37)	

Event 6 Women 40-44 400 LC Meter Freestyle

NATL: 4:22.87 N 8/13/2011 JANET EVANS

1	Frees, Heather	41	Lone Star Masters-26	5:03.74	9
	r:+0.81 33.26	1:10.91 (37.65)	1:49.14 (38.23)	2:28.51 (39.37)	
	3:07.43 (38.92)	3:46.78 (39.35)	4:26.05 (39.27)	5:03.74 (37.69)	
2	Poteet, Christina	40	O2 Performance Aquatics-26	5:21.00	7
	r:+0.86 36.86	1:17.36 (40.50)	1:59.09 (41.73)	2:40.85 (41.76)	
	3:22.15 (41.30)	4:03.87 (41.72)	4:43.97 (40.10)	5:21.00 (37.03)	

Event 6 Women 45-49 400 LC Meter Freestyle

NATL: 4:30.64 N 4/14/2023 HEIDI GEORGE

1	George, Heidi	48	Uc38	4:38.18	9
	r:+0.88 32.23	1:06.30 (34.07)	1:41.27 (34.97)	2:16.69 (35.42)	
	2:52.31 (35.62)	3:28.05 (35.74)	4:03.53 (35.48)	4:38.18 (34.65)	
2	Heughan, Lee	47	Lone Star Masters-26	5:19.77	7
	r:+1.05 35.17	1:14.07 (38.90)	1:54.15 (40.08)	2:35.00 (40.85)	
	3:15.86 (40.86)	3:57.54 (41.68)	4:39.20 (41.66)	5:19.77 (40.57)	
3	Upton, Alexandra	48	Lone Star Masters-26	6:15.66	6
	r:+1.01 43.07	1:30.13 (47.06)	2:17.00 (46.87)	3:05.74 (48.74)	
	3:53.18 (47.44)	4:42.03 (48.85)	5:29.72 (47.69)	6:15.66 (45.94)	
4	Brodeur, Diana	49	Lone Star Masters-26	6:31.56	5
	r:+1.16 43.47	1:32.21 (48.74)	2:22.28 (50.07)	3:12.84 (50.56)	
	4:02.90 (50.06)	4:53.86 (50.96)	5:43.55 (49.69)	6:31.56 (48.01)	
5	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	11:15.08	4
	r:+0.90 56.94	2:13.67 (1:16.73)	4:59.35 (2:45.68)	6:16.00 (1:16.65)	
	7:32.91 (1:16.91)	8:48.33 (1:15.42)	10:03.84 (1:15.51)	11:15.08 (1:11.24)	

Event 6 Women 50-54 400 LC Meter Freestyle

NATL: 4:40.66 N 8/11/2013 JILL HERNANDEZ

1	Mackinnon, Amy	53	O2 Performance Aquatics-26	7:45.47	9
	r:+0.90 46.98	1:38.49 (51.51)	2:36.03 (57.54)	3:37.38 (1:01.35)	
	4:39.74 (1:02.36)	5:43.04 (1:03.30)	6:44.94 (1:01.90)	7:45.47 (1:00.53)	

Event 6 Women 55-59 400 LC Meter Freestyle

NATL: 4:46.49 N 8/10/2019 ELLEN REYNOLDS

1	Chubb, Courtney	55	Swim Melbourne Masters-14	5:20.80	9
	r:+0.85 36.11	1:16.21 (40.10)	1:58.06 (41.85)	2:39.39 (41.33)	
	3:20.38 (40.99)	4:01.30 (40.92)	4:42.08 (40.78)	5:20.80 (38.72)	
2	Gray, Christina	58	Lone Star Masters-26	6:29.70	7
	r:+1.20 43.65	1:31.78 (48.13)	2:21.33 (49.55)	3:11.50 (50.17)	
	4:00.87 (49.37)	4:51.70 (50.83)	5:41.85 (50.15)	6:29.70 (47.85)	
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	8:17.40	6
	r:+1.09 55.83	1:59.18 (1:03.35)	3:03.01 (1:03.83)	4:06.87 (1:03.86)	
	5:11.43 (1:04.56)	6:14.58 (1:03.15)	7:17.41 (1:02.83)	8:17.40 (59.99)	

Event 6 Women 60-64 400 LC Meter Freestyle

NATL: 4:59.82 N 8/12/2012 LAURA VAL

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	5:21.87	9
	r:+0.82 36.82	1:16.63 (39.81)	1:57.63 (41.00)	2:38.79 (41.16)	
	3:20.00 (41.21)	4:01.41 (41.41)	4:42.37 (40.96)	5:21.87 (39.50)	

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Results

(Event 6 Women 60-64 400 LC Meter Freestyle)

2	Smart, Denise	62	Tulsa Masters Swim Club-27	6:15.37	7
	r:+0.75 41.79	1:29.76 (47.97)	2:17.24 (47.48)	3:05.30 (48.06)	
	3:52.34 (47.04)	4:40.70 (48.36)	5:28.57 (47.87)	6:15.37 (46.80)	
3	Klimko, Sue	64	Lone Star Masters-26	7:01.09	6
	r:+0.99 46.60	1:37.89 (51.29)	2:31.16 (53.27)	3:26.58 (55.42)	
	4:21.06 (54.48)	5:15.35 (54.29)	6:09.29 (53.94)	7:01.09 (51.80)	

Event 6 Women 65-69 400 LC Meter Freestyle

NATL: 5:12.80 N 8/10/2019 LAURA VAL

1	Ingraham, Susan	65	Masters of South Texas-43	5:45.54	9
	r:+0.86 38.00	1:20.85 (42.85)	2:05.12 (44.27)	2:49.88 (44.76)	
	3:34.07 (44.19)	4:18.09 (44.02)	5:02.40 (44.31)	5:45.54 (43.14)	
2	Hines, Mary Anne	67	Woodlands Masters Swim Team-25	6:07.97	7
	r:+1.00 41.78	1:27.66 (45.88)	2:14.17 (46.51)	3:01.05 (46.88)	
	3:48.30 (47.25)	4:35.72 (47.42)	5:23.12 (47.40)	6:07.97 (44.85)	
3	Hinkamp, Kristianne	65	Lone Star Masters-26	6:43.17	6
	r:+0.97 45.38	1:35.42 (50.04)	2:27.76 (52.34)	3:20.02 (52.26)	
	4:12.18 (52.16)	5:03.72 (51.54)	5:55.00 (51.28)	6:43.17 (48.17)	
4	Russell, Melissa	66	Lone Star Masters-26	6:43.73	5
	r:+0.94 46.52	1:37.01 (50.49)	2:28.36 (51.35)	3:20.21 (51.85)	
	4:11.55 (51.34)	5:03.08 (51.53)	5:54.49 (51.41)	6:43.73 (49.24)	
5	Lampe, Betty	69	Colonials 1776-8	6:54.75	4
	r:+1.03 46.19	1:38.65 (52.46)	2:31.22 (52.57)	3:24.82 (53.60)	
	4:17.58 (52.76)	5:10.70 (53.12)	6:03.97 (53.27)	6:54.75 (50.78)	
6	Pederson, Deborah	67	Masters of South Texas-43	7:41.36	3
	r:+1.06 40.82	1:49.37 (1:08.55)	2:50.68 (1:01.31)	3:51.43 (1:00.75)	
	4:51.23 (59.80)	5:50.80 (59.57)	6:47.89 (57.09)	7:41.36 (53.47)	

Event 6 Women 70-74 400 LC Meter Freestyle

NATL: 5:21.19 N 8/13/2022 LAURA VAL

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	7:28.22	9
	r:+2.27 31.46	1:49.66 (1:18.20)	2:55.31 (1:05.65)	3:58.88 (1:03.57)	
	4:49.21 (50.33)	5:48.29 (59.08)	6:36.04 (47.75)	7:28.22 (52.18)	

Event 6 Women 80-84 400 LC Meter Freestyle

NATL: 7:24.53 N 6/10/2007 JEAN TROY

1	Sauer, DeEtte	83	Masters of South Texas-43	8:26.21	9
	57.35	2:02.23 (1:04.88)	3:07.56 (1:05.33)	4:12.97 (1:05.41)	
	5:18.09 (1:05.12)	6:22.77 (1:04.68)	7:26.22 (1:03.45)	8:26.21 (59.99)	

Event 6 Men 18-24 400 LC Meter Freestyle

NATL: 4:04.68 N 8/13/2007 HYUN SEUNG LEE

1	Henderson, Myles	23	Terrapin Masters-10	4:33.38	9
	r:+0.70 30.87	1:03.82 (32.95)	1:38.54 (34.72)	2:13.64 (35.10)	
	2:49.42 (35.78)	3:24.55 (35.13)	3:59.87 (35.32)	4:33.38 (33.51)	
2	Alvarez, Camilo	24	Lone Star Masters-26	5:21.05	7
	r:+0.67 33.10	1:12.84 (39.74)	1:54.27 (41.43)	2:36.58 (42.31)	
	3:19.23 (42.65)	4:00.60 (41.37)	4:41.48 (40.88)	5:21.05 (39.57)	

Event 6 Men 25-29 400 LC Meter Freestyle

NATL: 3:55.01 N 6/28/2013 ALEX WOLD

1	Armstrong, Trayton	26	Uc26	5:38.67	9
	r:+0.75 34.38	1:12.62 (38.24)	1:52.97 (40.35)	2:35.89 (42.92)	
	3:19.51 (43.62)	4:04.78 (45.27)	4:51.51 (46.73)	5:38.67 (47.16)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 6 Men 30-34 400 LC Meter Freestyle****NATL: 3:58.12 N 7/23/2016 DARIAN TOWNSEND**

1	Tierney, Sam	31	Uc43	4:35.94	9
	r:+0.84 31.04	1:05.38 (34.34)	1:39.61 (34.23)	2:14.60 (34.99)	
	2:49.88 (35.28)	3:25.39 (35.51)	4:35.94 (1:10.55)		
2	Losch, Nathan	33	Cowtown Swimming-26	5:00.99	7
	r:+0.84 32.77	1:08.68 (35.91)	1:45.99 (37.31)	2:25.13 (39.14)	
	3:03.41 (38.28)	3:42.96 (39.55)	4:22.14 (39.18)	5:00.99 (38.85)	
3	Hong, Jimmy	34	Longhorn Aquatics-43	5:45.12	6
	r:+0.70	1:19.00 ()	2:03.21 (44.21)	2:48.90 (45.69)	
	3:34.10 (45.20)	4:19.63 (45.53)	5:04.09 (44.46)	5:45.12 (41.03)	
---	Sussmeier, Robert	34	02 Performance Aquatics-26	DQ 4:34.73	
	Head did not break the surface by 15 meters				
	r:+0.83 31.18	1:06.04 (34.86)	1:41.86 (35.82)	2:17.65 (35.79)	
	2:53.22 (35.57)	3:27.86 (34.64)	4:01.61 (33.75)	DQ 4:34.73 (33.12)	

Event 6 Men 40-44 400 LC Meter Freestyle**NATL: 4:06.74 N 7/24/2009 ERIK HOCHSTEIN**

1	Strahota, Jeffrey	44	Terrapin Masters-10	5:00.39	9
	r:+0.76 34.70	1:13.56 (38.86)	1:52.88 (39.32)	2:32.70 (39.82)	
	3:10.95 (38.25)	3:48.66 (37.71)	4:25.54 (36.88)	5:00.39 (34.85)	

Event 6 Men 45-49 400 LC Meter Freestyle**NATL: 4:09.20 N 7/19/2008 DENNIS BAKER**

1	Reed, Benjamin	49	02 Performance Aquatics-26	5:02.33	9
	r:+0.75 33.32	1:11.17 (37.85)	1:50.50 (39.33)	2:29.07 (38.57)	
	3:07.10 (38.03)	3:45.59 (38.49)	4:25.32 (39.73)	5:02.33 (37.01)	
2	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	7:40.80	7
	r:+0.72 27.13	58.67 (31.54)	2:31.13 (1:32.46)		
	4:34.27 ()	5:38.78 (1:04.51)	6:38.26 (59.48)	7:40.80 (1:02.54)	

Event 6 Men 50-54 400 LC Meter Freestyle**NATL: 4:15.93 N 8/4/2017 NICOLAS GRANGER**

1	Seabert, William	50	Fort Worth Area Swim Team-26	4:57.96	9
	r:+0.78 33.27	1:09.86 (36.59)	1:47.88 (38.02)	2:26.01 (38.13)	
	3:04.44 (38.43)	3:42.56 (38.12)	4:20.84 (38.28)	4:57.96 (37.12)	
2	Hiemke, Scott	52	Lone Star Masters-26	5:22.69	7
	r:+0.82 35.90	1:15.99 (40.09)	1:57.07 (41.08)	2:38.72 (41.65)	
	3:19.88 (41.16)	4:00.72 (40.84)	4:41.75 (41.03)	5:22.69 (40.94)	
3	Ganus, Dale	51	Lone Star Masters-26	6:05.70	6
	r:+1.07 41.29	1:26.21 (44.92)	2:12.96 (46.75)	2:59.27 (46.31)	
	3:46.82 (47.55)	4:33.39 (46.57)	5:20.25 (46.86)	6:05.70 (45.45)	
4	Yepo, Fabrizio	53	Uc42	6:17.23	5
	r:+0.88 41.03	1:27.90 (46.87)	2:16.80 (48.90)	3:04.23 (47.43)	
	3:52.89 (48.66)	4:42.55 (49.66)	5:31.07 (48.52)	6:17.23 (46.16)	
5	Dunn, Russell	50	Lone Star Masters-26	6:27.23	4
	r:+0.95 42.19	1:28.74 (46.55)	2:17.54 (48.80)	3:07.24 (49.70)	
		4:48.47 ()	5:38.99 (50.52)	6:27.23 (48.24)	

Event 6 Men 55-59 400 LC Meter Freestyle**NATL: 4:22.49 N 7/25/2009 MICHAEL MANN**

1	Wells, Barton	57	Uc38	4:34.09	9
	r:+0.82 31.81	1:05.21 (33.40)	1:39.26 (34.05)	2:13.23 (33.97)	
	2:48.11 (34.88)	3:23.15 (35.04)	3:58.56 (35.41)	4:34.09 (35.53)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 6 Men 55-59 400 LC Meter Freestyle)**

2	Von Readen, Brad	59	Lone Star Masters-26	5:23.43	7
	r:+0.98 36.28	1:16.42 (40.14)	1:57.87 (41.45)	2:39.40 (41.53)	
	3:21.37 (41.97)	4:03.35 (41.98)	4:44.77 (41.42)	5:23.43 (38.66)	
3	Harman, Brad	56	Lone Star Masters-26	5:38.87	6
	r:+0.75 37.75	1:19.53 (41.78)	2:02.80 (43.27)	2:45.71 (42.91)	
	3:30.08 (44.37)	4:13.62 (43.54)	4:57.70 (44.08)	5:38.87 (41.17)	
4	Hiltabiddle, Steve	58	Colonials 1776-8	6:18.22	5
	r:+0.73 27.86	57.99 (30.13)	2:10.78 (1:12.79)	3:07.00 (56.22)	
	3:57.10 (50.10)	4:47.97 (50.87)	5:36.37 (48.40)	6:18.22 (41.85)	
5	Llorente, Roberto	56	Uc43	7:31.18	4
	r:+1.48 50.71	1:48.14 (57.43)	2:46.29 (58.15)	3:45.52 (59.23)	
	4:43.43 (57.91)	5:41.70 (58.27)	6:38.22 (56.52)	7:31.18 (52.96)	

Event 6 Men 60-64 400 LC Meter Freestyle**NATL: 4:35.36 N 2/28/2024 FRED SCHUSTER**

1	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	5:01.24	9
	r:+0.84 34.76	1:12.47 (37.71)	1:50.73 (38.26)	2:29.33 (38.60)	
	3:07.59 (38.26)	3:46.44 (38.85)	4:24.72 (38.28)	5:01.24 (36.52)	
2	Czerwinski, Robert	61	Lone Star Masters-26	5:21.51	7
	r:+0.97 35.84	1:14.77 (38.93)	1:55.60 (40.83)	2:37.38 (41.78)	
	3:18.64 (41.26)	4:00.43 (41.79)	4:40.54 (40.11)	5:21.51 (40.97)	
3	Sondermann, Axel	61	Lone Star Masters-26	5:32.16	6
	r:+0.97 36.68	1:17.12 (40.44)	1:59.10 (41.98)	2:40.96 (41.86)	
	3:24.43 (43.47)	4:07.12 (42.69)	4:50.15 (43.03)	5:32.16 (42.01)	
4	Pegues, Lex	64	New Braunfels Masters Swimmers-43	6:12.64	5
	r:+0.85 42.66	1:29.70 (47.04)	2:18.11 (48.41)	3:06.39 (48.28)	
	3:54.74 (48.35)	4:43.48 (48.74)	5:30.85 (47.37)	6:12.64 (41.79)	
5	Keen, John	61	Houston Cougar Masters-25	6:42.38	4
	r:+0.97 45.06	1:34.80 (49.74)	2:27.12 (52.32)	3:18.76 (51.64)	
	4:10.34 (51.58)	5:01.93 (51.59)	5:52.70 (50.77)	6:42.38 (49.68)	
6	Tierney, Mark	63	Uc26	8:06.05	3
	r:+0.87 47.39	1:41.98 (54.59)	2:41.24 (59.26)	3:43.26 (1:02.02)	
		5:55.98 ()	7:02.05 (1:06.07)	8:06.05 (1:04.00)	

Event 6 Men 65-69 400 LC Meter Freestyle**NATL: 4:37.70 N 8/4/2017 RICK COLELLA**

1	Archer, Branch	65	Longhorn Aquatics-43	5:01.84	9
	r:+0.82 34.36	1:11.57 (37.21)	1:50.43 (38.86)	2:28.96 (38.53)	
	3:08.01 (39.05)	3:46.34 (38.33)	4:25.16 (38.82)	5:01.84 (36.68)	
2	Strauss, Trip	66	Little Rock Masters-23	5:04.58	7
	r:+0.79 35.44	1:13.48 (38.04)	1:51.99 (38.51)	2:30.46 (38.47)	
	3:09.13 (38.67)	3:47.77 (38.64)	4:26.61 (38.84)	5:04.58 (37.97)	
3	Alkire, Jim	66	Lone Star Masters-26	6:12.11	6
	r:+0.99 41.18	1:26.95 (45.77)	2:14.46 (47.51)	3:02.33 (47.87)	
	3:50.28 (47.95)	4:38.03 (47.75)	5:26.03 (48.00)	6:12.11 (46.08)	
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	6:14.40	5
	r:+0.88 41.27	1:27.18 (45.91)	2:15.29 (48.11)	3:03.65 (48.36)	
	3:52.45 (48.80)	4:40.18 (47.73)	5:29.08 (48.90)	6:14.40 (45.32)	
5	Bludworth, Rocky	65	Lone Star Masters-26	7:09.89	4
	r:+1.07 44.79	1:36.20 (51.41)	2:31.52 (55.32)	3:27.85 (56.33)	
	4:25.01 (57.16)	5:21.56 (56.55)	6:18.02 (56.46)	7:09.89 (51.87)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 6 Men 70-74 400 LC Meter Freestyle****NATL: 4:57.84 N 7/1/2023 RICK COLELLA**

1	Gooding, Jack	71	Uc26	5:26.44	9
	r:+0.81 36.96	1:17.56 (40.60)	1:59.05 (41.49)	2:40.93 (41.88)	
	3:22.80 (41.87)	4:05.02 (42.22)	4:47.08 (42.06)	5:26.44 (39.36)	
2	Wood, Larry	70	Longhorn Aquatics-43	5:39.67	7
	r:+1.01 38.47	1:21.74 (43.27)	2:05.15 (43.41)	2:49.25 (44.10)	
	3:32.80 (43.55)	4:16.67 (43.87)	4:59.20 (42.53)	5:39.67 (40.47)	
3	Christian, Tom	71	Lone Star Masters-26	7:07.25	6
	r:+1.13 48.94	1:44.15 (55.21)	2:39.01 (54.86)	3:33.61 (54.60)	
	4:27.73 (54.12)	5:21.69 (53.96)	6:13.94 (52.25)	7:07.25 (53.31)	

Event 6 Men 75-79 400 LC Meter Freestyle**NATL: 5:17.77 N 3/7/2009 DAVID RADCLIFF**

1	Fox, Michael	75	Uc45	6:25.44	9
	r:+1.30 44.49	1:32.68 (48.19)	2:22.95 (50.27)	3:12.31 (49.36)	
	4:02.07 (49.76)	4:50.33 (48.26)	5:39.28 (48.95)	6:25.44 (46.16)	

Event 7 Women 100-119 200 LC Meter Medley Relay

1	Lone Star Masters-26	A	2:01.28	18
	1) Spadoni, Marina W31	2) Lugbill, Ashley W22	3) r:0.41 Trahan, Erin W27	4) Lebl, Ilektra W25
	r:+0.61 31.13	1:05.43 (34.30)	1:33.39 (27.96)	2:01.28 (27.89)
2	Lone Star Masters-26	B	2:24.53	14
	1) Boring, Sophie W26	2) Alpha, Megan W26	3) r:0.48 Miller, Rylie W27	4) Pickett, Sarah W31
	r:+0.62 36.97	1:18.48 (41.51)	1:50.11 (31.63)	2:24.53 (34.42)

Event 7 Women 120-159 200 LC Meter Medley Relay

1	Lone Star Masters-26	A	2:19.55	18
	1) Wilson, Jacquelyn W38	2) Batten, Courtney W33	3) r:0.10 Whitehead, Laurel W35	4) Orr, Laura W36
	r:+0.66 34.94	1:18.45 (43.51)	1:48.14 (29.69)	2:19.55 (31.41)

Event 7 Women 240-279 200 LC Meter Medley Relay

1	Lone Star Masters-26	A	3:31.97	18
	1) Lennon, Dana W66	2) Hinkamp, Kristianne W65	3) r:0.80 Russell, Melissa W66	4) Klimko, Sue W64
	r:+1.03 1:02.38	1:56.27 (53.89)	2:49.42 (53.15)	3:31.97 (42.55)

Event 7 Women 280-319 200 LC Meter Medley Relay

1	Lone Star Masters-26	A	3:00.81	18
	1) Woolslayer, Jeannie W71	2) Morrison, Lynn W70	3) r:0.26 Ray, Dianna W70	4) Hirsty, Jacki W72
	r:+0.77 41.48	1:37.06 (55.58)	2:41.74 (1:04.68)	3:00.81 (19.07)
2	Masters of South Texas-43	A	3:45.98	14
	1) Pederson, Deborah W67	2) Schueckler, Leslie W69	3) Stewart, Jamie W76	4) Sauer, DeEtte W83
	r:+0.84 1:01.36	2:01.58 (1:00.22)	2:55.44 (53.86)	3:45.98 (50.54)

Event 8 Men 100-119 200 LC Meter Medley Relay

1	Lone Star Masters-26	A	1:53.14	18
	1) Huuki, Erik M23	2) Garriga, Alexander M28	3) r:0.28 Shozda, Alex M28	4) Thompson, Noah M27
	r:+0.68 27.80	1:00.13 (32.33)	1:27.53 (27.40)	1:53.14 (25.61)

Event 8 Men 120-159 200 LC Meter Medley Relay

1	Cowtown Swimming-26	A	2:00.67	18
	1) Wurtz, Tanner M22	2) Sok, Sam M26	3) r:0.39 Losch, Nathan M33	4) Sok, Vincent M22
	r:+0.55 31.23	1:02.89 (31.66)	1:33.38 (30.49)	2:00.67 (27.29)
2	Lone Star Masters-26	A	2:17.18	14
	1) Hiemke, Scott M52	2) Rodriguez Moran, Carlos Abel M30	3) r:0.36 Fatora, Morgan M30	4) Alvarez, Camilo M24
	r:+0.65 36.96	1:18.24 (41.28)	1:47.65 (29.41)	2:17.18 (29.53)

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Event 8 Men 160-199 200 LC Meter Medley Relay

1	Lone Star Masters-26	A		1:57.17	18
	1) Thomas, Harold M38	2) Dorsey, Brad M29	3) r:0.24 Petric, Jan Karel M33	4) Norman, Brandon M30	
	r:+0.60 28.82	1:03.22 (34.40)	1:30.58 (27.36)	1:57.17 (26.59)	

Event 8 Men 200-239 200 LC Meter Medley Relay

1	Masters of South Texas-43	A		2:25.60	18
	1) Nelson, T Kevin M61	2) Richey, Steven M64	3) r:0.41 Gale, Andrew M58	4) Ingraham, Chase M42	
	r:+0.80 43.85	1:24.95 (41.10)	1:58.97 (34.02)	2:25.60 (26.63)	
2	Lone Star Masters-26	A		2:27.48	14
	1) Leigh, Jay M66	2) Czerwinski, Robert M61	3) r:0.73 Dunn, Russell M50	4) Ganus, Dale M51	
	r:+0.72 35.17	1:18.85 (43.68)	1:51.12 (32.27)	2:27.48 (36.36)	

Event 8 Men 320-359 200 LC Meter Medley Relay

1	Lone Star Masters-26	A		4:18.55	18
	1) Newman, Lawrence M77	2) Thatcher, Sandy M81	3) r:0.23 Welty, Bob M80	4) Dillon, Thomas M83	
	r:+1.48 1:02.77	2:23.18 (1:20.41)	4:18.55 (1:55.37)		

Event 9 Mixed 100-119 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A		1:59.33	18
	1) Dunigan, Ryan M29	2) Boring, Sophie W26	3) r:0.01 Alpha, Megan W26	4) Everett, Jake M32	
	r:+0.65 26.30	58.01 (31.71)	1:30.01 (32.00)	1:59.33 (29.32)	

Event 9 Mixed 160-199 200 LC Meter Freestyle Relay

1	Masters of South Texas-43	A		2:18.81	18
	1) LunaHowell, Mason W25	2) Ingraham, Susan W65	3) r:0.25 Ingraham, Chase M42	4) Richey, Steven M64	
	r:+0.81 37.20	1:10.67 (33.47)	1:38.74 (28.07)	2:18.81 (40.07)	

Event 9 Mixed 200-239 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A		2:02.39	18
	1) Glass, Mark M50	2) Heughan, Lee W47	3) r:0.38 Rogers, Jenny W47	4) Harman, Brad M56	
	r:+0.71 28.45	58.30 (29.85)	1:31.81 (33.51)	2:02.39 (30.58)	

Event 9 Mixed 240-279 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A		2:17.24	18
	1) Woolslayer, Jeannie W71	2) Daudelin, Andy M60	3) r:0.19 Ray, Dianna W70	4) Leigh, Jay M66	
	r:+0.92 35.22	1:06.50 (31.28)	1:46.52 (40.02)	2:17.24 (30.72)	
2	Masters of South Texas-43	A		3:05.77	14
	1) Schueckler, Leslie W69	2) Marsch, Gail W84	3) r:0.53 Gale, Andrew M58	4) Nelson, T Kevin M61	
	r:+0.86 44.96	1:55.23 (1:10.27)	2:27.00 (31.77)	3:05.77 (38.77)	

Event 9 Mixed 320-359 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A		4:00.57	18
	1) Simmons, Pam W75	2) Dillon, Thomas M83	3) Hlavacek, Ida W82	4) Welty, Bob M80	
	1:18.85	2:17.10 (58.25)	3:16.68 (59.58)	4:00.57 (43.89)	

Event 11 Women 18-24 200 LC Meter Butterfly

NATL: 2:12.75 N 7/2/2008 LAURA DAVIS

1	Braden, Malia	21 Uc31		3:57.65	9
	r:+0.80 38.53	1:28.38 (49.85)	2:43.21 (1:14.83)	3:57.65 (1:14.44)	

Event 11 Women 25-29 200 LC Meter Butterfly

NATL: 2:10.83 N 6/27/2017 HANNAH SAIZ

1	Trahan, Erin	27 Lone Star Masters-26		2:24.17	9
	r:+0.67 31.17	1:07.21 (36.04)	1:45.45 (38.24)	2:24.17 (38.72)	

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Event 11 Women 40-44 200 LC Meter Butterfly

NATL: 2:24.77 N 8/17/2003 K PIPES-NEILSEN

1	Frees, Heather	41	Lone Star Masters-26	2:41.92	9
	r:+0.90 35.52	1:17.03 (41.51)	1:58.54 (41.51)	2:41.92 (43.38)	

Event 11 Women 55-59 200 LC Meter Butterfly

NATL: 2:41.51 N 7/8/2007 LAURA VAL

1	Chubb, Courtney	55	Swim Melbourne Masters-14	3:01.10	9
	r:+0.88 38.54	1:25.24 (46.70)	2:12.99 (47.75)	3:01.10 (48.11)	

Event 11 Women 65-69 200 LC Meter Butterfly

NATL: 2:57.26 N 7/20/2019 PENNY NOYES

1	Russell, Melissa	66	Lone Star Masters-26	4:30.54	9
	r:+0.97 59.47	2:12.18 (1:12.71)	3:24.48 (1:12.30)	4:30.54 (1:06.06)	
2	Lampe, Betty	69	Colonials 1776-8	4:52.57	7
	1:00.30	2:15.09 (1:14.79)	3:36.78 (1:21.69)	4:52.57 (1:15.79)	

Event 11 Women 80-84 200 LC Meter Butterfly

NATL: 4:34.86 N 5/22/2004 LOIS NOCHMAN

1	Hlavacek, Ida	82	Lone Star Masters-26	7:03.12	9
	1:30.03	3:20.54 (1:50.51)	5:12.40 (1:51.86)	7:03.12 (1:50.72)	

Event 12 Men 30-34 200 LC Meter Butterfly

NATL: 2:03.76 N 8/12/2010 MATT HAUPT

1	Petric, Jan Karel	33	Lone Star Masters-26	2:17.41	9
	r:+0.82 29.98	1:03.54 (33.56)	1:39.38 (35.84)	2:17.41 (38.03)	

Event 12 Men 35-39 200 LC Meter Butterfly

NATL: 2:04.76 N 8/1/2015 BRENT CREAGER

1	Reynolds, Justin	39	Longhorn Aquatics-43	3:36.55	9
	r:+0.83 42.30	1:36.88 (54.58)	2:38.35 (1:01.47)	3:36.55 (58.20)	

Event 12 Men 45-49 200 LC Meter Butterfly

NATL: 2:04.07 N 7/19/2008 DENNIS BAKER

1	Reed, Benjamin	49	O2 Performance Aquatics-26	2:47.07	9
	r:+0.78 35.89	1:18.14 (42.25)	2:03.48 (45.34)	2:47.07 (43.59)	
2	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	3:18.49	7
	r:+0.72 29.52	1:04.29 (34.77)	2:24.64 (1:20.35)	3:18.49 (53.85)	

Event 12 Men 60-64 200 LC Meter Butterfly

NATL: 2:27.05 N 6/8/2024 ARNALDO PEREZ

1	Doyle, Michael	60	Lone Star Masters-26	2:48.87	9
	r:+0.87 34.54	1:15.04 (40.50)	2:00.47 (45.43)	2:48.87 (48.40)	

Event 12 Men 65-69 200 LC Meter Butterfly

NATL: 2:33.40 N 6/12/2016 LAWRENCE DAY

1	Sanchez, Greg	67	North Carolina Masters Swimmin-13	2:39.54	9
	r:+0.85 35.15	1:15.03 (39.88)	1:56.03 (41.00)	2:39.54 (43.51)	

Event 12 Men 70-74 200 LC Meter Butterfly

NATL: 2:47.17 N 10/9/2021 LAWRENCE DAY

1	Wood, Larry	70	Longhorn Aquatics-43	3:28.13	9
	r:+2.94 46.56	1:39.36 (52.80)	2:33.32 (53.96)	3:28.13 (54.81)	

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Event 12 Men 75-79 200 LC Meter Butterfly

NATL: 3:08.54 N 7/22/2023 FRED SCHLICHER

--- Rollins, Bruce 75 Uc25 DQ 4:01.85

Kick breaststroke type

r:+1.09 50.17 1:50.54 (1:00.37) 2:50.93 (1:00.39) DQ 4:01.85 (1:10.92)

Event 13 Women 18-24 50 LC Meter Breaststroke

NATL: 32.92 N 8/1/2015 LAUREN GREENBERG

1 Lugbill, Ashley 22 Lone Star Masters-26 35.77 9

r:+0.79

2 Braden, Malia 21 Uc31 45.45 7

r:+0.80

3 Koceich, Madison 24 Mid-Cities Arlington Swimming-26 46.53 6

r:+0.79

Event 13 Women 25-29 50 LC Meter Breaststroke

NATL: 30.82 N 6/27/2016 KATIE MEILI

1 Trahan, Erin 27 Lone Star Masters-26 37.28 9

r:+0.71

2 Cogswell, Elizabeth 29 City of Plano Swimmers Wetcats-26 39.60 7

r:+0.74

3 Alpha, Megan 26 Lone Star Masters-26 42.41 6

r:+0.81

Event 13 Women 30-34 50 LC Meter Breaststroke

NATL: 31.76 N 7/17/2021 DANIELLE HERRMANN

1 Randolph, Courtney 33 Terrapin Masters-10 37.85 9

r:+0.82

2 Batten, Courtney 33 Lone Star Masters-26 42.81 7

r:+0.72

3 Lampe, Corinne 33 Uc26 42.87 6

r:+0.83

4 Merianos, Jacky 33 Lone Star Masters-26 44.22 5

r:+0.77

5 Miller, Rebecca 30 Minnesota Masters Swim Club-30 49.64 4

r:+0.78

Event 13 Women 35-39 50 LC Meter Breaststroke

NATL: 31.06 N 4/28/2022 DANIELLE HERRMANN

1 Whitehead, Laurel 35 Lone Star Masters-26 37.02 9

r:+0.70

2 Wilson, Jacquelyn 38 Lone Star Masters-26 41.53 7

r:+0.69

Event 13 Women 40-44 50 LC Meter Breaststroke

NATL: 32.47 N 8/19/2016 KATIE GLENN

1 Warren, Laura 44 Lone Star Masters-26 34.73 9

r:+0.73

Event 13 Women 45-49 50 LC Meter Breaststroke

NATL: 31.92 N 4/13/2024 GABRIELLE ROSE

1 Day, Jacqueline 46 Texas Ford Aquatics Masters-26 39.85 9

r:+0.82

2 Fidler, Ruth 46 Jim Montgomery Masters Swim-26 1:14.31 7

r:+0.94

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 13 Women 50-54 50 LC Meter Breaststroke**

NATL: 36.47 N 8/20/2022 ERIKA BRAUN

1	Visser, Linda	54	Houston Cougar Masters-25	38.88	9
	r:+0.81				

Event 13 Women 55-59 50 LC Meter Breaststroke

NATL: 37.13 N 7/16/2017 CAROLINE KRATTLI

1	Anderson, Julie	58	Lone Star Masters-26	51.05	9
	r:+1.06				

Event 13 Women 60-64 50 LC Meter Breaststroke

NATL: 39.02 N 8/19/2016 BETH ESTEL

1	Griffith, Sharyl	63	City of Plano Swimmers Wetcats-26	51.22	9
	r:+0.90				

Event 13 Women 65-69 50 LC Meter Breaststroke

NATL: 41.71 N 9/9/2023 KAREN MAREB

1	Hinkamp, Kristianne	65	Lone Star Masters-26	54.93	9
	r:+0.99				
2	Schueckler, Leslie	69	Masters of South Texas-43	1:02.79	7
	r:+0.90				
3	Lennon, Dana	66	Lone Star Masters-26	1:08.19	6
	r:+1.21				

Event 13 Women 70-74 50 LC Meter Breaststroke

NATL: 43.19 N 8/3/2018 DANA BROWN

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	46.92	9
	r:+0.79				
2	Myer, Cynthia	71	O2 Performance Aquatics-26	1:03.33	7
	r:+0.95				

Event 13 Women 80-84 50 LC Meter Breaststroke

NATL: 51.37 N 8/11/2018 ANNE WILLIAMS

1	Marsch, Gail	84	Masters of South Texas-43	1:29.60	9
	r:+0.97				

Event 13 Women 85-89 50 LC Meter Breaststroke

NATL: 58.57 N 5/27/2023 ANNE WILLIAMS

1	Leilich, Joann	85	Woodlands Masters Swim Team-25	55.01 N	9
	r:+1.14				
---	Burke, Dorothy	85	Little Rock Masters-23	DQ 1:13.14	7
	Arms two strokes underwater				

Event 14 Men 18-24 50 LC Meter Breaststroke

NATL: 28.87 N 8/15/2005 DAVE ROLLINS

1	Sok, Vincent	22	Cowtown Swimming-26	32.47	9
	r:+0.72				
2	Pennington, Thaddaeus	23	Uc26	34.02	7
	r:+0.75				
3	Wurtz, Tanner	22	Cowtown Swimming-26	41.98	6
	r:+0.73				
4	Rose, Dylan	22	Woodlands Masters Swim Team-25	42.53	5
	r:+0.81				

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Event 14 Men 25-29 50 LC Meter Breaststroke

NATL: 27.83 N 8/13/2022 PAVEL ROMANOV

1	Sok, Sam	26	Cowtown Swimming-26	32.05	9
	r:+0.62				
2	Boring, Joshua	27	Lone Star Masters-26	51.98	7
	r:+1.07				

Event 14 Men 30-34 50 LC Meter Breaststroke

NATL: 27.26 N 6/15/2019 BRANDON FISCHER

1	Smiddy, Samuel	30	Lone Star Masters-26	33.57	9
	r:+0.74				
2	Smith, Mark	30	Terrapin Masters-10	34.94	7
	r:+0.69				
3	Fatora, Morgan	30	Lone Star Masters-26	40.02	6
	r:+0.73				

Event 14 Men 35-39 50 LC Meter Breaststroke

NATL: 28.53 N 5/25/2009 JEFF COMMINGS

1	Baxter, Kyle	38	02 Performance Aquatics-26	32.91	9
	r:+0.68				
2	Duong, William	35	Lone Star Masters-26	45.53	7
	r:+0.83				

Event 14 Men 40-44 50 LC Meter Breaststroke

NATL: 29.02 N 7/27/2014 JEFF COMMINGS

1	Fike, James	43	Lone Star Masters-26	28.85 N	9
	r:+0.69				
2	Griffin, Brendan	41	Club Tribe-12	35.42	7
	r:+0.82				
3	Ingraham, Chase	42	Masters of South Texas-43	38.84	6
	r:+0.90				

Event 14 Men 45-49 50 LC Meter Breaststroke

NATL: 29.29 N 8/13/2022 JEFF COMMINGS

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	35.94	9
	r:+0.80				

Event 14 Men 50-54 50 LC Meter Breaststroke

NATL: 29.90 N 4/2/2022 STEVE WEST

1	Dietrich, Jim	53	Novaquatics Masters-33	35.11	9
	r:+0.70				
2	Goodale, Justin	52	Uc26	39.00	7
	r:+0.79				
3	Yepo, Fabrizio	53	Uc42	41.05	6
	r:+0.97				
4	Ganus, Dale	51	Lone Star Masters-26	44.65	5
	r:+1.00				

Event 14 Men 55-59 50 LC Meter Breaststroke

NATL: 30.56 N 8/6/2017 DAVID GUTHRIE

1	Gale, Andrew	58	Masters of South Texas-43	37.91	9
	r:+0.78				
2	Harman, Brad	56	Lone Star Masters-26	40.94	7
	r:+0.74				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 14 Men 60-64 50 LC Meter Breaststroke**

NATL: 31.95 N 8/7/2022 DAVID GUTHRIE

1	Guthrie, David	64	Rice Aquatic Masters-25	33.22	9
	r:+0.76				
2	Hasegawa, Brian	61	Fina	35.84	7
	r:+0.77				
3	Richey, Steven	64	Masters of South Texas-43	41.95	6
	r:+0.81				
4	Pegues, Lex	64	New Braunfels Masters Swimmers-43	41.99	5
	r:+0.77				
5	Endert, Craig	62	Uc26	42.25	4
	r:+0.77				
6	Sondermann, Axel	61	Lone Star Masters-26	44.84	3
	r:+0.94				
7	Nelson, T Kevin	61	Masters of South Texas-43	45.11	2
	r:+1.02				

Event 14 Men 65-69 50 LC Meter Breaststroke

NATL: 33.30 N 8/19/2016 RICK COLELLA

1	Valencia, Alvaro	65	Fina	37.60	9
	r:+0.97				
2	Woolley, Ken	66	Lone Star Masters-26	43.03	7
	r:+0.89				
3	Bludworth, Rocky	65	Lone Star Masters-26	49.44	6
	r:+0.99				
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	50.22	5
	r:+0.91				
5	Shores, Wylie	66	Southern Masters Swimmers-24	59.49	4
	r:+0.94				

Event 14 Men 70-74 50 LC Meter Breaststroke

NATL: 34.69 N 7/1/2023 RICK COLELLA

1	Kelsoe, Robert	71	Lone Star Masters-26	40.27	9
	r:+0.77				

Event 14 Men 80-84 50 LC Meter Breaststroke

NATL: 42.84 N 6/6/2021 MIKE FRESHLEY

1	Welty, Bob	80	Lone Star Masters-26	56.28	9
	r:+0.89				

Event 15 Women 18-24 100 LC Meter Freestyle

NATL: 56.08 N 6/17/2021 ALY TETZLOFF

1	Josko, Julita	20	City of Plano Swimmers Wetcats-26	1:08.43	9
	r:+0.70 30.94		1:08.43 (37.49)		
2	Braden, Malia	21	Uc31	1:09.40	7
	r:+0.80 32.67		1:09.40 (36.73)		
3	Jackson, Samantha	21	Texas Ford Aquatics Masters-26	1:18.32	6
	r:+0.89 35.20		1:18.32 (43.12)		
4	Kocheich, Madison	24	Mid-Cities Arlington Swimming-26	1:18.57	5
	r:+0.80 36.87		1:18.57 (41.70)		

Event 15 Women 25-29 100 LC Meter Freestyle

NATL: 54.72 N 8/6/2014 MADISON KENNEDY

1	Wang, Sheena	28	Longhorn Aquatics-43	1:05.64	9
	r:+0.73 30.46		1:05.64 (35.18)		

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2	Miller, Rylie	27	Lone Star Masters-26	1:07.53	7
	r:+0.73 31.70		1:07.53 (35.83)		
3	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	1:08.79	6
	r:+0.77 32.74		1:08.79 (36.05)		
4	Alpha, Megan	26	Lone Star Masters-26	1:09.47	5
	r:+0.81 33.13		1:09.47 (36.34)		
5	Myers, Morgan	28	Tulsa Masters Swim Club-27	1:09.80	4
	r:+0.77 32.52		1:09.80 (37.28)		
6	Boring, Sophie	26	Lone Star Masters-26	1:12.05	3
	r:+0.88 33.83		1:12.05 (38.22)		
7	Miller, Alyse	29	Cowtown Swimming-26	1:16.33	2
	r:+0.81 35.21		1:16.33 (41.12)		
8	LunaHowell, Mason	25	Masters of South Texas-43	1:19.07	1
	r:+0.79 37.42		1:19.07 (41.65)		

Event 15 Women 30-34 100 LC Meter Freestyle

NATL: 54.59 N 8/5/2009 ERIKA ERNDL

1	Ahonen, Jenna	32	Lone Star Masters-26	1:19.65	9
	r:+0.85 37.57		1:19.65 (42.08)		

Event 15 Women 40-44 100 LC Meter Freestyle

NATL: 53.78 N 7/4/2008 DARA TORRES

1	Grover, Mollie	43	Terrapin Masters-10	1:04.53	9
	r:+0.76 31.36		1:04.53 (33.17)		
2	Frees, Heather	41	Lone Star Masters-26	1:08.31	7
	r:+0.75 32.70		1:08.31 (35.61)		

Event 15 Women 45-49 100 LC Meter Freestyle

NATL: 57.40 N 8/8/2015 MELANIE THOMAS

1	Heughan, Lee	47	Lone Star Masters-26	1:07.37	9
	r:+1.08 32.18		1:07.37 (35.19)		
2	Brodeur, Diana	49	Lone Star Masters-26	1:23.13	7
	r:+1.06 38.21		1:23.13 (44.92)		
3	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	2:05.14	6
	r:+0.93 57.45		2:05.14 (1:07.69)		

Event 15 Women 50-54 100 LC Meter Freestyle

NATL: 1:00.40 N 8/6/2023 ERIKA BRAUN

1	Braun, Erika	52	North Carolina Masters Swimmin-13	1:01.21	9
	r:+2.79 29.35		1:01.21 (31.86)		
2	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	1:30.43	7
	r:+0.81 41.97		1:30.43 (48.46)		
3	Mackinnon, Amy	53	O2 Performance Aquatics-26	1:35.28	6
	r:+0.79 43.18		1:35.28 (52.10)		

Event 15 Women 55-59 100 LC Meter Freestyle

NATL: 1:02.02 N 8/13/2007 VAL\VAL

1	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	1:19.27	9
	r:+0.94 37.03		1:19.27 (42.24)		
2	Autry, Amanda	56	Uc27	1:21.58	7
	r:+0.95 38.52		1:21.58 (43.06)		
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	1:53.09	6
	r:+1.08 52.85		1:53.09 (1:00.24)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 15 Women 60-64 100 LC Meter Freestyle****NATL: 1:03.83 N 8/5/2011 LAURA VAL**

1	Matherne, Susan	62	Rice Aquatic Masters-25	1:11.20	9
	r:+0.92 34.08		1:11.20 (37.12)		
2	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	1:11.39	7
	r:+0.79 33.99		1:11.39 (37.40)		
3	Klimko, Sue	64	Lone Star Masters-26	1:29.89	6
	r:+0.87 42.44		1:29.89 (47.45)		

Event 15 Women 65-69 100 LC Meter Freestyle**NATL: 1:04.89 N 7/30/2018 LAURA VAL**

1	Ingraham, Susan	65	Masters of South Texas-43	1:14.64	9
	r:+0.86 35.30		1:14.64 (39.34)		
2	Pederson, Deborah	67	Masters of South Texas-43	1:39.07	7
	r:+0.93 47.03		1:39.07 (52.04)		
3	Schueckler, Leslie	69	Masters of South Texas-43	1:45.62	6
	r:+0.95 50.64		1:45.62 (54.98)		

Event 15 Women 70-74 100 LC Meter Freestyle**NATL: 1:06.68 N 8/6/2023 LAURA VAL**

1	Hirsty, Jacki	72	Lone Star Masters-26	1:19.00	9
	r:+0.86				

Event 15 Women 75-79 100 LC Meter Freestyle**NATL: 1:17.38 N 10/9/2021 DIANN UUSTAL**

1	Stewart, Jamie	76	Masters of South Texas-43	1:43.04	9
	r:+1.14 48.14		1:43.04 (54.90)		

Event 15 Women 80-84 100 LC Meter Freestyle**NATL: 1:27.55 N 3/7/2009 GAIL ROPER**

1	Sauer, DeEtte	83	Masters of South Texas-43	1:54.06	9
	53.92		1:54.06 (1:00.14)		

Event 16 Men 18-24 100 LC Meter Freestyle**NATL: 48.45 N 6/16/2021 COLEMAN STEWART**

1	Huuki, Erik	23	Lone Star Masters-26	54.54	9
	r:+0.74 25.72		54.54 (28.82)		
2	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	57.14	7
	r:+0.75 27.22		57.14 (29.92)		
3	Wurtz, Tanner	22	Cowtown Swimming-26	1:01.48	6
	r:+0.73 28.74		1:01.48 (32.74)		
4	Alvarez, Camilo	24	Lone Star Masters-26	1:03.17	5
	r:+0.67 29.78		1:03.17 (33.39)		
5	Henson, David	24	Mid-Cities Arlington Swimming-26	1:04.18	4
	r:+0.94 30.88		1:04.18 (33.30)		

Event 16 Men 25-29 100 LC Meter Freestyle**NATL: 47.96 N 6/27/2017 NATHAN ADRIAN**

1	Shozda, Alex	28	Lone Star Masters-26	56.57	9
	r:+0.66 27.55		56.57 (29.02)		
2	Garriga, Alexander	28	Lone Star Masters-26	57.30	7
	r:+0.68 26.99		57.30 (30.31)		
3	Thompson, Noah	27	Lone Star Masters-26	58.61	6
	r:+0.78 26.90		58.61 (31.71)		
4	Dunigan, Ryan	29	Lone Star Masters-26	58.99	5
	r:+0.65 28.25		58.99 (30.74)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 16 Men 25-29 100 LC Meter Freestyle)**

5	Dorsey, Brad	29	Lone Star Masters-26	1:00.86	4
	r:+0.71 28.69		1:00.86 (32.17)		
6	Martens, Galen	26	Austin Swim Club-43	1:04.19	3
	r:+0.82 30.52		1:04.19 (33.67)		
7	Armstrong, Trayton	26	Uc26	1:04.44	2
	r:+0.83 30.52		1:04.44 (33.92)		
8	Chuanromanee, Tee	27	Lone Star Masters-26	1:21.83	1
	r:+0.79 37.91		1:21.83 (43.92)		

Event 16 Men 30-34 100 LC Meter Freestyle**NATL: 48.71 N 8/6/2014 ANTHONY ERVIN**

1	Maryatt, Austin	32	Masters of South Texas-43	55.19	9
	r:+2.24 26.59		55.19 (28.60)		
2	Sussmeier, Robert	34	O2 Performance Aquatics-26	55.97	7
	r:+0.79 26.66		55.97 (29.31)		
3	Smith, Mark	30	Terrapin Masters-10	58.39	6
	r:+0.71 28.35		58.39 (30.04)		
4	Fatora, Morgan	30	Lone Star Masters-26	1:01.03	5
	r:+0.69 28.62		1:01.03 (32.41)		
5	Hall, Collin	30	Lone Star Masters-26	1:04.63	4
	r:+0.83 30.12		1:04.63 (34.51)		
6	Hong, Jimmy	34	Longhorn Aquatics-43	1:08.55	3
	r:+0.91 33.00		1:08.55 (35.55)		

Event 16 Men 35-39 100 LC Meter Freestyle**NATL: 51.45 N 10/9/2021 ADAM RITTER**

1	Owen, Cameron	35	Southeastern Area Masters Swim-16	52.17	9
	r:+0.71 24.89		52.17 (27.28)		
2	Germain, Gregory	35	Rice Aquatic Masters-25	57.50	7
	r:+0.72 27.67		57.50 (29.83)		
3	Baxter, Kyle	38	O2 Performance Aquatics-26	1:00.55	6
	r:+0.69 29.43		1:00.55 (31.12)		
4	Banos, Antonio	39	Uc26	1:00.85	5
	r:+0.73 28.49		1:00.85 (32.36)		
5	Reynolds, Justin	39	Longhorn Aquatics-43	1:16.62	4
	r:+0.89 34.79		1:16.62 (41.83)		
6	Barrios, Barry	39	Jim Montgomery Masters Swim-26	1:57.43	3
	r:+1.08 50.26		1:57.43 (1:07.17)		

Event 16 Men 40-44 100 LC Meter Freestyle**NATL: 51.72 N 8/1/2010 VLAD PYSHNENKO**

1	Griffin, Brendan	41	Club Tribe-12	1:03.20	9
	r:+0.82 29.56		1:03.20 (33.64)		
2	Strahota, Jeffrey	44	Terrapin Masters-10	1:03.67	7
	r:+0.74 30.22		1:03.67 (33.45)		

Event 16 Men 45-49 100 LC Meter Freestyle**NATL: 53.77 N 8/7/2016 NICOLAS GRANGER**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	1:04.98	9
	r:+0.74 31.00		1:04.98 (33.98)		
2	Chamberlin, Christopher	48	Lone Star Masters-26	1:08.43	7
	r:+0.84 33.64		1:08.43 (34.79)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 16 Men 50-54 100 LC Meter Freestyle****NATL: 54.18 N 8/4/2017 NICOLAS GRANGER**

1	Mastracchio, Dominic	50 Little Rock Masters-23	1:00.65	9
	r:+2.65 28.75	1:00.65 (31.90)		
2	Langley, Matthew	54 Longhorn Aquatics-43	1:04.69	7
	r:+0.89 30.15	1:04.69 (34.54)		
3	Glass, Mark	50 Lone Star Masters-26	1:04.99	6
	r:+0.71 31.55	1:04.99 (33.44)		
4	Yepo, Fabrizio	53 Uc42	1:11.52	5
	r:+0.85 33.69	1:11.52 (37.83)		
5	Dunn, Russell	50 Lone Star Masters-26	1:12.96	4
	r:+0.92 34.03	1:12.96 (38.93)		
6	Ganus, Dale	51 Lone Star Masters-26	1:21.13	3
	r:+0.95 39.02	1:21.13 (42.11)		
7	Guerrero, Leonel	53 Uc43	1:34.71	2
	r:+1.29 44.52	1:34.71 (50.19)		

Event 16 Men 55-59 100 LC Meter Freestyle**NATL: 56.07 N 7/10/2015 STEVE WOOD**

1	Hiltabiddle, Steve	58 Colonials 1776-8	58.11	9
	r:+0.73 27.71	58.11 (30.40)		
2	Von Readen, Brad	59 Lone Star Masters-26	1:07.17	7
	r:+0.89 31.61	1:07.17 (35.56)		
3	Llorente, Roberto	56 Uc43	1:31.67	6
	44.11	1:31.67 (47.56)		

Event 16 Men 60-64 100 LC Meter Freestyle**NATL: 57.39 N 5/18/2024 CALVIN MAUGHAN**

1	Nichols, Steve	60 Team Walker-43	57.97	9
	r:+0.79 27.77	57.97 (30.20)		
2	Nelson, T Kevin	61 Masters of South Texas-43	1:18.46	7
	r:+0.89 36.36	1:18.46 (42.10)		
3	Richey, Steven	64 Masters of South Texas-43	1:19.39	6
	r:+1.01 36.10	1:19.39 (43.29)		
4	Keen, John	61 Houston Cougar Masters-25	1:27.34	5
	r:+0.99 41.24	1:27.34 (46.10)		

Event 16 Men 65-69 100 LC Meter Freestyle**NATL: 59.49 N 8/9/2019 JACK GROSELLE**

1	Leigh, Jay	66 Lone Star Masters-26	1:06.00	9
	r:+0.78 31.04	1:06.00 (34.96)		
2	Burlingame, Douglas	65 Lone Star Masters-26	1:18.46	7
	r:+0.88 34.61	1:18.46 (43.85)		
3	Alkire, Jim	66 Lone Star Masters-26	1:18.91	6
	r:+1.37 36.64	1:18.91 (42.27)		
4	Esahak-Gage, George	66 Arizona Masters Swim Club Inc-48	1:24.56	5
	r:+0.97 41.20	1:24.56 (43.36)		
5	Bludworth, Rocky	65 Lone Star Masters-26	1:27.07	4
	r:+1.05 39.77	1:27.07 (47.30)		

Event 16 Men 70-74 100 LC Meter Freestyle**NATL: 1:03.32 N 8/8/2015 DAVID QUIGGIN**

1	Gooding, Jack	71 Uc26	1:09.03	9
	r:+0.90 33.07	1:09.03 (35.96)		
2	Darrow, Larry	72 Lone Star Masters-26	1:21.26	7
	r:+1.25 38.82	1:21.26 (42.44)		

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(Event 16 Men 70-74 100 LC Meter Freestyle)

3	Christian, Tom	71	Lone Star Masters-26	1:31.91	6
	r:+1.15 42.81	1:31.91 (49.10)			
4	Williams, Bruce	71	Lone Star Masters-26	1:34.30	5

Event 16 Men 75-79 100 LC Meter Freestyle

NATL: 1:06.55 N 8/9/2019 RICHARD BURNS

1	Rollins, Bruce	75	Uc25	1:21.85	9
	r:+1.04 38.33	1:21.85 (43.52)			

Event 17 Women 25-29 200 LC Meter IM

NATL: 2:14.03 N 6/29/2013 JUSTINE MUELLER

1	Trahan, Erin	27	Lone Star Masters-26	2:33.26	9
	r:+0.74 30.86	1:11.06 (40.20)	1:56.52 (45.46)	2:33.26 (36.74)	
2	Miller, Alyse	29	Cowtown Swimming-26	3:14.48	7
	r:+0.82 40.08	1:31.38 (51.30)	2:31.01 (59.63)	3:14.48 (43.47)	

Event 17 Women 30-34 200 LC Meter IM

NATL: 2:13.72 N 8/8/2009 ERIKA ERNDL

1	Randolph, Courtney	33	Terrapin Masters-10	2:33.06	9
	r:+0.83 32.81	1:12.04 (39.23)	1:57.40 (45.36)	2:33.06 (35.66)	
2	Merianos, Jacky	33	Lone Star Masters-26	3:16.94	7
	r:+0.77 43.85	1:34.25 (50.40)	2:28.85 (54.60)	3:16.94 (48.09)	
3	Batten, Courtney	33	Lone Star Masters-26	3:16.95	6
	r:+0.70 43.93	1:34.07 (50.14)	2:31.70 (57.63)	3:16.95 (45.25)	

Event 17 Women 35-39 200 LC Meter IM

NATL: 2:21.09 N 8/6/2022 DANIELLE HERRMANN

1	Whitehead, Laurel	35	Lone Star Masters-26	2:40.44	9
	r:+0.75 32.62	1:15.67 (43.05)	2:01.07 (45.40)	2:40.44 (39.37)	
2	Orr, Laura	36	Lone Star Masters-26	3:01.21	7
	r:+0.83 36.73	1:23.73 (47.00)	2:17.07 (53.34)	3:01.21 (44.14)	

Event 17 Women 40-44 200 LC Meter IM

NATL: 2:25.03 N 8/5/2007 S VON DER LIPPE

1	Poteet, Christina	40	O2 Performance Aquatics-26	2:46.61	9
	r:+0.78 33.69	1:19.34 (45.65)	2:09.39 (50.05)	2:46.61 (37.22)	
2	Frees, Heather	41	Lone Star Masters-26	2:48.36	7
	r:+0.77 35.29	1:20.87 (45.58)	2:11.64 (50.77)	2:48.36 (36.72)	

Event 17 Women 45-49 200 LC Meter IM

NATL: 2:20.41 N 7/9/2023 GABRIELLE ROSE

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	2:42.71	9
	r:+0.86 34.92	1:18.19 (43.27)	2:05.20 (47.01)	2:42.71 (37.51)	

Event 17 Women 50-54 200 LC Meter IM

NATL: 2:31.02 N 8/7/2016 ELLEN REYNOLDS

1	Visser, Linda	54	Houston Cougar Masters-25	2:49.09	9
	r:+0.82 37.46	1:21.22 (43.76)	2:10.70 (49.48)	2:49.09 (38.39)	

Event 17 Women 55-59 200 LC Meter IM

NATL: 2:31.51 N 7/6/2019 ELLEN REYNOLDS

1	Lopez, Xiomara	55	O2 Performance Aquatics-26	5:25.23	9
	r:+1.10 1:16.17	2:36.20 (1:20.03)	4:29.40 (1:53.20)	5:25.23 (55.83)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 17 Women 60-64 200 LC Meter IM****NATL: 2:34.27 N 2/29/2024 ELLEN REYNOLDS**

1	Reynolds, Ellen	60	Team Redbird-33	2:32.30 N	9
	r:+0.78 33.55	1:11.69 (38.14)	1:57.82 (46.13)	2:32.30 (34.48)	
2	Smart, Denise	62	Tulsa Masters Swim Club-27	3:27.35	7
	r:+0.71 36.70	1:33.80 (57.10)	2:38.76 (1:04.96)	3:27.35 (48.59)	
3	Klimko, Sue	64	Lone Star Masters-26	4:03.17	6
	r:+0.89 54.61	2:01.38 (1:06.77)	3:12.75 (1:11.37)	4:03.17 (50.42)	

Event 17 Women 65-69 200 LC Meter IM**NATL: 2:51.52 N 8/4/2019 PENNY NOYES**

1	Kersten, Holly	66	Texas Ford Aquatics Masters-26	3:31.89	9
	r:+0.90 42.08	1:41.57 (59.49)	2:42.69 (1:01.12)	3:31.89 (49.20)	
2	Russell, Melissa	66	Lone Star Masters-26	3:52.57	7
	r:+0.90 53.80	1:52.57 (58.77)	3:03.46 (1:10.89)	3:52.57 (49.11)	
3	Lampe, Betty	69	Colonials 1776-8	4:08.18	6
	r:+1.00		3:19.56 ()	4:08.18 (48.62)	
4	Schueckler, Leslie	69	Masters of South Texas-43	4:41.07	5
	r:+0.89 1:01.28	2:17.36 (1:16.08)	3:38.17 (1:20.81)	4:41.07 (1:02.90)	

Event 17 Women 80-84 200 LC Meter IM**NATL: 4:05.75 N 5/27/2023 JOY WARD**

1	Hlavacek, Ida	82	Lone Star Masters-26	5:53.74	9
	1:24.29	2:49.22 (1:24.93)	4:43.18 (1:53.96)	5:53.74 (1:10.56)	

Event 18 Men 18-24 200 LC Meter IM**NATL: 2:05.80 N 6/30/2016 JACOB MONTAGUE**

1	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	2:32.52	9
	r:+2.42 30.08	1:07.18 (37.10)	1:57.36 (50.18)	2:32.52 (35.16)	
2	Pennington, Thaddaeus	23	Uc26	2:37.79	7
	r:+0.72 30.79	1:14.86 (44.07)	2:00.87 (46.01)	2:37.79 (36.92)	

Event 18 Men 30-34 200 LC Meter IM**NATL: 1:59.24 N 8/6/2017 RYAN LOCHTE**

1	Smiddy, Samuel	30	Lone Star Masters-26	2:22.27	9
	r:+0.72 28.35	1:05.26 (36.91)	1:48.09 (42.83)	2:22.27 (34.18)	

Event 18 Men 35-39 200 LC Meter IM**NATL: 1:58.48 N 6/17/2021 RYAN LOCHTE**

1	Duong, William	35	Lone Star Masters-26	3:04.00	9
	r:+0.85 38.39	1:26.01 (47.62)	2:17.55 (51.54)	3:04.00 (46.45)	
2	Reynolds, Justin	39	Longhorn Aquatics-43	3:17.70	7
	r:+0.79 40.39	1:31.01 (50.62)	2:32.21 (1:01.20)	3:17.70 (45.49)	

Event 18 Men 45-49 200 LC Meter IM**NATL: 2:10.09 N 8/7/2016 NICOLAS GRANGER**

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	2:40.25	9
	r:+0.77 34.51	1:19.37 (44.86)	2:04.45 (45.08)	2:40.25 (35.80)	
2	Reed, Benjamin	49	O2 Performance Aquatics-26	2:45.67	7
	r:+0.77 34.25	1:18.19 (43.94)	2:09.49 (51.30)	2:45.67 (36.18)	

Event 18 Men 50-54 200 LC Meter IM**NATL: 2:11.15 N 8/6/2017 NICOLAS GRANGER**

1	Seabert, William	50	Fort Worth Area Swim Team-26	2:33.00	9
	r:+0.83 31.17	1:11.21 (40.04)	1:56.88 (45.67)	2:33.00 (36.12)	

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(Event 18 Men 50-54 200 LC Meter IM)

2	Goodale, Justin	52	Uc26		3:15.35	7
	r:+0.82 40.16	1:31.18 (51.02)	2:25.72 (54.54)	3:15.35 (49.63)		

Event 18 Men 55-59 200 LC Meter IM

NATL: 2:20.67 N 2/22/2020 JEROME FRENTSOS

1	Ellis, Andrew	56	Terrapin Masters-10		2:46.37	9
	r:+0.87 33.79	1:20.36 (46.57)	2:08.73 (48.37)	2:46.37 (37.64)		
2	Gale, Andrew	58	Masters of South Texas-43		2:57.89	7
	r:+0.81 37.05	1:23.81 (46.76)	2:16.52 (52.71)	2:57.89 (41.37)		
3	Harman, Brad	56	Lone Star Masters-26		3:05.83	6
	r:+0.77 37.17	1:28.74 (51.57)	2:25.52 (56.78)	3:05.83 (40.31)		
4	Hiltabiddle, Steve	58	Colonials 1776-8		3:30.64	5
	r:+0.68 27.77	1:38.75 (1:10.98)	2:42.70 (1:03.95)	3:30.64 (47.94)		

Event 18 Men 60-64 200 LC Meter IM

NATL: 2:21.99 N 8/17/2014 RICK COLELLA

1	Czerwinski, Robert	61	Lone Star Masters-26		2:50.69	9
	r:+0.92 34.86	1:19.53 (44.67)	2:10.22 (50.69)	2:50.69 (40.47)		
2	Pegues, Lex	64	New Braunfels Masters Swimmers-43		3:03.73	7
	r:+0.84 38.06	1:25.66 (47.60)	2:20.79 (55.13)	3:03.73 (42.94)		

Event 18 Men 65-69 200 LC Meter IM

NATL: 2:25.22 N 8/19/2016 RICK COLELLA

1	Sanchez, Greg	67	North Carolina Masters Swimmin-13		2:45.44	9
	r:+0.82 33.82	1:16.37 (42.55)	2:08.22 (51.85)	2:45.44 (37.22)		
2	Archer, Branch	65	Longhorn Aquatics-43		2:46.33	7
	r:+0.88 34.26	1:17.94 (43.68)	2:08.70 (50.76)	2:46.33 (37.63)		
3	Woolley, Ken	66	Lone Star Masters-26		3:31.50	6
	r:+0.94 45.06	1:45.60 (1:00.54)	2:46.95 (1:01.35)	3:31.50 (44.55)		
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48		3:35.62	5
	r:+0.82 47.89	1:46.83 (58.94)	2:49.51 (1:02.68)	3:35.62 (46.11)		

Event 18 Men 70-74 200 LC Meter IM

NATL: 2:35.97 N 7/1/2023 RICK COLELLA

1	Darrow, Larry	72	Lone Star Masters-26		3:49.03	9
	r:+1.16 45.37	1:43.32 (57.95)	2:57.41 (1:14.09)	3:49.03 (51.62)		

Event 18 Men 75-79 200 LC Meter IM

NATL: 2:53.12 N 7/23/2023 JOEL WILSON

1	Fox, Michael	75	Uc45		3:32.26	9
	r:+1.19 47.09		2:47.39 ()	3:32.26 (44.87)		

Event 19 Women 18-24 100 LC Meter Backstroke

NATL: 1:04.67 N 7/20/2012 JENNY VON JOUANNE

1	Jackson, Samantha	21	Texas Ford Aquatics Masters-26		1:29.47	9
	r:+0.95 43.52	1:29.47 (45.95)				

Event 19 Women 25-29 100 LC Meter Backstroke

NATL: 1:01.60 N 7/31/2018 EMI MORONUKI

1	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26		1:15.06	9
	r:+0.65 36.40	1:15.06 (38.66)				
2	Miller, Rylie	27	Lone Star Masters-26		1:17.65	7
	r:+0.63 37.29	1:17.65 (40.36)				
3	Boring, Sophie	26	Lone Star Masters-26		1:21.13	6
	r:+0.61 37.94	1:21.13 (43.19)				

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NATL: 1:01.78 N 8/6/2011 NORIKO INADA

1	Pickett, Sarah	31	Lone Star Masters-26	1:22.01	9
	r:+0.99 38.55		1:22.01 (43.46)		
2	Miller, Rebecca	30	Minnesota Masters Swim Club-30	1:27.77	7
	r:+0.72 42.37		1:27.77 (45.40)		

Event 19 Women 35-39 100 LC Meter Backstroke

NATL: 1:01.75 N 8/19/2017 NORIKO INADA

1	Wilson, Jacquelyn	38	Lone Star Masters-26	1:18.31	9
	r:+0.63 37.79		1:18.31 (40.52)		

Event 19 Women 45-49 100 LC Meter Backstroke

NATL: 1:07.45 N 5/19/2024 JENNIFER MIHALIK

1	Enderle, Wendy	47	Southern Masters Swimmers-24	1:13.51	9
	r:+0.59 34.42		1:13.51 (39.09)		
2	Heughan, Lee	47	Lone Star Masters-26	1:19.28	7
	r:+0.70 38.26		1:19.28 (41.02)		

Event 19 Women 50-54 100 LC Meter Backstroke

NATL: 1:09.28 N 8/8/2014 ELLEN REYNOLDS

1	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	1:51.80	9
	r:+0.73 53.38		1:51.80 (58.42)		

Event 19 Women 65-69 100 LC Meter Backstroke

NATL: 1:14.49 N 7/31/2018 LAURA VAL

1	Ingraham, Susan	65	Masters of South Texas-43	1:29.78	9
	r:+0.80 42.94		1:29.78 (46.84)		
2	Pederson, Deborah	67	Masters of South Texas-43	2:11.09	7
	r:+0.81 1:03.82		2:11.09 (1:07.27)		

Event 19 Women 70-74 100 LC Meter Backstroke

NATL: 1:16.27 N 8/4/2023 LAURA VAL

1	Ray, Dianna	70	Lone Star Masters-26	1:38.78	9
	r:+0.74 47.71		1:38.78 (51.07)		

Event 19 Women 80-84 100 LC Meter Backstroke

NATL: 1:46.16 N 7/1/2023 JOY WARD

1	Hlavacek, Ida	82	Lone Star Masters-26	2:24.73	9
	r:+0.84 1:10.86		2:24.73 (1:13.87)		
2	Marsch, Gail	84	Masters of South Texas-43	2:33.20	7
	r:+0.90 1:14.18		2:33.20 (1:19.02)		

Event 19 Women 85-89 100 LC Meter Backstroke

NATL: 1:53.28 N 3/10/2012 BETTY LORENZI

1	Burke, Dorothy	85	Little Rock Masters-23	2:30.70	9
	r:+0.89 1:14.79		2:30.70 (1:15.91)		

Event 20 Men 18-24 100 LC Meter Backstroke

NATL: 53.61 N 6/27/2012 EUGENE GODSOE

1	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	1:08.13	9
	r:+0.66 32.90		1:08.13 (35.23)		

Event 20 Men 25-29 100 LC Meter Backstroke

NATL: 55.15 N 8/3/2011 ADAM MANIA

1	Garriga, Alexander	28	Lone Star Masters-26	1:09.82	9
	r:+0.60 33.42		1:09.82 (36.40)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 20 Men 30-34 100 LC Meter Backstroke****NATL: 52.71 N 6/30/2017 MATT GREVERS**

1	Tierney, Sam	31	Uc43	1:13.59	9
	r:+0.69 32.39	1:13.59 (41.20)			

Event 20 Men 35-39 100 LC Meter Backstroke**NATL: 53.18 N 6/14/2021 MATT GREVERS**

1	Germain, Gregory	35	Rice Aquatic Masters-25	1:08.40	9
	r:+0.67 33.24	1:08.40 (35.16)			
2	Reynolds, Justin	39	Longhorn Aquatics-43	1:30.94	7
	r:+0.76 44.49	1:30.94 (46.45)			

Event 20 Men 40-44 100 LC Meter Backstroke**NATL: 59.08 N 8/7/2009 MICHAEL ROSS**

1	Griffin, Brendan	41	Club Tribe-12	1:12.45	9
	r:+0.71 34.83	1:12.45 (37.62)			

Event 20 Men 45-49 100 LC Meter Backstroke**NATL: 59.57 N 8/4/2023 CHUCK BARNES**

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	1:06.15	9
	r:+0.64 31.65	1:06.15 (34.50)			

Event 20 Men 50-54 100 LC Meter Backstroke**NATL: 1:01.57 N 8/6/2017 NICOLAS GRANGER**

1	Hiemke, Scott	52	Lone Star Masters-26	1:21.63	9
	r:+0.64 39.68	1:21.63 (41.95)			

Event 20 Men 60-64 100 LC Meter Backstroke**NATL: 1:06.08 N 8/11/2019 JAMIE FOWLER**

1	Pegues, Lex	64	New Braunfels Masters Swimmers-43	1:20.95	9
	r:+0.65 39.66	1:20.95 (41.29)			
2	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	1:21.70	7
	r:+1.11 40.09	1:21.70 (41.61)			
3	Czerwinski, Robert	61	Lone Star Masters-26	1:22.37	6
	r:+0.82 40.35	1:22.37 (42.02)			
4	Sondermann, Axel	61	Lone Star Masters-26	1:26.28	5
	r:+0.81 41.54	1:26.28 (44.74)			

Event 20 Men 65-69 100 LC Meter Backstroke**NATL: 1:09.79 N 7/8/2012 HUGH WILDER**

1	Tierney, Robert	66	Texas Ford Aquatics Masters-26	1:13.16	9
	r:+0.64 34.92	1:13.16 (38.24)			
2	Bludworth, Rocky	65	Lone Star Masters-26	1:47.36	7
	r:+0.88 51.11	1:47.36 (56.25)			
3	Woolley, Ken	66	Lone Star Masters-26	1:51.67	6
	r:+0.71 55.54	1:51.67 (56.13)			
4	Johnson, Brian	67	Team Redbird-33	2:08.26	5
	r:+0.83 1:00.70	2:08.26 (1:07.56)			

Event 20 Men 70-74 100 LC Meter Backstroke**NATL: 1:13.49 N 8/6/2017 HUGH WILDER**

1	Wolf, Tom	70	Lone Star Masters-26	1:10.19N	9
	r:+0.67 33.58	1:10.19 (36.61)			
2	Darrow, Larry	72	Lone Star Masters-26	1:49.15	7
	r:+0.88 50.24	1:49.15 (58.91)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 20 Men 80-84 100 LC Meter Backstroke**

NATL: 1:22.06 N 8/4/2023 RICHARD BURNS

1	Welty, Bob	80	Lone Star Masters-26	1:51.69	9
	r:+0.76 53.19		1:51.69 (58.50)		
2	Thatcher, Sandy	81	Lone Star Masters-26	2:15.85	7
	r:+1.05 1:05.99		2:15.85 (1:09.86)		

Event 21 Women 18-24 50 LC Meter Butterfly

NATL: 27.83 N 8/4/2022 ALICIA CARDIE

1	Josko, Julita	20	City of Plano Swimmers Wetcats-26	33.52	9
	r:+0.69				
2	Koceich, Madison	24	Mid-Cities Arlington Swimming-26	40.45	7
	r:+0.90				

Event 21 Women 25-29 50 LC Meter Butterfly

NATL: 26.78 N 8/4/2022 AI SOMA

1	Trahan, Erin	27	Lone Star Masters-26	28.31	9
	r:+0.68				
2	Wang, Sheena	28	Longhorn Aquatics-43	31.60	7
	r:+0.72				
3	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	32.33	6
	r:+0.73				
4	Myers, Morgan	28	Tulsa Masters Swim Club-27	33.38	5
	r:+0.78				
5	LunaHowell, Mason	25	Masters of South Texas-43	36.50	4
	r:+0.80				
6	Miller, Alyse	29	Cowtown Swimming-26	37.34	3
	r:+0.80				

Event 21 Women 30-34 50 LC Meter Butterfly

NATL: 27.48 N 6/7/2008 MARTINA MORAVCOVA

1	Lampe, Corinne	33	Uc26	33.92	9
	r:+0.82				
2	Batten, Courtney	33	Lone Star Masters-26	37.56	7
	r:+0.71				
3	Merianos, Jacky	33	Lone Star Masters-26	40.73	6
	r:+0.85				
4	Miller, Rebecca	30	Minnesota Masters Swim Club-30	42.91	5
	r:+0.78				

Event 21 Women 35-39 50 LC Meter Butterfly

NATL: 27.46 N 8/5/2014 NORIKO INADA

1	Whitehead, Laurel	35	Lone Star Masters-26	30.67	9
	r:+0.74				
2	Orr, Laura	36	Lone Star Masters-26	35.22	7
	r:+0.87				

Event 21 Women 40-44 50 LC Meter Butterfly

NATL: 28.36 N 6/8/2013 ERIKA BRAUN

1	Warren, Laura	44	Lone Star Masters-26	30.36	9
	r:+0.73				
2	Poteet, Christina	40	O2 Performance Aquatics-26	31.18	7
	r:+0.75				
3	Grover, Mollie	43	Terrapin Masters-10	31.20	6
	r:+0.74				

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(Event 21 Women 40-44 50 LC Meter Butterfly)

4	Frees, Heather	41	Lone Star Masters-26	34.35	5
	r:+0.74				

Event 21 Women 45-49 50 LC Meter Butterfly

NATL: 28.40 N 8/5/2017 ERIKA BRAUN

1	Enderle, Wendy	47	Southern Masters Swimmers-24	33.26	9
	r:+0.73				

Event 21 Women 50-54 50 LC Meter Butterfly

NATL: 29.47 N 8/4/2022 ERIKA BRAUN

1	Braun, Erika	52	North Carolina Masters Swimmin-13	29.97	9
	r:+0.75				
2	Visser, Linda	54	Houston Cougar Masters-25	33.74	7
	r:+0.83				
3	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	43.90	6
	r:+0.85				

Event 21 Women 55-59 50 LC Meter Butterfly

NATL: 30.52 N 7/10/2016 LESLIE LIVINGSTON

1	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	40.21	9
	r:+0.89				
2	Gray, Christina	58	Lone Star Masters-26	42.82	7
	r:+1.13				
3	Lopez, Xiomara	55	02 Performance Aquatics-26	1:10.40	6
	r:+1.16				

Event 21 Women 60-64 50 LC Meter Butterfly

NATL: 29.90 N 8/4/2023 HOLLY GREEN

1	Sappey, Collette	60	Colorado Masters Swimming-32	33.28	9
	r:+0.87				
2	Matherne, Susan	62	Rice Aquatic Masters-25	34.71	7
	r:+0.96				
3	Smart, Denise	62	Tulsa Masters Swim Club-27	35.58	6
	r:+0.76				
4	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	37.48	5
	r:+0.82				

Event 21 Women 65-69 50 LC Meter Butterfly

NATL: 32.36 N 8/7/2023 TRACI GRANGER

1	Ingraham, Susan	65	Masters of South Texas-43	38.01	9
	r:+0.83				
2	Kersten, Holly	66	Texas Ford Aquatics Masters-26	38.46	7
	r:+0.91				
3	Russell, Melissa	66	Lone Star Masters-26	50.30	6
	r:+0.98				
4	Lampe, Betty	69	Colonials 1776-8	53.20	5
	r:+1.05				
5	Schueckler, Leslie	69	Masters of South Texas-43	59.22	4
	r:+0.93				
6	Lennon, Dana	66	Lone Star Masters-26	1:05.39	3
	r:+1.14				

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Event 21 Women 70-74 50 LC Meter Butterfly

NATL: 34.43 N 1/19/2024 PENNY NOYES

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	35.50	9
	r:+0.80				

Event 21 Women 75-79 50 LC Meter Butterfly

NATL: 44.95 N 8/1/2004 GAIL ROPER

1	Stewart, Jamie	76	Masters of South Texas-43	50.65	9
	r:+1.02				

Event 21 Women 80-84 50 LC Meter Butterfly

NATL: 47.37 N 3/7/2009 GAIL ROPER

1	Sauer, DeEtte	83	Masters of South Texas-43	1:08.96	9
2	Hlavacek, Ida	82	Lone Star Masters-26	1:17.86	7

Event 22 Men 18-24 50 LC Meter Butterfly

NATL: 24.20 N 8/8/2014 THOMAS SHIELDS

1	Sok, Vincent	22	Cowtown Swimming-26	28.43	9
	r:+0.68				
2	Wurtz, Tanner	22	Cowtown Swimming-26	29.43	7
	r:+0.72				
3	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	29.89	6
	r:+0.75				
4	Henson, David	24	Mid-Cities Arlington Swimming-26	30.14	5
	r:+0.77				
5	Alvarez, Camilo	24	Lone Star Masters-26	31.60	4
	r:+0.67				
6	Rose, Dylan	22	Woodlands Masters Swim Team-25	35.48	3
	r:+0.73				

Event 22 Men 25-29 50 LC Meter Butterfly

NATL: 23.71 N 8/16/2008 KOHEI KAWAMOTO

1	Shozda, Alex	28	Lone Star Masters-26	28.06	9
	r:+0.66				
2	Thompson, Noah	27	Lone Star Masters-26	28.07	7
	r:+0.76				
3	Dorsey, Brad	29	Lone Star Masters-26	29.57	6
	r:+0.70				
4	Armstrong, Trayton	26	Uc26	32.27	5
	r:+0.75				
5	Boring, Joshua	27	Lone Star Masters-26	42.50	4
	r:+0.98				
6	Chuanromanee, Tee	27	Lone Star Masters-26	45.04	3
	r:+0.83				

Event 22 Men 30-34 50 LC Meter Butterfly

NATL: 23.26 N 7/13/2013 ROLAND SCHOEMAN

1	Smith, Mark	30	Terrapin Masters-10	27.76	9
	r:+0.72				
2	Sussmeier, Robert	34	O2 Performance Aquatics-26	28.35	7
	r:+0.80				
3	Fatora, Morgan	30	Lone Star Masters-26	29.98	6
	r:+0.70				

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1	Owen, Cameron	35	Southeastern Area Masters Swim-16	25.26	9
	r:+0.70				
2	Germain, Gregory	35	Rice Aquatic Masters-25	28.94	7
	r:+0.73				
3	Banos, Antonio	39	Uc26	29.42	6
	r:+0.70				
4	Thomas, Harold	38	Lone Star Masters-26	29.85	5
	r:+0.82				
5	Duong, William	35	Lone Star Masters-26	35.49	4
	r:+0.77				
6	Reynolds, Justin	39	Longhorn Aquatics-43	38.10	3
	r:+0.79				

Event 22 Men 40-44 50 LC Meter Butterfly**NATL: 25.11 N 6/9/2018 JAMES ZENYUH**

1	Ingraham, Chase	42	Masters of South Texas-43	29.93	9
	r:+0.87				
2	Strahota, Jeffrey	44	Terrapin Masters-10	31.34	7
	r:+0.75				

Event 22 Men 45-49 50 LC Meter Butterfly**NATL: 25.24 N 10/10/2021 CHUCK BARNES**

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	28.09	9
	r:+0.69				
2	Reed, Benjamin	49	O2 Performance Aquatics-26	32.26	7
	r:+0.80				
3	Anton, Michael	47	Texas Ford Aquatics Masters-26	36.56	6
	r:+0.81				

Event 22 Men 50-54 50 LC Meter Butterfly**NATL: 25.88 N 8/16/2008 PAUL CARTER**

1	Mastracchio, Dominic	50	Little Rock Masters-23	28.97	9
	r:+0.70				
2	Seabert, William	50	Fort Worth Area Swim Team-26	29.59	7
	r:+0.83				
3	Glass, Mark	50	Lone Star Masters-26	30.65	6
	r:+0.75				
4	Langley, Matthew	54	Longhorn Aquatics-43	31.19	5
	r:+0.86				
5	Dietrich, Jim	53	Novaquatics Masters-33	31.80	4
	r:+0.69				
6	Dunn, Russell	50	Lone Star Masters-26	32.41	3
	r:+0.86				
7	Hiemke, Scott	52	Lone Star Masters-26	33.01	2
	r:+0.69				

Event 22 Men 55-59 50 LC Meter Butterfly**NATL: 26.56 N 10/10/2021 STEVE HILTABIDDLE**

1	Hiltabiddle, Steve	58	Colonials 1776-8	28.05	9
	r:+0.72				
2	Harman, Brad	56	Lone Star Masters-26	35.08	7
	r:+0.75				

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Event 22 Men 60-64 50 LC Meter Butterfly

NATL: 27.85 N 8/6/2017 TRIP HEDRICK

1	Nichols, Steve	60	Team Walker-43	28.59	9
	r:+0.75				
2	Doyle, Michael	60	Lone Star Masters-26	31.74	7
	r:+0.81				
3	Daudelin, Andy	60	Lone Star Masters-26	34.62	6
	r:+0.90				
4	Nelson, T Kevin	61	Masters of South Texas-43	40.35	5
	r:+0.98				

Event 22 Men 65-69 50 LC Meter Butterfly

NATL: 28.38 N 8/8/2021 TRIP HEDRICK

1	Sanchez, Greg	67	North Carolina Masters Swimmin-13	31.88	9
	r:+0.78				
2	Leigh, Jay	66	Lone Star Masters-26	32.45	7
	r:+0.79				
3	Woolley, Ken	66	Lone Star Masters-26	41.69	6
	r:+0.97				
4	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	45.41	5
	r:+0.90				

Event 22 Men 80-84 50 LC Meter Butterfly

NATL: 34.39 N 8/4/2023 RICHARD BURNS

1	Welty, Bob	80	Lone Star Masters-26	57.33	9
	r:+0.94				

Event 23 Women 18-24 200 LC Meter Breaststroke

NATL: 2:35.23 N 4/22/2023 CAROLINE THEIL

1	Lugbill, Ashley	22	Lone Star Masters-26	2:51.12	9
	r:+0.79 38.37	1:21.90 (43.53)	2:06.12 (44.22)	2:51.12 (45.00)	
2	Braden, Malia	21	Uc31	3:30.08	7
	r:+0.77 45.85	1:38.01 (52.16)	2:33.48 (55.47)	3:30.08 (56.60)	
3	Koceich, Madison	24	Mid-Cities Arlington Swimming-26	3:49.94	6
	r:+0.82 52.18	1:49.26 (57.08)	2:50.05 (1:00.79)	3:49.94 (59.89)	

Event 23 Women 25-29 200 LC Meter Breaststroke

NATL: 2:29.90 N 6/26/2013 JUSTINE MUELLER

1	Alpha, Megan	26	Lone Star Masters-26	3:14.38	9
	r:+0.82 43.34	1:33.55 (50.21)	2:24.14 (50.59)	3:14.38 (50.24)	

Event 23 Women 30-34 200 LC Meter Breaststroke

NATL: 2:38.90 N 7/23/2017 MARISSA CLAPP

1	Randolph, Courtney	33	Terrapin Masters-10	2:55.87	9
	r:+0.79 40.52	1:25.23 (44.71)	2:10.00 (44.77)	2:55.87 (45.87)	

Event 23 Women 45-49 200 LC Meter Breaststroke

NATL: 2:32.86 N 5/28/2023 GABRIELLE ROSE

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	3:04.89	9
	r:+0.84 42.42	1:29.58 (47.16)	2:17.88 (48.30)	3:04.89 (47.01)	
2	Upton, Alexandra	48	Lone Star Masters-26	3:44.54	7
	r:+0.96 52.31	1:48.77 (56.46)	2:45.93 (57.16)	3:44.54 (58.61)	

Event 23 Women 50-54 200 LC Meter Breaststroke

NATL: 2:54.00 N 8/6/2016 ELLEN REYNOLDS

1	Visser, Linda	54	Houston Cougar Masters-25	3:04.80	9
	r:+0.80 42.76	1:29.58 (46.82)	2:17.13 (47.55)	3:04.80 (47.67)	

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Event 23 Women 60-64 200 LC Meter Breaststroke

NATL: 3:00.11 N 3/2/2024 ELLEN REYNOLDS

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	3:36.07	9
	r:+0.81 49.09	1:42.51 (53.42)	2:39.04 (56.53)	3:36.07 (57.03)	

Event 23 Women 65-69 200 LC Meter Breaststroke

NATL: 3:19.03 N 8/4/2023 KAREN MAREB

1	Lampe, Betty	69	Colonials 1776-8	4:28.26	9
	r:+1.02 59.21	2:08.30 (1:09.09)	3:18.42 (1:10.12)	4:28.26 (1:09.84)	

Event 23 Women 70-74 200 LC Meter Breaststroke

NATL: 3:29.91 N 10/9/2021 CHARLOTTE DAVIS

1	Myer, Cynthia	71	O2 Performance Aquatics-26	4:59.39	9
	r:+1.10 1:07.64	2:28.64 (1:21.00)	3:46.63 (1:17.99)	4:59.39 (1:12.76)	

Event 23 Women 75-79 200 LC Meter Breaststroke

NATL: 3:40.84 N 7/19/2014 JOANN LEILICH

1	Stewart, Jamie	76	Masters of South Texas-43	6:13.54	9
	r:+1.14 1:19.72	2:56.87 (1:37.15)	4:38.65 (1:41.78)	6:13.54 (1:34.89)	

Event 23 Women 80-84 200 LC Meter Breaststroke

NATL: 3:59.55 N 7/21/2019 JOANN LEILICH

1	Hlavacek, Ida	82	Lone Star Masters-26	7:38.47	9
	1:41.36	3:37.97 (1:56.61)	5:40.49 (2:02.52)	7:38.47 (1:57.98)	

Event 23 Women 85-89 200 LC Meter Breaststroke

NATL: 5:04.17 N 8/6/2016 ANN HIRSCH

1	Leilich, Joann	85	Woodlands Masters Swim Team-25	4:26.79 N	9
	r:+1.17 1:03.75	2:12.45 (1:08.70)	3:22.41 (1:09.96)	4:26.79 (1:04.38)	
2	Burke, Dorothy	85	Little Rock Masters-23	5:37.32	7
	1:21.71	2:46.94 (1:25.23)	4:14.19 (1:27.25)	5:37.32 (1:23.13)	

Event 24 Men 25-29 200 LC Meter Breaststroke

NATL: 2:10.09 N 6/26/2013 BJ JOHNSON

1	Sok, Sam	26	Cowtown Swimming-26	2:42.92	9
	r:+0.58 38.06	1:20.75 (42.69)	2:01.32 (40.57)	2:42.92 (41.60)	
2	Garriga, Alexander	28	Lone Star Masters-26	2:43.20	7
	r:+0.67 36.49	1:17.16 (40.67)	2:00.48 (43.32)	2:43.20 (42.72)	

Event 24 Men 30-34 200 LC Meter Breaststroke

NATL: 2:11.91 N 6/14/2019 BRANDON FISCHER

1	Hong, Jimmy	34	Longhorn Aquatics-43	3:32.15	9
	r:+0.69 46.72	1:40.23 (53.51)	2:36.86 (56.63)	3:32.15 (55.29)	

Event 24 Men 35-39 200 LC Meter Breaststroke

NATL: 2:13.09 N 6/18/2024 BRANDON FISCHER

1	Baxter, Kyle	38	O2 Performance Aquatics-26	2:46.65	9
	r:+0.67 38.29	1:20.06 (41.77)	2:03.56 (43.50)	2:46.65 (43.09)	

Event 24 Men 45-49 200 LC Meter Breaststroke

NATL: 2:19.44 N 6/22/2018 STEVE WEST

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	2:58.67	9
	r:+0.78 40.17	1:27.05 (46.88)	2:12.87 (45.82)	2:58.67 (45.80)	

Event 24 Men 50-54 200 LC Meter Breaststroke

NATL: 2:24.44 N 7/9/2022 STEVE WEST

1	Yepo, Fabrizio	53	Uc42	3:31.01	9
	r:+0.88 46.60	1:39.17 (52.57)	2:36.38 (57.21)	3:31.01 (54.63)	

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Event 24 Men 55-59 200 LC Meter Breaststroke

NATL: 2:30.63 N 8/21/2016 DAVID GUTHRIE

1	Gale, Andrew	58	Masters of South Texas-43	3:20.14	9
	r:+0.86 44.38	1:36.79 (52.41)	2:29.97 (53.18)	3:20.14 (50.17)	
2	Harman, Brad	56	Lone Star Masters-26	3:33.29	7
	r:+0.74 47.90	1:42.26 (54.36)	2:38.64 (56.38)	3:33.29 (54.65)	

Event 24 Men 60-64 200 LC Meter Breaststroke

NATL: 2:39.49 N 8/6/2022 DAVID GUTHRIE

1	Guthrie, David	64	Rice Aquatic Masters-25	2:45.13	9
	r:+0.78 38.51	1:20.42 (41.91)	2:03.30 (42.88)	2:45.13 (41.83)	
2	Hasegawa, Brian	61	Fina	3:03.26	7
	r:+0.78 41.13	1:26.76 (45.63)	2:14.90 (48.14)	3:03.26 (48.36)	
3	Pegues, Lex	64	New Braunfels Masters Swimmers-43	3:28.58	6
	r:+0.75 48.09	1:41.87 (53.78)	2:36.08 (54.21)	3:28.58 (52.50)	
4	Richey, Steven	64	Masters of South Texas-43	3:35.31	5
	r:+0.87 48.18	1:43.01 (54.83)	2:39.41 (56.40)	3:35.31 (55.90)	
5	Endert, Craig	62	Uc26	3:35.79	4
	r:+0.79 50.09	1:43.27 (53.18)	2:38.67 (55.40)	3:35.79 (57.12)	

Event 24 Men 65-69 200 LC Meter Breaststroke

NATL: 2:41.54 N 8/21/2016 RICK COLELLA

1	Valencia, Alvaro	65	Fina	3:02.08	9
	r:+0.86 41.43	1:27.35 (45.92)	2:14.46 (47.11)	3:02.08 (47.62)	
2	Woolley, Ken	66	Lone Star Masters-26	3:50.05	7
	r:+0.91 52.36	1:52.89 (1:00.53)	2:52.69 (59.80)	3:50.05 (57.36)	
3	Bludworth, Rocky	65	Lone Star Masters-26	4:09.99	6
	r:+1.05 55.17	1:58.30 (1:03.13)	3:04.07 (1:05.77)	4:09.99 (1:05.92)	
4	Shores, Wylie	66	Southern Masters Swimmers-24	4:57.44	5
	r:+0.98 1:06.17	2:22.77 (1:16.60)	3:39.69 (1:16.92)	4:57.44 (1:17.75)	

Event 24 Men 70-74 200 LC Meter Breaststroke

NATL: 2:48.97 N 7/1/2023 RICK COLELLA

1	Darrow, Larry	72	Lone Star Masters-26	4:23.66	9
	r:+1.18 55.54	2:01.55 (1:06.01)	3:13.92 (1:12.37)	4:23.66 (1:09.74)	

Event 25 Women 120-159 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	11:21.15	18
	1) Miller, Rylie W27	2) r:0.61 Batten, Courtney W33	3) r:0.30 Merianos, Jacky W33	4) r:0.60 Wilson, Jacquelyn W38
	r:+0.75 35.04	1:14.43 (1:14.43)	1:54.75 (1:54.75)	2:35.69 (2:35.69)
	3:12.79 (37.10)	3:56.64 (1:20.95)	4:43.42 (2:07.73)	5:29.72 (2:54.03)
		6:47.34 (1:17.62)	7:31.21 (2:01.49)	8:14.98 (2:45.26)
		9:40.36 (1:25.38)	10:30.52 (2:15.54)	11:21.15 (3:06.17)

Event 25 Women 200-239 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	12:49.59	18
	1) Upton, Alexandra W48	2) r:0.58 Gray, Christina W58	3) r:0.79 Hinkamp, Kristianne W65	4) r:0.90 Russell, Melissa W66
	r:+0.86 42.50	1:28.76 (1:28.76)	2:16.23 (2:16.23)	3:04.09 (3:04.09)
	3:46.42 (42.33)	4:34.37 (1:30.28)	5:23.71 (2:19.62)	6:12.16 (3:08.07)
	6:56.60 (44.44)	7:46.59 (1:34.43)	8:37.68 (2:25.52)	9:27.44 (3:15.28)
	10:12.90 (45.46)	11:05.30 (1:37.86)	11:57.80 (2:30.36)	12:49.59 (3:22.15)

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1	Lone Star Masters-26	A	11:45.91	18
	1) Morrison, Lynn W70	2) r:0.67 Woolslayer, Jeannie W71	3) r:0.78 Hirsty, Jacki W72	4) r:0.45 Cole, Janie W71
	r:+0.87 37.55	1:19.67 (1:19.67)	2:05.18 (2:05.18)	2:49.45 (2:49.45)
	3:28.81 (39.36)	4:12.64 (1:23.19)	4:59.30 (2:09.85)	5:46.53 (2:57.08)
	6:26.71 (40.18)	7:10.11 (1:23.58)	7:55.54 (2:09.01)	8:39.98 (2:53.45)
	9:20.98 (41.00)	10:07.07 (1:27.09)	10:56.64 (2:16.66)	11:45.91 (3:05.93)
2	Masters of South Texas-43	A	16:25.00	14
	1) Pederson, Deborah W67	2) r:0.64 Ingraham, Susan W65	3) Stewart, Jamie W76	4) r:0.56 Marsch, Gail W84
	r:+1.05 53.36	1:54.19 (1:54.19)	2:55.75 (2:55.75)	3:51.91 (3:51.91)
	4:32.84 (40.93)	5:19.18 (1:27.27)	6:06.43 (2:14.52)	6:52.14 (3:00.23)
	7:44.88 (52.74)	8:44.67 (1:52.53)	9:45.69 (2:53.55)	10:45.57 (3:53.43)
	12:04.88 (1:19.31)	13:33.55 (2:47.98)	15:02.87 (4:17.30)	16:25.00 (5:39.43)

Event 26 Men 100-119 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	8:46.10	18
	1) Huuki, Erik M23	2) r:0.43 Garriga, Alexander M28	3) r:0.55 Fatora, Morgan M30	4) r:0.08 Smiddy, Samuel M30
	r:+0.76 27.98	58.55 (58.55)	1:29.44 (1:29.44)	1:59.71 (1:59.71)
	2:29.32 (29.61)	3:03.33 (1:03.62)	3:39.25 (1:39.54)	4:15.65 (2:15.94)
	4:47.76 (32.11)	5:24.86 (1:09.21)	6:03.50 (1:47.85)	6:41.30 (2:25.65)
	7:09.18 (27.88)	7:40.61 (59.31)	8:13.76 (1:32.46)	8:46.10 (2:04.80)

Event 26 Men 160-199 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	9:08.04	18
	1) Shozda, Alex M28	2) r:0.31 Thomas, Harold M38	3) r:0.24 Petric, Jan Karel M33	4) r:0.43 Rodriguez Moran, Carlos
	r:+0.66 30.63	1:04.82 (1:04.82)	1:39.38 (1:39.38)	2:13.06 (2:13.06)
		3:28.72 (1:15.66)	4:08.57 (1:55.51)	4:46.95 (2:33.89)
	5:16.87 (29.92)	5:49.25 (1:02.30)	6:22.39 (1:35.44)	6:54.18 (2:07.23)
	7:23.54 (29.36)	7:57.20 (1:03.02)	8:32.87 (1:38.69)	9:08.04 (2:13.86)

Event 26 Men 200-239 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	11:09.15	18
	1) Hiemke, Scott M52	2) r:0.56 Ganus, Dale M51	3) r:0.77 Dunn, Russell M50	4) r:0.94 Harman, Brad M56
	r:+0.87 34.31	1:12.14 (1:12.14)	1:51.41 (1:51.41)	2:30.37 (2:30.37)
	3:09.56 (39.19)	3:53.92 (1:23.55)	4:38.78 (2:08.41)	5:22.94 (2:52.57)
	6:03.14 (40.20)	6:49.85 (1:26.91)	7:39.03 (2:16.09)	8:27.87 (3:04.93)
		9:45.33 (1:17.46)	10:28.34 (2:00.47)	11:09.15 (2:41.28)

Event 26 Men 240-279 800 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	11:18.12	18
	1) Doyle, Michael M60	2) r:0.70 Alkire, Jim M66	3) r:0.75 Bludworth, Rocky M65	4) r:0.35 Czerwinski, Robert M61
	r:+0.81 34.85	1:13.21 (1:13.21)	1:53.33 (1:53.33)	2:31.33 (2:31.33)
	3:11.01 (39.68)	3:56.39 (1:25.06)	4:42.80 (2:11.47)	5:27.28 (2:55.95)
	6:08.15 (40.87)	6:57.32 (1:30.04)	7:49.43 (2:22.15)	8:42.84 (3:15.56)
	9:17.61 (34.77)	9:56.25 (1:13.41)	10:37.38 (1:54.54)	11:18.12 (2:35.28)

Event 27 Mixed 100-119 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	3:57.37	18
	1) Thompson, Noah M27	2) r:0.33 Spadoni, Marina W31	3) r:0.39 Trahan, Erin W27	4) r:0.23 Shozda, Alex M28
	r:+0.79 28.18	59.52 (59.52)	1:27.77 (28.25)	1:59.02 (59.50)
	2:28.47 (29.45)	3:01.19 (1:02.17)	3:28.07 (26.88)	3:57.37 (56.18)

Event 27 Mixed 160-199 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	4:42.79	18
	1) Glass, Mark M50	2) r:0.41 Alpha, Megan W26	3) r:0.69 Boring, Sophie W26	4) r:0.41 Leigh, Jay M66
	r:+0.73 31.31	1:04.96 (1:04.96)	1:38.02 (33.06)	2:16.13 (1:11.17)
	2:50.61 (34.48)	3:32.95 (1:16.82)	4:07.31 (34.36)	4:42.79 (1:09.84)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 27 Mixed 200-239 400 LC Meter Freestyle Relay**

1 Lone Star Masters-26	A	5:18.92	18
1) Christian, Tom M71	2) r:0.81 Heughan, Lee W47	3) r:0.58 Brodeur, Diana W49	4) r:0.41 Daudelin, Andy M60
r:+1.13 42.67	1:30.58 (1:30.58)	2:03.74 (33.16)	2:40.20 (1:09.62)
3:18.94 (38.74)	4:03.90 (1:23.70)	4:39.46 (35.56)	5:18.92 (1:15.02)

Event 27 Mixed 280-319 400 LC Meter Freestyle Relay

1 Lone Star Masters-26	A	4:39.44	18
1) Wolf, Tom M70	2) r:0.44 Morrison, Lynn W70	3) r:0.44 Woolslayer, Jeannie W71	4) r:0.46 Williams, Bruce M71
r:+0.99 32.32	1:05.87 (1:05.87)	1:40.46 (34.59)	2:18.64 (1:12.77)
2:55.58 (36.94)	3:36.79 (1:18.15)	4:06.31 (29.52)	4:39.44 (1:02.65)
2 Lone Star Masters-26	B	8:11.84	14
1) Dillon, Thomas M83	2) Klimko, Sue W64	3) Hlavacek, Ida W82	4) r:0.35 Welty, Bob M80
1:12.38	3:19.71 ()	4:11.80 ()	
5:16.16 (1:04.36)	6:27.67 (2:15.87)	7:17.62 (49.95)	8:11.84 (1:44.17)

Event 28 Women 30-34 800 LC Meter Freestyle

NATL: 8:46.22 N 5/30/2010 DAWN HECKMAN

1 Pickett, Sarah	31 Lone Star Masters-26	11:50.18	9
r:+0.85 38.25	1:21.59 (43.34)	2:06.90 (45.31)	2:52.31 (45.41)
3:37.88 (45.57)	4:23.59 (45.71)	5:08.87 (45.28)	5:54.13 (45.26)
6:39.53 (45.40)	7:24.78 (45.25)	8:09.92 (45.14)	8:55.01 (45.09)
9:40.21 (45.20)	10:24.77 (44.56)	11:08.84 (44.07)	11:50.18 (41.34)
2 Miller, Rebecca	30 Minnesota Masters Swim Club-30	12:31.46	7
r:+0.84 41.64	1:28.00 (46.36)	2:14.25 (46.25)	3:01.42 (47.17)
3:48.55 (47.13)	4:36.41 (47.86)	5:23.98 (47.57)	6:11.89 (47.91)
6:59.27 (47.38)	7:48.11 (48.84)	8:35.86 (47.75)	9:24.02 (48.16)
10:11.72 (47.70)	10:59.45 (47.73)	11:46.29 (46.84)	12:31.46 (45.17)

Event 28 Women 35-39 800 LC Meter Freestyle

NATL: 8:47.28 N 6/3/2012 DAWN HECKMAN

1 Wilson, Jacquelyn	38 Lone Star Masters-26	12:18.19	9
r:+0.70 38.61	1:22.42 (43.81)	2:08.72 (46.30)	2:55.78 (47.06)
3:43.34 (47.56)	4:30.87 (47.53)	5:18.53 (47.66)	6:05.80 (47.27)
6:53.04 (47.24)	7:40.15 (47.11)	8:28.54 (48.39)	9:15.90 (47.36)
9:58.45 (42.55)	10:50.64 (52.19)	11:24.78 (34.14)	12:18.19 (53.41)

Event 28 Women 40-44 800 LC Meter Freestyle

NATL: 8:59.06 N 6/11/2011 JANET EVANS

1 Frees, Heather	41 Lone Star Masters-26	10:47.96	9
r:+0.74 35.50	1:14.56 (39.06)	1:54.86 (40.30)	2:35.34 (40.48)
3:16.51 (41.17)	3:57.53 (41.02)	4:38.99 (41.46)	5:20.46 (41.47)
6:02.32 (41.86)	6:44.16 (41.84)	7:25.67 (41.51)	8:06.85 (41.18)
8:47.78 (40.93)	9:28.26 (40.48)	10:08.55 (40.29)	10:47.96 (39.41)

Event 28 Women 45-49 800 LC Meter Freestyle

NATL: 9:11.47 N 6/27/2021 HEIDI GEORGE

1 Rogers, Jenny	47 Lone Star Masters-26	12:50.82	9
r:+0.98 40.97	1:26.29 (45.32)	2:14.38 (48.09)	3:02.92 (48.54)
3:50.98 (48.06)	4:39.76 (48.78)	5:28.52 (48.76)	6:18.19 (49.67)
7:07.46 (49.27)	7:56.76 (49.30)	8:46.64 (49.88)	9:35.71 (49.07)
10:25.14 (49.43)	11:15.19 (50.05)	12:03.77 (48.58)	12:50.82 (47.05)
2 Upton, Alexandra	48 Lone Star Masters-26	12:58.64	7
r:+0.89 44.27	1:31.76 (47.49)	2:20.46 (48.70)	3:10.02 (49.56)
3:59.18 (49.16)	4:48.21 (49.03)	5:37.51 (49.30)	6:26.72 (49.21)
7:15.54 (48.82)	8:05.60 (50.06)	8:55.50 (49.90)	9:45.68 (50.18)
10:35.12 (49.44)	11:24.86 (49.74)	12:12.28 (47.42)	12:58.64 (46.36)

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 28 Women 45-49 800 LC Meter Freestyle)**

3	Brodeur, Diana	49	Lone Star Masters-26	13:43.47	6
	r:+1.02 44.84	1:33.84 (49.00)	2:24.99 (51.15)	3:16.79 (51.80)	
	4:08.87 (52.08)	5:01.28 (52.41)	5:55.07 (53.79)	6:46.71 (51.64)	
	7:38.95 (52.24)	8:31.52 (52.57)	9:24.38 (52.86)	10:17.38 (53.00)	
	11:10.08 (52.70)	12:02.75 (52.67)	12:42.75 (40.00)	13:43.47 (1:00.72)	
4	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	20:35.85	5
	1:03.19	2:18.39 (1:15.20)	3:37.04 (1:18.65)	4:55.51 (1:18.47)	
	6:13.72 (1:18.21)	7:33.95 (1:20.23)	8:54.73 (1:20.78)	10:11.49 (1:16.76)	
	11:31.95 (1:20.46)	12:51.13 (1:19.18)	14:11.04 (1:19.91)	15:30.09 (1:19.05)	
	16:49.15 (1:19.06)	18:07.81 (1:18.66)	19:25.89 (1:18.08)	20:35.85 (1:09.96)	

Event 28 Women 50-54 800 LC Meter Freestyle**NATL: 9:34.12 N 7/23/2016 SUSAN PRESTON**

1	Moore, Alison	54	Lone Star Masters-26	11:35.53	9
	r:+0.93 39.77	1:22.97 (43.20)	2:07.38 (44.41)	2:51.56 (44.18)	
	3:35.67 (44.11)	4:19.55 (43.88)	5:03.66 (44.11)	5:47.30 (43.64)	
	6:31.34 (44.04)	7:14.90 (43.56)	7:58.88 (43.98)	8:42.71 (43.83)	
	9:26.58 (43.87)	10:10.19 (43.61)	10:53.52 (43.33)	11:35.53 (42.01)	
2	Mackinnon, Amy	53	02 Performance Aquatics-26	16:04.31	7
	r:+0.87 52.42	1:49.56 (57.14)	2:49.82 (1:00.26)	3:50.37 (1:00.55)	
	4:51.65 (1:01.28)	5:52.85 (1:01.20)	6:55.38 (1:02.53)	7:56.81 (1:01.43)	
	8:58.76 (1:01.95)	10:00.75 (1:01.99)	11:02.41 (1:01.66)	12:02.96 (1:00.55)	
	13:04.24 (1:01.28)	14:05.10 (1:00.86)	15:06.17 (1:01.07)	16:04.31 (58.14)	

Event 28 Women 55-59 800 LC Meter Freestyle**NATL: 9:46.56 N 7/25/2015 JILL HERNANDEZ**

1	Gray, Christina	58	Lone Star Masters-26	13:23.73	9
	r:+1.18 44.04	1:31.24 (47.20)	2:20.85 (49.61)	3:11.03 (50.18)	
	4:02.02 (50.99)	4:52.94 (50.92)	5:43.92 (50.98)	6:35.42 (51.50)	
	7:26.25 (50.83)	8:17.71 (51.46)	9:09.78 (52.07)	10:01.65 (51.87)	
	10:53.11 (51.46)	11:44.77 (51.66)	12:35.48 (50.71)	13:23.73 (48.25)	

Event 28 Women 60-64 800 LC Meter Freestyle**NATL: 10:18.82 N 6/18/2022 LYNN MARSHALL**

1	Reynolds, Ellen	60	Team Redbird-33	10:47.54	9
	r:+0.86 34.89	1:12.16 (37.27)	1:49.91 (37.75)	2:28.73 (38.82)	
	3:07.86 (39.13)	3:46.50 (38.64)	4:25.18 (38.68)	5:03.84 (38.66)	
	5:42.12 (38.28)	6:35.19 (53.07)	7:22.02 (46.83)	8:04.63 (42.61)	
	8:45.94 (41.31)	9:26.23 (40.29)	10:07.38 (41.15)	10:47.54 (40.16)	
2	Klimko, Sue	64	Lone Star Masters-26	14:12.86	7
	r:+0.98 47.80	1:39.54 (51.74)	2:33.58 (54.04)	3:27.53 (53.95)	
	4:21.02 (53.49)	5:14.95 (53.93)	6:08.66 (53.71)	7:02.41 (53.75)	
	7:56.33 (53.92)	8:50.45 (54.12)	9:45.02 (54.57)	10:38.70 (53.68)	
	11:33.11 (54.41)	12:26.73 (53.62)	13:21.34 (54.61)	14:12.86 (51.52)	
3	Holmes, Ginnie	61	02 Performance Aquatics-26	19:49.36	6
	r:+1.13 1:09.01	2:22.81 (1:13.80)	3:37.77 (1:14.96)	4:52.03 (1:14.26)	
	6:07.40 (1:15.37)	7:22.97 (1:15.57)	8:37.33 (1:14.36)	9:51.30 (1:13.97)	
	11:06.41 (1:15.11)	12:20.85 (1:14.44)	13:37.87 (1:17.02)	14:52.67 (1:14.80)	
	16:08.91 (1:16.24)	17:23.98 (1:15.07)	18:39.80 (1:15.82)	19:49.36 (1:09.56)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 28 Women 65-69 800 LC Meter Freestyle****NATL: 10:49.60 N 7/15/2017 LAURA VAL**

1	Ingraham, Susan	65	Masters of South Texas-43	11:51.36	9
	r:+0.82 39.14	1:23.85 (44.71)	2:10.70 (46.85)	2:55.65 (44.95)	
	3:41.71 (46.06)	4:26.62 (44.91)	5:11.76 (45.14)	5:56.90 (45.14)	
	6:42.02 (45.12)	7:27.34 (45.32)	8:12.75 (45.41)	8:58.03 (45.28)	
	9:43.11 (45.08)	10:27.94 (44.83)	11:11.03 (43.09)	11:51.36 (40.33)	
2	Russell, Melissa	66	Lone Star Masters-26	13:52.54	7
	r:+0.90 45.61	1:37.02 (51.41)	2:28.71 (51.69)	3:21.28 (52.57)	
	4:13.29 (52.01)	5:05.76 (52.47)	5:58.20 (52.44)	6:51.50 (53.30)	
	7:44.10 (52.60)	8:37.48 (53.38)	9:30.31 (52.83)	10:23.82 (53.51)	
	11:16.78 (52.96)	12:10.10 (53.32)	13:02.22 (52.12)	13:52.54 (50.32)	
3	Hinkamp, Kristianne	65	Lone Star Masters-26	13:58.32	6
	r:+0.93 46.41	1:37.64 (51.23)	2:29.93 (52.29)	3:23.42 (53.49)	
	4:16.65 (53.23)	5:09.80 (53.15)	6:03.54 (53.74)	6:56.14 (52.60)	
	7:50.15 (54.01)	8:42.07 (51.92)	9:35.73 (53.66)	10:28.42 (52.69)	
	11:22.24 (53.82)	12:14.19 (51.95)	13:07.16 (52.97)	13:58.32 (51.16)	
4	Lampe, Betty	69	Colonials 1776-8	14:01.30	5
	r:+1.10 48.12	1:40.36 (52.24)	2:34.05 (53.69)	3:28.08 (54.03)	
	4:21.67 (53.59)	5:14.81 (53.14)	6:07.65 (52.84)	7:00.52 (52.87)	
	7:53.36 (52.84)	8:46.88 (53.52)	9:39.64 (52.76)	10:32.33 (52.69)	
	11:26.04 (53.71)	12:18.58 (52.54)	13:11.23 (52.65)	14:01.30 (50.07)	
5	Lennon, Dana	66	Lone Star Masters-26	20:58.86	4
	r:+1.17 1:04.91	2:22.03 (1:17.12)	3:41.68 (1:19.65)	5:00.20 (1:18.52)	
	6:20.49 (1:20.29)	7:40.62 (1:20.13)		9:01.35 ()	
	10:21.07 (1:19.72)	11:40.04 (1:18.97)	13:01.81 (1:21.77)		
	15:41.50 ()	20:58.86 (5:17.36)			

Event 28 Women 80-84 800 LC Meter Freestyle**NATL: 15:12.94 N 7/15/2007 JEAN TROY**

1	Sauer, DeEtte	83	Masters of South Texas-43	18:07.31	9
	1:08.82	2:16.45 (1:07.63)	3:27.99 (1:11.54)	4:38.31 (1:10.32)	
	5:46.78 (1:08.47)	6:56.17 (1:09.39)	8:04.72 (1:08.55)	9:13.03 (1:08.31)	
	10:20.28 (1:07.25)	11:28.25 (1:07.97)	12:36.37 (1:08.12)	13:44.54 (1:08.17)	
	14:52.36 (1:07.82)	15:58.81 (1:06.45)	17:06.51 (1:07.70)	18:07.31 (1:00.80)	

Event 28 Men 18-24 800 LC Meter Freestyle**NATL: 8:44.80 N 8/6/2015 RYAN ROSENBAUM**

1	Henderson, Myles	23	Terrapin Masters-10	9:27.27	9
	r:+0.70 32.11	1:06.35 (34.24)	1:41.86 (35.51)	2:17.37 (35.51)	
	2:53.66 (36.29)	3:29.31 (35.65)	4:05.33 (36.02)	4:41.19 (35.86)	
	5:17.53 (36.34)	5:53.19 (35.66)	6:29.10 (35.91)	7:05.37 (36.27)	
	7:41.30 (35.93)	8:16.92 (35.62)	8:52.52 (35.60)	9:27.27 (34.75)	

Event 28 Men 30-34 800 LC Meter Freestyle**NATL: 8:28.76 N 8/7/2019 CHAD LA TOURETTE**

1	Stickle, Christopher	34	St Pete Masters Inc-14	9:50.94	9
	r:+0.80 31.85	1:07.76 (35.91)	1:45.09 (37.33)	2:22.72 (37.63)	
	3:00.72 (38.00)	3:38.27 (37.55)	4:16.25 (37.98)	4:53.65 (37.40)	
	5:31.80 (38.15)	6:09.23 (37.43)	6:46.93 (37.70)	7:24.47 (37.54)	
	8:02.06 (37.59)	8:39.32 (37.26)	9:15.40 (36.08)	9:50.94 (35.54)	
2	Hong, Jimmy	34	Longhorn Aquatics-43	12:09.65	7
	r:+0.73 39.29	1:22.99 (43.70)	2:08.31 (45.32)	2:54.24 (45.93)	
	3:40.02 (45.78)	4:27.01 (46.99)	5:13.96 (46.95)	6:01.25 (47.29)	
	6:49.27 (48.02)	7:37.05 (47.78)	8:24.13 (47.08)	9:11.14 (47.01)	
	9:57.86 (46.72)	10:44.04 (46.18)	11:28.82 (44.78)	12:09.65 (40.83)	

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Results

Event 28 Men 45-49 800 LC Meter Freestyle

NATL: 8:51.98 N 8/9/2010 JEFF ERWIN

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	11:38.52	9
	r:+0.71 30.74	1:05.33 (34.59)	1:40.77 (35.44)	2:14.89 (34.12)	
	3:15.48 (1:00.59)	4:03.97 (48.49)	4:50.93 (46.96)	5:39.17 (48.24)	
	6:24.55 (45.38)	7:09.10 (44.55)	7:55.57 (46.47)	8:41.07 (45.50)	
	9:25.90 (44.83)	10:11.04 (45.14)	10:55.80 (44.76)	11:38.52 (42.72)	

Event 28 Men 55-59 800 LC Meter Freestyle

NATL: 9:00.09 N 7/24/2009 MICHAEL MANN

1	Von Readen, Brad	59	Lone Star Masters-26	11:15.72	9
	r:+1.08 37.34	1:19.50 (42.16)	2:02.34 (42.84)	2:46.12 (43.78)	
	3:29.05 (42.93)	4:12.82 (43.77)	4:43.55 (30.73)	5:38.50 (54.95)	
	6:07.64 (29.14)	7:04.41 (56.77)	7:41.30 (36.89)	8:29.62 (48.32)	
	9:11.16 (41.54)	9:53.25 (42.09)	10:23.60 (30.35)	11:15.72 (52.12)	
2	Llorente, Roberto	56	Uc43	15:50.07	7
	54.10	1:51.60 (57.50)	2:51.66 (1:00.06)	3:53.34 (1:01.68)	
	4:55.66 (1:02.32)	5:56.07 (1:00.41)	6:56.96 (1:00.89)	7:57.73 (1:00.77)	
	8:58.39 (1:00.66)	9:59.08 (1:00.69)	10:59.30 (1:00.22)	11:58.90 (59.60)	
	12:57.65 (58.75)	13:56.11 (58.46)	14:54.04 (57.93)	15:50.07 (56.03)	

Event 28 Men 60-64 800 LC Meter Freestyle

NATL: 9:29.70 N 8/12/2018 ANDREW BRAY

1	Sondermann, Axel	61	Lone Star Masters-26	11:17.79	9
	r:+0.88 37.42	1:18.34 (40.92)	1:59.98 (41.64)	2:42.31 (42.33)	
	3:24.66 (42.35)	4:07.45 (42.79)	4:50.53 (43.08)	5:33.60 (43.07)	
	6:16.57 (42.97)	6:59.68 (43.11)	7:42.83 (43.15)	8:25.92 (43.09)	
	9:09.22 (43.30)	9:52.09 (42.87)	10:35.38 (43.29)	11:17.79 (42.41)	
2	Czerwinski, Robert	61	Lone Star Masters-26	11:36.99	7
	r:+0.92 37.24	1:17.83 (40.59)	2:00.69 (42.86)	2:44.25 (43.56)	
	3:28.43 (44.18)	4:12.50 (44.07)	4:57.48 (44.98)	5:42.14 (44.66)	
	6:27.66 (45.52)	7:12.70 (45.04)	7:56.88 (44.18)	8:41.55 (44.67)	
	9:26.04 (44.49)	10:10.77 (44.73)	10:55.41 (44.64)	11:36.99 (41.58)	
3	Pegues, Lex	64	New Braunfels Masters Swimmers-43	13:36.27	6
	r:+0.93 44.57	1:35.23 (50.66)	2:26.87 (51.64)	3:19.22 (52.35)	
	4:11.76 (52.54)	5:04.49 (52.73)	5:57.47 (52.98)	6:50.13 (52.66)	
	7:42.62 (52.49)	8:33.66 (51.04)	9:24.84 (51.18)	10:15.90 (51.06)	
	11:08.02 (52.12)	11:57.93 (49.91)	13:36.27 (1:38.34)		
4	Keen, John	61	Houston Cougar Masters-25	13:37.77	5
	r:+1.03 46.15	1:37.00 (50.85)	2:29.27 (52.27)	3:21.36 (52.09)	
	4:13.13 (51.77)	5:05.98 (52.85)	5:57.61 (51.63)	6:49.56 (51.95)	
	7:41.74 (52.18)	8:33.89 (52.15)	9:25.35 (51.46)	10:16.95 (51.60)	
	11:08.48 (51.53)	11:59.89 (51.41)	12:50.11 (50.22)	13:37.77 (47.66)	

Event 28 Men 65-69 800 LC Meter Freestyle

NATL: 10:01.92 N 8/4/2022 DAN STEPHENSON

1	Redfern, Daniel	66	Texas Ford Aquatics Masters-26	11:29.40	9
	r:+0.95 39.77	1:22.61 (42.84)	2:05.16 (42.55)	2:48.68 (43.52)	
	3:32.23 (43.55)	4:16.10 (43.87)	4:59.57 (43.47)	5:42.95 (43.38)	
	6:26.71 (43.76)	7:10.27 (43.56)	7:54.44 (44.17)	8:37.97 (43.53)	
	9:21.58 (43.61)	10:05.42 (43.84)	10:48.22 (42.80)	11:29.40 (41.18)	
2	Seagraves, Bob	68	Texas Gold Georgetown Masters-43	11:48.44	7
	r:+1.06 41.84	1:26.51 (44.67)	2:11.91 (45.40)	2:57.07 (45.16)	
	3:42.17 (45.10)	4:27.73 (45.56)	5:12.56 (44.83)	5:57.46 (44.90)	
	6:42.09 (44.63)	7:27.14 (45.05)	8:10.96 (43.82)	8:55.56 (44.60)	
	9:39.65 (44.09)	10:23.74 (44.09)	11:07.21 (43.47)	11:48.44 (41.23)	

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3	Alkire, Jim	66	Lone Star Masters-26	12:48.91	6
	r:+0.94 42.84	1:30.01 (47.17)	2:18.50 (48.49)	3:08.04 (49.54)	
	3:56.47 (48.43)	4:45.39 (48.92)	5:33.77 (48.38)	6:22.50 (48.73)	
	7:11.31 (48.81)	8:00.60 (49.29)	8:48.99 (48.39)	9:37.56 (48.57)	
	10:25.88 (48.32)	11:15.03 (49.15)	12:03.03 (48.00)	12:48.91 (45.88)	
4	Bludworth, Rocky	65	Lone Star Masters-26	15:12.84	5
	r:+1.06 46.31	1:39.15 (52.84)	2:35.90 (56.75)	3:33.85 (57.95)	
	4:33.23 (59.38)	5:31.16 (57.93)	6:31.25 (1:00.09)	7:30.20 (58.95)	
	8:29.41 (59.21)	9:30.33 (1:00.92)	10:29.56 (59.23)	11:26.94 (57.38)	
	12:24.39 (57.45)	13:21.78 (57.39)	14:18.76 (56.98)	15:12.84 (54.08)	

Event 28 Men 70-74 800 LC Meter Freestyle**NATL: 10:12.57 N 7/1/2023 RICK COLELLA**

1	Wood, Larry	70	Longhorn Aquatics-43	11:45.64	9
	r:+0.84 40.52	1:25.16 (44.64)	2:10.11 (44.95)	2:55.09 (44.98)	
	3:40.21 (45.12)	4:25.06 (44.85)	5:10.67 (45.61)	5:55.14 (44.47)	
	6:39.58 (44.44)	7:23.78 (44.20)	8:07.91 (44.13)	8:52.34 (44.43)	
	9:36.99 (44.65)	10:21.94 (44.95)	11:05.00 (43.06)	11:45.64 (40.64)	
2	Herrin, Stanley	72	Lone Star Masters-26	17:24.98	7
	52.14	1:51.26 (59.12)	2:54.14 (1:02.88)	3:57.40 (1:03.26)	
	5:03.29 (1:05.89)	6:09.70 (1:06.41)	7:17.73 (1:08.03)	8:24.80 (1:07.07)	
	9:32.32 (1:07.52)	10:39.66 (1:07.34)	11:49.65 (1:09.99)	12:57.31 (1:07.66)	
	14:06.50 (1:09.19)	15:13.99 (1:07.49)	16:21.36 (1:07.37)	17:24.98 (1:03.62)	

Event 28 Men 75-79 800 LC Meter Freestyle**NATL: 11:01.70 N 8/11/2023 DAN KIRKLAND**

1	Fox, Michael	75	Uc45	13:21.62	9
	r:+1.22 44.90	1:33.81 (48.91)	2:25.26 (51.45)	3:15.44 (50.18)	
	4:08.00 (52.56)	4:57.94 (49.94)	5:49.69 (51.75)	6:40.39 (50.70)	
	7:30.97 (50.58)	8:21.63 (50.66)	9:12.84 (51.21)	10:04.25 (51.41)	
	10:54.40 (50.15)	11:45.60 (51.20)	12:35.47 (49.87)	13:21.62 (46.15)	

Event 29 Women 100-119 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	1:59.52	18
	1) Trahan, Erin W27	2) Alpha, Megan W26	3) r:0.16 Lugbill, Ashley W22	4) Miller, Rylie W27
	r:+0.66 27.59	58.64 (31.05)	1:29.00 (30.36)	1:59.52 (30.52)

Event 29 Women 120-159 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	2:09.00	18
	1) Batten, Courtney W33	2) Boring, Sophie W26	3) Ahonen, Jenna W32	4) Flanigan, Marylyn W33
	r:+0.77 32.45	1:00.43 ()	2:09.00 (1:08.57)	

Event 29 Women 160-199 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	2:10.89	18
	1) Wilson, Jacquelyn W38	2) Merianos, Jacky W33	3) r:0.22 Rogers, Jenny W47	4) Heughan, Lee W47
	r:+0.70 31.70	1:05.61 (33.91)	2:10.89 (1:05.28)	

Event 29 Women 240-279 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	2:35.81	18
	1) Moore, Alison W54	2) Hinkamp, Kristianne W65	3) r:0.49 Klimko, Sue W64	4) Gray, Christina W58
	r:+1.01 37.41	1:20.12 (42.71)	1:58.57 (38.45)	2:35.81 (37.24)

Event 29 Women 280-319 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	2:35.73	18
	1) Cole, Janie W71	2) Lennon, Dana W66	3) r:0.32 Woolslayer, Jeannie W71	4) Hirsty, Jacki W72
	r:+1.00 34.51	1:27.44 (52.93)	2:01.28 (33.84)	2:35.73 (34.45)

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Results

(Event 29 Women 280-319 200 LC Meter Freestyle Relay)

---	Masters of South Texas-43	A	49.45
	Did not finish		
	1) Schueckler, Leslie W69	2) Stewart, Jamie W76	3) Sauer, DeEtte W83
	r:+0.91		4) Marsch, Gail W84

Event 30 Men 100-119 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	1:46.01	18
	1) Rodriguez Moran, Carlos Abel M2	2) Thompson, Noah M27	3) r:0.56 Hall, Collin M30	4) Fatora, Morgan M30
	r:+0.71 25.91	51.41 (25.50)	1:19.10 (27.69)	1:46.01 (26.91)
2	Lone Star Masters-26	B	2:05.91	14
	1) Alvarez, Camilo M24	2) Boring, Joshua M27	3) Chuanromanee, Tee M27	4) Sanford, Christian M34
	r:+0.70 28.48	1:09.24 (40.76)	1:37.51 (28.27)	2:05.91 (28.40)

Event 30 Men 120-159 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	1:47.43	18
	1) Shozda, Alex M28	2) Dunigan, Ryan M29	3) r:0.63 Everett, Jake M32	4) Osada, Akihiko M38
	r:+0.64 25.52	51.39 (25.87)	1:20.67 (29.28)	1:47.43 (26.76)
2	Terrapin Masters-10	A	1:53.71	14
	1) Ellis, Andrew M56	2) Strahota, Jeffrey M44	3) r:0.26 Smith, Mark M30	4) Henderson, Myles M23
	r:+0.85 30.98	1:00.21 (29.23)	1:26.13 (25.92)	1:53.71 (27.58)

Event 30 Men 160-199 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	1:43.31	18
	1) Dorsey, Brad M29	2) Petric, Jan Karel M33	3) r:0.21 Thomas, Harold M38	4) Norman, Brandon M30
	r:+0.69 25.60	51.20 (25.60)	1:18.00 (26.80)	1:43.31 (25.31)

Event 30 Men 200-239 200 LC Meter Freestyle Relay

1	Masters of South Texas-43	A	2:02.77	18
	1) Nelson, T Kevin M61	2) Gale, Andrew M58	3) r:0.29 Ingraham, Chase M42	4) Richey, Steven M64
	r:+0.89 33.91	1:04.28 (30.37)	1:30.98 (26.70)	2:02.77 (31.79)
2	Lone Star Masters-26	A	2:04.75	14
	1) Glass, Mark M50	2) Dunn, Russell M50	3) r:0.57 Ganus, Dale M51	4) Harman, Brad M56
	r:+0.68 28.25	58.40 (30.15)	1:34.68 (36.28)	2:04.75 (30.07)

Event 30 Men 240-279 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	2:04.84	18
	1) Doyle, Michael M60	2) Daudelin, Andy M60	3) r:0.32 Czerwinski, Robert M61	4) Leigh, Jay M66
	r:+0.82 30.84	1:02.81 (31.97)	1:34.60 (31.79)	2:04.84 (30.24)

Event 30 Men 280-319 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	1:54.19	18
	1) Wolf, Tom M70	2) Barton, Tom M68	3) r:0.33 Kelsoe, Robert M71	4) Williams, Bruce M71
	r:+0.91 29.41	57.53 (28.12)	1:27.40 (29.87)	1:54.19 (26.79)

Event 30 Men 320-359 200 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	3:37.96	18
	1) Newman, Lawrence M77	2) Dillon, Thomas M83	3) Thatcher, Sandy M81	4) Welty, Bob M80
	51.78	1:54.99 (1:03.21)	2:53.60 (58.61)	3:37.96 (44.36)

Event 31 Mixed 100-119 200 LC Meter Medley Relay

---	Lone Star Masters-26	A	DQ 2:03.46
	Not enough swimmers		
	1) Shozda, Alex M28	2) Garriga, Alexander M28	3) r:0.14 Trahan, Erin W27
	r:+0.58 30.13	1:06.01 (35.88)	1:34.72 (28.71)
			DQ 2:03.46 (28.74)
			4) Spadoni, Marina W31

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1	Lone Star Masters-26	A		2:19.51	18
	1) Hiemke, Scott M52	2) Alpha, Megan W26	3) r:0.62 Boring, Sophie W26	4) Osada, Akihiko M38	
	r:+0.64 37.67	1:18.38 (40.71)	1:51.76 (33.38)	2:19.51 (27.75)	
2	City of Plano Swimmers Wetcats-	A		2:40.98	14
	1) Calabrese, Peter M58	2) Wu, Angelia W26	3) r:0.43 Lucardi, Kevin M27	4) Josko, Julita W20	
	r:+1.27 43.61	1:32.54 (48.93)	2:11.71 (39.17)	2:40.98 (29.27)	

Event 31 Mixed 160-199 200 LC Meter Medley Relay

1	Masters of South Texas-43	A		2:47.66	18
	1) Ingraham, Susan W65	2) Ingraham, Chase M42	3) r:0.34 Gale, Andrew M58	4) Schueckler, Leslie W69	
	r:+0.73 40.90	1:26.02 (45.12)	2:00.27 (34.25)	2:47.66 (47.39)	

Event 31 Mixed 240-279 200 LC Meter Medley Relay

1	Masters of South Texas-43	A		3:15.54	18
	1) Stewart, Jamie W76	2) Richey, Steven M64	3) r:0.66 Nelson, T Kevin M61	4) Pederson, Deborah W67	
	r:+0.94 56.35	1:43.06 (46.71)	2:29.61 (46.55)	3:15.54 (45.93)	

Event 31 Mixed 280-319 200 LC Meter Medley Relay

1	Lone Star Masters-26	A		3:11.01	18
	1) Ray, Dianna W70	2) Russell, Melissa W66	3) r:0.89 Welty, Bob M80	4) Darrow, Larry M72	
	r:+0.75	1:41.08 ()	2:34.46 (53.38)	3:11.01 (36.55)	

Event 31 Mixed 320-359 200 LC Meter Medley Relay

1	Lone Star Masters-26	A		4:57.57	18
	1) Simmons, Pam W75	2) Thatcher, Sandy M81	3) Hlavacek, Ida W82	4) Dillon, Thomas M83	
	r:+1.25 1:10.13	2:36.05 (1:25.92)	3:54.01 (1:17.96)	4:57.57 (1:03.56)	

Event 33 Women 18-24 200 LC Meter Freestyle

NATL: 2:03.06 N 8/17/2003 JESSICA FOSCHI

1	Braden, Malia	21	Uc31	2:38.06	9
	r:+0.75 36.22	1:17.73 (41.51)	1:58.45 (40.72)	2:38.06 (39.61)	
2	Koceich, Madison	24	Mid-Cities Arlington Swimming-26	2:57.84	7
	r:+0.81 37.87	1:21.53 (43.66)	2:09.50 (47.97)	2:57.84 (48.34)	

Event 33 Women 25-29 200 LC Meter Freestyle

NATL: 2:02.06 N 12/2/1995 SHEILA TAORMINA

1	Wu, Angelia	26	City of Plano Swimmers Wetcats-26	2:29.82	9
	r:+0.72 33.26	1:10.90 (37.64)	1:50.59 (39.69)	2:29.82 (39.23)	

Event 33 Women 30-34 200 LC Meter Freestyle

NATL: 1:58.92 N 8/7/2009 ERIKA ERNDL

1	Pickett, Sarah	31	Lone Star Masters-26	2:44.42	9
	r:+0.90 36.71	1:18.55 (41.84)	2:02.58 (44.03)	2:44.42 (41.84)	
2	Ahonen, Jenna	32	Lone Star Masters-26	2:54.84	7
	r:+0.84 39.17	1:24.04 (44.87)	2:10.87 (46.83)	2:54.84 (43.97)	
3	Batten, Courtney	33	Lone Star Masters-26	3:09.15	6
	r:+0.70 35.07	1:14.55 (39.48)	2:41.84 (1:27.29)	3:09.15 (27.31)	

Event 33 Women 40-44 200 LC Meter Freestyle

NATL: 2:09.00 N 5/25/2003 K PIPES-NEILSEN

1	Frees, Heather	41	Lone Star Masters-26	2:23.76	9
	r:+0.75 32.94	1:09.16 (36.22)	1:46.65 (37.49)	2:23.76 (37.11)	
2	Poteet, Christina	40	O2 Performance Aquatics-26	2:29.26	7
	r:+0.77 34.45	1:12.91 (38.46)	1:52.45 (39.54)	2:29.26 (36.81)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 33 Women 45-49 200 LC Meter Freestyle****NATL: 2:10.09 N 6/13/2009 K PIPES-NEILSEN**

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	2:24.81	9
	r:+0.84 33.11	1:09.52 (36.41)	1:47.19 (37.67)	2:24.81 (37.62)	
2	Heughan, Lee	47	Lone Star Masters-26	2:43.65	7
	r:+0.94 34.78	1:14.63 (39.85)	1:58.75 (44.12)	2:43.65 (44.90)	
3	Corley, Marie	47	Terrapin Masters-10	3:43.92	6
	r:+0.89 49.10	1:46.29 (57.19)	2:46.72 (1:00.43)	3:43.92 (57.20)	

Event 33 Women 50-54 200 LC Meter Freestyle**NATL: 2:13.18 N 8/8/2013 JILL HERNANDEZ**

1	Braun, Erika	52	North Carolina Masters Swimmin-13	3:20.21	9
	r:+0.78 28.28	1:43.24 (1:14.96)	2:33.15 (49.91)	3:20.21 (47.06)	
2	Mackinnon, Amy	53	O2 Performance Aquatics-26	3:36.43	7
	r:+0.84 45.10	1:37.82 (52.72)	2:36.59 (58.77)	3:36.43 (59.84)	

Event 33 Women 55-59 200 LC Meter Freestyle**NATL: 2:16.28 N 8/11/2019 VAL\REYNOLDS**

1	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	2:52.09	9
	r:+0.94 40.47	1:23.96 (43.49)	2:08.58 (44.62)	2:52.09 (43.51)	
2	Lopez, Xiomara	55	O2 Performance Aquatics-26	3:59.36	7
	r:+1.13 53.31	1:55.38 (1:02.07)	2:58.46 (1:03.08)	3:59.36 (1:00.90)	

Event 33 Women 60-64 200 LC Meter Freestyle**NATL: 2:21.48 N 6/12/2012 LAURA VAL**

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	2:33.08	9
	r:+0.75 35.63	1:15.00 (39.37)	1:53.87 (38.87)	2:33.08 (39.21)	
2	Smart, Denise	62	Tulsa Masters Swim Club-27	3:03.36	7
	r:+0.74 40.79	1:28.49 (47.70)	2:16.50 (48.01)	3:03.36 (46.86)	
3	Klimko, Sue	64	Lone Star Masters-26	3:18.71	6
	r:+0.93 45.59	1:35.69 (50.10)	2:27.77 (52.08)	3:18.71 (50.94)	

Event 33 Women 65-69 200 LC Meter Freestyle**NATL: 2:25.29 N 8/18/2016 LAURA VAL**

1	Ingraham, Susan	65	Masters of South Texas-43	2:45.30	9
	r:+0.81 37.32	1:20.07 (42.75)	2:03.79 (43.72)	2:45.30 (41.51)	
2	Lampe, Betty	69	Colonials 1776-8	3:21.80	7
	r:+1.00 45.58	1:37.05 (51.47)	2:30.66 (53.61)	3:21.80 (51.14)	
3	Pederson, Deborah	67	Masters of South Texas-43	3:33.21	6
	r:+1.07 47.60	1:43.08 (55.48)	2:39.06 (55.98)	3:33.21 (54.15)	
4	Schueckler, Leslie	69	Masters of South Texas-43	3:50.29	5
	r:+0.97 52.21	1:50.42 (58.21)	2:50.78 (1:00.36)	3:50.29 (59.51)	

Event 33 Women 70-74 200 LC Meter Freestyle**NATL: 2:29.72 N 8/14/2022 LAURA VAL**

1	Morrison, Lynn	70	Lone Star Masters-26	3:57.62	9
	r:+0.87 33.04	2:06.43 (1:33.39)	3:04.64 (58.21)	3:57.62 (52.98)	

Event 33 Women 85-89 200 LC Meter Freestyle**NATL: 3:49.67 N 7/14/2012 JEAN TROY**

1	Burke, Dorothy	85	Little Rock Masters-23	4:29.15	9
	1:04.10	2:12.06 (1:07.96)	3:23.02 (1:10.96)	4:29.15 (1:06.13)	

Event 34 Men 18-24 200 LC Meter Freestyle**NATL: 1:52.74 N 8/16/1998 JOE TRISTAN**

1	Huuki, Erik	23	Lone Star Masters-26	1:59.42	9
	r:+0.78 27.65	57.75 (30.10)	1:28.63 (30.88)	1:59.42 (30.79)	

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 34 Men 18-24 200 LC Meter Freestyle)**

2	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	2:10.26	7
	r:+0.72 29.50	1:01.42 (31.92)	1:35.78 (34.36)	2:10.26 (34.48)	
3	Henderson, Myles	23	Terrapin Masters-10	2:10.72	6
	r:+0.73 29.68	1:02.07 (32.39)	1:36.25 (34.18)	2:10.72 (34.47)	
4	Pennington, Thaddaeus	23	Uc26	2:21.74	5
	r:+0.75 30.26	1:05.55 (35.29)	1:43.13 (37.58)	2:21.74 (38.61)	
5	Wurtz, Tanner	22	Cowtown Swimming-26	2:25.55	4
	r:+0.70 32.07	1:09.04 (36.97)	1:47.57 (38.53)	2:25.55 (37.98)	

Event 34 Men 25-29 200 LC Meter Freestyle**NATL: 1:50.69 N 6/26/2013 ALEX WOLD**

1	Dunigan, Ryan	29	Lone Star Masters-26	2:17.18	9
	r:+0.67 30.74	1:04.86 (34.12)	1:40.50 (35.64)	2:17.18 (36.68)	
2	Armstrong, Trayton	26	Uc26	2:32.32	7
	r:+0.79 32.93	1:09.84 (36.91)	1:49.54 (39.70)	2:32.32 (42.78)	

Event 34 Men 30-34 200 LC Meter Freestyle**NATL: 1:49.34 N 8/7/2014 DARIAN TOWNSEND**

1	Sussmeier, Robert	34	O2 Performance Aquatics-26	2:05.21	9
	r:+0.83 28.23	59.67 (31.44)	1:31.97 (32.30)	2:05.21 (33.24)	
2	Hong, Jimmy	34	Longhorn Aquatics-43	2:46.67	7
	r:+0.71 36.35	1:18.37 (42.02)	2:02.44 (44.07)	2:46.67 (44.23)	

Event 34 Men 35-39 200 LC Meter Freestyle**NATL: 1:49.23 N 6/14/2021 RYAN LOCHTE**

1	Germain, Gregory	35	Rice Aquatic Masters-25	2:12.68	9
	r:+0.71 30.13	1:02.85 (32.72)	1:36.61 (33.76)	2:12.68 (36.07)	

Event 34 Men 40-44 200 LC Meter Freestyle**NATL: 1:53.65 N 8/2/2010 VLAD PYSHNENKO**

1	Strahota, Jeffrey	44	Terrapin Masters-10	2:22.63	9
	r:+0.71 32.83	1:09.37 (36.54)	1:46.71 (37.34)	2:22.63 (35.92)	

Event 34 Men 45-49 200 LC Meter Freestyle**NATL: 1:57.89 N 8/6/2009 KEITH SWITZER**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	2:20.44	9
	r:+0.75 31.80	1:06.22 (34.42)	1:42.87 (36.65)	2:20.44 (37.57)	
2	Chamberlin, Christopher	48	Lone Star Masters-26	2:33.85	7
	r:+0.89 35.70	1:13.99 (38.29)	1:54.52 (40.53)	2:33.85 (39.33)	

Event 34 Men 50-54 200 LC Meter Freestyle**NATL: 2:00.34 N 8/13/2007 DAN STEPHENSON**

1	Seabert, William	50	Fort Worth Area Swim Team-26	2:16.13	9
	r:+0.83	1:04.84 ()	1:40.49 (35.65)	2:16.13 (35.64)	
2	Yepo, Fabrizio	53	Uc42	2:48.96	7
	r:+0.86 37.08	1:19.52 (42.44)	2:04.10 (44.58)	2:48.96 (44.86)	
3	Ganus, Dale	51	Lone Star Masters-26	2:53.77	6
	r:+1.04 38.97	1:23.06 (44.09)	2:08.50 (45.44)	2:53.77 (45.27)	

Event 34 Men 55-59 200 LC Meter Freestyle**NATL: 2:04.01 N 7/26/2009 MICHAEL MANN**

1	Ellis, Andrew	56	Terrapin Masters-10	2:33.22	9
	r:+0.86 34.43	1:14.05 (39.62)	1:55.11 (41.06)	2:33.22 (38.11)	
2	Von Readen, Brad	59	Lone Star Masters-26	2:35.91	7
	r:+0.95 34.96	1:14.60 (39.64)	1:56.44 (41.84)	2:35.91 (39.47)	

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(Event 34 Men 55-59 200 LC Meter Freestyle)

3	Harman, Brad	56	Lone Star Masters-26	2:36.64	6
	r:+0.77 35.55	1:14.89 (39.34)	1:57.04 (42.15)	2:36.64 (39.60)	

Event 34 Men 60-64 200 LC Meter Freestyle

NATL: 2:07.68 N 8/6/2017 DAN STEPHENSON

1	Nichols, Steve	60	Team Walker-43	2:10.38	9
	r:+0.79 29.53	1:01.82 (32.29)	1:35.95 (34.13)	2:10.38 (34.43)	
2	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	2:23.68	7
	r:+0.88 34.06	1:11.10 (37.04)	1:47.83 (36.73)	2:23.68 (35.85)	
3	Doyle, Michael	60	Lone Star Masters-26	2:29.16	6
	r:+0.86 34.43	1:12.28 (37.85)	1:51.38 (39.10)	2:29.16 (37.78)	
4	Czerwinski, Robert	61	Lone Star Masters-26	2:33.39	5
	r:+0.91 34.10	1:12.64 (38.54)	1:53.38 (40.74)	2:33.39 (40.01)	
5	Sondermann, Axel	61	Lone Star Masters-26	2:39.71	4
	r:+2.81 36.16	1:16.54 (40.38)	1:58.35 (41.81)	2:39.71 (41.36)	
6	Richey, Steven	64	Masters of South Texas-43	3:06.10	3
	r:+0.84 38.33	1:25.19 (46.86)	2:15.36 (50.17)	3:06.10 (50.74)	
7	Keen, John	61	Houston Cougar Masters-25	3:13.18	2
	r:+1.02 43.23	1:33.25 (50.02)	2:24.54 (51.29)	3:13.18 (48.64)	

Event 34 Men 65-69 200 LC Meter Freestyle

NATL: 2:09.39 N 8/6/2017 RICK COLELLA

1	Strauss, Trip	66	Little Rock Masters-23	2:24.36	9
	r:+0.83 33.65	1:10.02 (36.37)	1:47.42 (37.40)	2:24.36 (36.94)	
2	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	2:54.64	7
	r:+0.86 39.88	1:23.88 (44.00)	2:09.17 (45.29)	2:54.64 (45.47)	
3	Alkire, Jim	66	Lone Star Masters-26	2:56.72	6
	r:+0.91 39.96	1:24.72 (44.76)	2:11.72 (47.00)	2:56.72 (45.00)	
4	Bludworth, Rocky	65	Lone Star Masters-26	3:21.27	5
	r:+1.05 42.36	1:34.55 (52.19)	2:28.28 (53.73)	3:21.27 (52.99)	

Event 34 Men 70-74 200 LC Meter Freestyle

NATL: 2:23.30 N 7/31/2018 FRED SCHLICHER

1	Gooding, Jack	71	Uc26	2:32.03	9
	r:+0.81 34.90	1:12.75 (37.85)	1:52.13 (39.38)	2:32.03 (39.90)	
2	Wood, Larry	70	Longhorn Aquatics-43	2:42.08	7
	r:+0.89 37.35	1:18.54 (41.19)	2:01.04 (42.50)	2:42.08 (41.04)	
3	Darrow, Larry	72	Lone Star Masters-26	3:12.17	6
	r:+1.17 40.04	1:27.56 (47.52)	2:19.82 (52.26)	3:12.17 (52.35)	
4	Christian, Tom	71	Lone Star Masters-26	3:17.62	5
	r:+1.12 44.97	1:33.51 (48.54)	3:17.62 (1:44.11)		

Event 35 Women 18-24 50 LC Meter Backstroke

NATL: 30.77 N 7/9/2022 ADELYN DIAZ

1	Josko, Julita	20	City of Plano Swimmers Wetcats-26	34.07	9
	r:+0.66				

Event 35 Women 25-29 50 LC Meter Backstroke

NATL: 28.39 N 8/2/2018 EMI MORONUKI

1	Cogswell, Elizabeth	29	City of Plano Swimmers Wetcats-26	33.03	9
	r:+0.68				
2	Trahan, Erin	27	Lone Star Masters-26	33.88	7
	r:+0.57				
3	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	34.43	6
	r:+0.64				

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4	Miller, Rylie	27	Lone Star Masters-26	35.40	5
	r:+0.64				
5	Weisberg, Shaina	27	Lone Star Masters-26	38.43	4
	r:+0.66				

Event 35 Women 30-34 50 LC Meter Backstroke

NATL: 28.57 N 7/8/2012 NORIKO INADA

1	Spadoni, Marina	31	Lone Star Masters-26	30.75	9
	r:+0.58				
2	Randolph, Courtney	33	Terrapin Masters-10	33.09	7
	r:+0.64				
3	Lampe, Corinne	33	Uc26	38.12	6
	r:+0.71				
4	Miller, Rebecca	30	Minnesota Masters Swim Club-30	40.90	5
	r:+0.75				
5	Merianos, Jacky	33	Lone Star Masters-26	42.41	4
	r:+0.72				

Event 35 Women 35-39 50 LC Meter Backstroke

NATL: 28.63 N 8/18/2016 NORIKO INADA

1	Wilson, Jacquelyn	38	Lone Star Masters-26	34.79	9
	r:+0.60				

Event 35 Women 40-44 50 LC Meter Backstroke

NATL: 29.62 N 8/2/2018 NORIKO INADA

1	Warren, Laura	44	Lone Star Masters-26	32.17	9
	r:+0.64				
2	Grover, Mollie	43	Terrapin Masters-10	34.64	7
	r:+0.60				
3	Kim, Julie	41	Lone Star Masters-26	1:40.91	6

Event 35 Women 45-49 50 LC Meter Backstroke

NATL: 31.71 N 7/7/2012 JENKINS\REYNOLDS\

1	Enderle, Wendy	47	Southern Masters Swimmers-24	33.73	9
	r:+0.60				
2	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	1:02.31	7
	r:+0.94				

Event 35 Women 50-54 50 LC Meter Backstroke

NATL: 32.30 N 8/6/2022 ERIKA BRAUN

1	Visser, Linda	54	Houston Cougar Masters-25	36.02	9
	r:+0.70				
2	Moore, Alison	54	Lone Star Masters-26	41.90	7
	r:+0.84				
3	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	47.38	6
	r:+0.80				

Event 35 Women 55-59 50 LC Meter Backstroke

NATL: 31.99 N 8/2/2018 HOLLY GREEN BLAIR

1	Lopez, Xiomara	55	02 Performance Aquatics-26	1:18.75	9
	r:+0.84				

Event 35 Women 60-64 50 LC Meter Backstroke

NATL: 33.38 N 8/5/2023 HOLLY GREEN

1	Smart, Denise	62	Tulsa Masters Swim Club-27	42.80	9
	r:+0.69				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 35 Women 65-69 50 LC Meter Backstroke**

NATL: 33.59 N 8/2/2018 LAURA VAL

1	Ingraham, Susan	65	Masters of South Texas-43	39.58	9
	r:+1.16				
2	Pederson, Deborah	67	Masters of South Texas-43	56.59	7
	r:+0.92				
3	Schueckler, Leslie	69	Masters of South Texas-43	1:02.50	6
	r:+0.79				
4	Lennon, Dana	66	Lone Star Masters-26	1:03.09	5
	r:+1.02				

Event 35 Women 70-74 50 LC Meter Backstroke

NATL: 34.65 N 10/10/2021 LAURA VAL

1	Ray, Dianna	70	Lone Star Masters-26	45.88	9
	r:+0.68				
2	Myer, Cynthia	71	O2 Performance Aquatics-26	59.61	7
	r:+0.89				

Event 35 Women 75-79 50 LC Meter Backstroke

NATL: 40.08 N 10/9/2021 DIANN UUSTAL

1	Simmons, Pam	75	Lone Star Masters-26	1:11.55	9
	r:+1.14				

Event 35 Women 80-84 50 LC Meter Backstroke

NATL: 46.39 N 3/29/2002 BUNNY CEDERLUND

1	Hlavacek, Ida	82	Lone Star Masters-26	1:06.50	9
	r:+0.82				
2	Marsch, Gail	84	Masters of South Texas-43	1:10.14	7
	r:+0.86				

Event 35 Women 85-89 50 LC Meter Backstroke

NATL: 51.81 N 7/7/2012 BETTY LORENZI

1	Burke, Dorothy	85	Little Rock Masters-23	1:11.73	9
	r:+0.83				

Event 36 Men 18-24 50 LC Meter Backstroke

NATL: 26.91 N 8/15/2005 DAVE ROLLINS

1	Huuki, Erik	23	Lone Star Masters-26	28.44	9
	r:+0.65				
2	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	31.14	7
	r:+0.62				
3	Alvarez, Camilo	24	Lone Star Masters-26	34.90	6
	r:+0.67				
4	Wurtz, Tanner	22	Cowtown Swimming-26	35.20	5
	r:+0.62				
5	Rose, Dylan	22	Woodlands Masters Swim Team-25	40.76	4
	r:+0.61				

Event 36 Men 25-29 50 LC Meter Backstroke

NATL: 26.05 N 5/22/2011 ADAM MANIA

1	Boring, Joshua	27	Lone Star Masters-26	51.60	9
	r:+0.64				

Event 36 Men 30-34 50 LC Meter Backstroke

NATL: 24.67 N 6/29/2017 MATT GREVERS

1	Maryatt, Austin	32	Masters of South Texas-43	29.14	9
	r:+0.66				

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(Event 36 Men 30-34 50 LC Meter Backstroke)

2	Smith, Mark	30	Terrapin Masters-10	33.61	7
	r:+0.66				

Event 36 Men 35-39 50 LC Meter Backstroke

NATL: 26.54 N 8/10/2019 JEFF NATALIZIO

1	Germain, Gregory	35	Rice Aquatic Masters-25	30.92	9
	r:+0.63				
2	Osada, Akihiko	38	Lone Star Masters-26	32.54	7
	r:+1.07				
3	Duong, William	35	Lone Star Masters-26	42.99	6
	r:+0.73				

Event 36 Men 40-44 50 LC Meter Backstroke

NATL: 27.47 N 8/23/2008 MICHAEL ROSS

1	Griffin, Brendan	41	Club Tribe-12	34.46	9
	r:+0.72				
2	Strahota, Jeffrey	44	Terrapin Masters-10	36.13	7
	r:+0.68				
3	Ebel, Dirk	44	Uc26	41.16	6
	r:+0.69				

Event 36 Men 45-49 50 LC Meter Backstroke

NATL: 27.73 N 8/4/2023 CHUCK BARNES

1	Ayer, Scott	48	Mid-Cities Arlington Swimming-26	29.88	9
	r:+0.64				
2	Jackson, Scott	49	Texas Ford Aquatics Masters-26	35.51	7
	r:+0.76				

Event 36 Men 50-54 50 LC Meter Backstroke

NATL: 28.58 N 7/14/2018 RICK GOULD

1	Mastracchio, Dominic	50	Little Rock Masters-23	32.72	9
	r:+0.59				
2	Dietrich, Jim	53	Novaquatics Masters-33	34.33	7
	r:+0.67				
3	Hiemke, Scott	52	Lone Star Masters-26	38.16	6
	r:+0.68				
4	Guerrero, Leonel	53	Uc43	46.64	5
	r:+0.84				

Event 36 Men 55-59 50 LC Meter Backstroke

NATL: 29.03 N 8/20/2016 STEVE WOOD

1	Gale, Andrew	58	Masters of South Texas-43	38.45	9
	r:+0.70				
2	Harman, Brad	56	Lone Star Masters-26	43.57	7
	r:+0.66				

Event 36 Men 60-64 50 LC Meter Backstroke

NATL: 30.59 N 8/10/2019 JAMIE FOWLER

1	Pegues, Lex	64	New Braunfels Masters Swimmers-43	37.14	9
	r:+0.70				
2	Sondermann, Axel	61	Lone Star Masters-26	39.93	7
	r:+0.94				
3	Daudelin, Andy	60	Lone Star Masters-26	41.63	6
	r:+0.81				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 36 Men 60-64 50 LC Meter Backstroke)**

4	Robinson, Clark	63	Central Texas Masters Swimmers-43	43.14	5
	r:+0.77				
5	Nelson, T Kevin	61	Masters of South Texas-43	44.77	4
	r:+0.77				

Event 36 Men 65-69 50 LC Meter Backstroke

NATL: 30.95 N 7/12/2012 HUGH WILDER

1	Barton, Tom	68	Lone Star Masters-26	34.05	9
	r:+0.73				
2	Tierney, Robert	66	Texas Ford Aquatics Masters-26	34.13	7
	r:+1.00				
3	Leigh, Jay	66	Lone Star Masters-26	34.30	6
	r:+0.76				
4	Bludworth, Rocky	65	Lone Star Masters-26	50.40	5
	r:+0.72				
5	Woolley, Ken	66	Lone Star Masters-26	51.15	4
6	Johnson, Brian	67	Team Redbird-33	57.71	3
	r:+0.71				

Event 36 Men 70-74 50 LC Meter Backstroke

NATL: 33.16 N 1/19/2024 TOM WOLF

1	Wolf, Tom	70	Lone Star Masters-26	32.43 N	9
	r:+0.62				
2	Herrin, Stanley	72	Lone Star Masters-26	51.75	7
	r:+1.05				

Event 36 Men 75-79 50 LC Meter Backstroke

NATL: 34.45 N 8/2/2018 RICHARD BURNS

1	Newman, Lawrence	77	Lone Star Masters-26	1:02.46	9
	r:+1.62				

Event 36 Men 80-84 50 LC Meter Backstroke

NATL: 36.83 N 8/4/2023 RICHARD BURNS

1	Welty, Bob	80	Lone Star Masters-26	46.41	9
	r:+0.68				
2	Thatcher, Sandy	81	Lone Star Masters-26	1:05.09	7
	r:+1.01				

Event 37 Women 25-29 100 LC Meter Butterfly

NATL: 59.74 N 8/4/2017 HANNAH SAIZ

1	Trahan, Erin	27	Lone Star Masters-26	1:03.81	9
	r:+0.70 29.60		1:03.81 (34.21)		
2	Boring, Sophie	26	Lone Star Masters-26	1:18.79	7
	r:+0.88 34.88		1:18.79 (43.91)		
3	Weisberg, Shaina	27	Lone Star Masters-26	1:18.80	6
	r:+0.79 36.51		1:18.80 (42.29)		
4	LunaHowell, Mason	25	Masters of South Texas-43	1:23.76	5
	r:+0.82 37.71		1:23.76 (46.05)		

Event 37 Women 30-34 100 LC Meter Butterfly

NATL: 58.81 N 6/7/2008 MARTINA MORAVCOVA

1	Miller, Rebecca	30	Minnesota Masters Swim Club-30	1:38.90	9
	r:+0.82 45.13		1:38.90 (53.77)		

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Event 37 Women 40-44 100 LC Meter Butterfly

NATL: 1:02.47 N 6/29/2008 S VON DER LIPPE

1	Poteet, Christina	40	O2 Performance Aquatics-26	1:11.69	9
	r:+0.81 34.11	1:11.69 (37.58)			
2	Frees, Heather	41	Lone Star Masters-26	1:14.57	7
	r:+0.74 34.79	1:14.57 (39.78)			

Event 37 Women 50-54 100 LC Meter Butterfly

NATL: 1:07.80 N 8/13/2011 JILL HERNANDEZ

1	Braun, Erika	52	North Carolina Masters Swimmin-13	1:10.09	9
	r:+0.85 31.87	1:10.09 (38.22)			
2	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	1:48.36	7
	r:+0.84 48.48	1:48.36 (59.88)			

Event 37 Women 55-59 100 LC Meter Butterfly

NATL: 1:09.47 N 8/9/2009 LAURA VAL

1	Chubb, Courtney	55	Swim Melbourne Masters-14	1:17.16	9
	r:+0.84 36.91	1:17.16 (40.25)			
2	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	1:31.78	7
	r:+0.95 42.78	1:31.78 (49.00)			
3	Lopez, Xiomara	55	O2 Performance Aquatics-26	2:43.80	6
	r:+1.13 1:19.83	2:43.80 (1:23.97)			

Event 37 Women 65-69 100 LC Meter Butterfly

NATL: 1:13.70 N 8/18/2016 LAURA VAL

1	Kersten, Holly	66	Texas Ford Aquatics Masters-26	1:31.62	9
	r:+0.90 42.06	1:31.62 (49.56)			
2	Russell, Melissa	66	Lone Star Masters-26	2:03.31	7
	r:+0.95 56.82	2:03.31 (1:06.49)			
3	Lampe, Betty	69	Colonials 1776-8	2:16.38	6
	1:03.55	2:16.38 (1:12.83)			

Event 37 Women 70-74 100 LC Meter Butterfly

NATL: 1:16.07 N 10/8/2021 LAURA VAL

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	1:27.54	9
	r:+0.74 37.46	1:27.54 (50.08)			

Event 37 Women 75-79 100 LC Meter Butterfly

NATL: 1:50.84 N 7/20/2019 DANIELA BARNEA

1	Stewart, Jamie	76	Masters of South Texas-43	2:10.82	9
	r:+1.09 59.91	2:10.82 (1:10.91)			

Event 37 Women 80-84 100 LC Meter Butterfly

NATL: 2:06.55 N 5/21/2004 LOIS NOCHMAN

1	Sauer, DeEtte	83	Masters of South Texas-43	2:43.56	9
	r:+1.14 1:19.21	2:43.56 (1:24.35)			
2	Hlavacek, Ida	82	Lone Star Masters-26	3:06.35	7
	1:24.32	3:06.35 (1:42.03)			

Event 38 Men 18-24 100 LC Meter Butterfly

NATL: 51.29 N 8/8/2014 THOMAS SHIELDS

1	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	1:07.85	9
	r:+0.74 30.24	1:07.85 (37.61)			

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 38 Men 25-29 100 LC Meter Butterfly****NATL: 51.20 N 7/2/2016 THOMAS SHIELDS**

1	Garriga, Alexander	28	Lone Star Masters-26	1:00.54	9
	r:+0.67 28.37		1:00.54 (32.17)		
2	Shozda, Alex	28	Lone Star Masters-26	1:04.18	7
	r:+0.66 28.55		1:04.18 (35.63)		
3	Martens, Galen	26	Austin Swim Club-43	1:19.01	6
	r:+0.83 35.67		1:19.01 (43.34)		
4	Armstrong, Trayton	26	Uc26	1:21.67	5
	r:+0.76 33.66		1:21.67 (48.01)		

Event 38 Men 30-34 100 LC Meter Butterfly**NATL: 53.36 N 8/8/2014 DARIAN TOWNSEND**

1	Petric, Jan Karel	33	Lone Star Masters-26	1:01.23	9
	r:+0.77 28.79		1:01.23 (32.44)		
2	Smith, Mark	30	Terrapin Masters-10	1:03.18	7
	r:+0.75 28.68		1:03.18 (34.50)		
3	Sussmeier, Robert	34	O2 Performance Aquatics-26	1:04.24	6
	r:+0.80 28.93		1:04.24 (35.31)		
4	Stickle, Christopher	34	St Pete Masters Inc-14	1:04.45	5
	r:+0.75 29.92		1:04.45 (34.53)		

Event 38 Men 35-39 100 LC Meter Butterfly**NATL: 53.65 N 8/2/2018 KOHEI KAWAMOTO**

1	Owen, Cameron	35	Southeastern Area Masters Swim-16	56.59	9
	r:+0.72 26.55		56.59 (30.04)		
2	Germain, Gregory	35	Rice Aquatic Masters-25	1:05.91	7
	r:+2.56 30.35		1:05.91 (35.56)		
3	Duong, William	35	Lone Star Masters-26	1:27.77	6
	r:+0.82 39.05		1:27.77 (48.72)		

Event 38 Men 45-49 100 LC Meter Butterfly**NATL: 56.42 N 8/4/2002 PAUL CARTER**

1	Reed, Benjamin	49	O2 Performance Aquatics-26	1:10.91	9
	r:+0.73 32.68		1:10.91 (38.23)		

Event 38 Men 50-54 100 LC Meter Butterfly**NATL: 57.23 N 8/15/2008 PAUL CARTER**

1	Seabert, William	50	Fort Worth Area Swim Team-26	1:06.84	9
	r:+0.79 31.35		1:06.84 (35.49)		

Event 38 Men 55-59 100 LC Meter Butterfly**NATL: 1:00.56 N 8/11/2012 PAUL CARTER**

1	Hiltabiddle, Steve	58	Colonials 1776-8	1:25.11	9
	r:+0.70 27.67		1:25.11 (57.44)		

Event 38 Men 60-64 100 LC Meter Butterfly**NATL: 1:03.03 N 8/15/2005 RICHARD ABRAHAMS**

1	Doyle, Michael	60	Lone Star Masters-26	1:11.00	9
	r:+0.86 34.15		1:11.00 (36.85)		

Event 38 Men 65-69 100 LC Meter Butterfly**NATL: 1:05.83 N 8/6/2017 RICK COLELLA**

1	Sanchez, Greg	67	North Carolina Masters Swimmin-13	1:09.43	9
	r:+0.77 32.47		1:09.43 (36.96)		
2	Archer, Branch	65	Longhorn Aquatics-43	1:11.74	7
	r:+0.88 32.70		1:11.74 (39.04)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 38 Men 65-69 100 LC Meter Butterfly)**

3	Woolley, Ken	66	Lone Star Masters-26	1:38.75	6
	r:+0.92 44.78		1:38.75 (53.97)		

Event 39 Women 18-24 100 LC Meter Breaststroke

NATL: 1:10.32 N 7/30/2011 BREEJA LARSON

1	Lugbill, Ashley	22	Lone Star Masters-26	1:19.06	9
	r:+0.82 36.90		1:19.06 (42.16)		
2	Braden, Malia	21	Uc31	1:39.50	7
	r:+0.77 47.84		1:39.50 (51.66)		
3	Koceich, Madison	24	Mid-Cities Arlington Swimming-26	1:44.47	6
	r:+0.85 48.80		1:44.47 (55.67)		

Event 39 Women 25-29 100 LC Meter Breaststroke

NATL: 1:06.07 N 6/28/2016 KATIE MEILI

1	Trahan, Erin	27	Lone Star Masters-26	1:21.36	9
	r:+0.68 38.46		1:21.36 (42.90)		
2	Alpha, Megan	26	Lone Star Masters-26	1:28.37	7
	r:+0.83 41.31		1:28.37 (47.06)		
3	Wu, Angelia	26	City of Plano Swimmers Wetcats-26	1:30.20	6
	r:+0.71 41.91		1:30.20 (48.29)		
4	Weisberg, Shaina	27	Lone Star Masters-26	1:30.58	5
	r:+0.77 42.99		1:30.58 (47.59)		

Event 39 Women 30-34 100 LC Meter Breaststroke

NATL: 1:10.18 N 6/12/2021 DANIELLE HERRMANN

1	Randolph, Courtney	33	Terrapin Masters-10	1:22.37	9
	r:+0.80 39.34		1:22.37 (43.03)		
2	Batten, Courtney	33	Lone Star Masters-26	1:40.09	7
	r:+0.67 46.37		1:40.09 (53.72)		
3	Miller, Rebecca	30	Minnesota Masters Swim Club-30	1:51.70	6
	r:+0.80 53.14		1:51.70 (58.56)		

Event 39 Women 40-44 100 LC Meter Breaststroke

NATL: 1:12.12 N 6/30/2008 S VON DER LIPPE

1	Frees, Heather	41	Lone Star Masters-26	1:37.31	9
	r:+0.77 46.51		1:37.31 (50.80)		

Event 39 Women 45-49 100 LC Meter Breaststroke

NATL: 1:09.68 N 4/14/2024 GABRIELLE ROSE

1	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	1:25.34	9
	r:+0.81 40.54		1:25.34 (44.80)		
2	Upton, Alexandra	48	Lone Star Masters-26	1:42.42	7
	r:+0.93 50.71		1:42.42 (51.71)		

Event 39 Women 50-54 100 LC Meter Breaststroke

NATL: 1:21.34 N 7/8/2023 ERIKA BRAUN

1	Visser, Linda	54	Houston Cougar Masters-25	1:25.34	9
	r:+0.82 40.22		1:25.34 (45.12)		
2	Braun, Erika	52	North Carolina Masters Swimmin-13	2:16.90	7
	r:+0.88 38.40		2:16.90 (1:38.50)		

Event 39 Women 60-64 100 LC Meter Breaststroke

NATL: 1:27.24 N 8/18/2016 BETH ESTEL

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	1:39.81	9
	r:+0.82 47.29		1:39.81 (52.52)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 39 Women 60-64 100 LC Meter Breaststroke)**

2	Griffith, Sharyl	63	City of Plano Swimmers Wetcats-26	1:48.79	7
	r:+0.87 53.22		1:48.79 (55.57)		

Event 39 Women 65-69 100 LC Meter Breaststroke

NATL: 1:32.24 N 8/10/2019 LO KNAPP

1	Kersten, Holly	66	Texas Ford Aquatics Masters-26	1:45.69	9
	r:+0.88 51.79		1:45.69 (53.90)		
2	Hinkamp, Kristianne	65	Lone Star Masters-26	2:00.01	7
	r:+0.93 56.09		2:00.01 (1:03.92)		
3	Lampe, Betty	69	Colonials 1776-8	2:04.71	6
	r:+0.96 1:00.02		2:04.71 (1:04.69)		
4	Schueckler, Leslie	69	Masters of South Texas-43	2:19.21	5
	r:+0.93 1:06.60		2:19.21 (1:12.61)		

Event 39 Women 70-74 100 LC Meter Breaststroke

NATL: 1:36.91 N 7/31/2021 CHARLOTTE DAVIS

1	Myer, Cynthia	71	O2 Performance Aquatics-26	2:18.14	9
	r:+1.00 1:06.99		2:18.14 (1:11.15)		

Event 39 Women 80-84 100 LC Meter Breaststroke

NATL: 1:49.04 N 7/20/2019 JOANN LEILICH

1	Hlavacek, Ida	82	Lone Star Masters-26	3:29.90	9
	1:36.48		3:29.90 (1:53.42)		

Event 39 Women 85-89 100 LC Meter Breaststroke

NATL: 2:20.49 N 7/12/2014 NAN BOHL

1	Leilich, Joann	85	Woodlands Masters Swim Team-25	2:00.09 N	9
	r:+1.11 57.98		2:00.09 (1:02.11)		
2	Burke, Dorothy	85	Little Rock Masters-23	2:33.71	7
	1:15.48		2:33.71 (1:18.23)		

Event 40 Men 18-24 100 LC Meter Breaststroke

NATL: 1:00.68 N 8/25/2016 JACOB MONTAGUE

1	Pennington, Thaddaeus	23	Uc26	1:18.25	9
	r:+0.76 35.54		1:18.25 (42.71)		

Event 40 Men 25-29 100 LC Meter Breaststroke

NATL: 1:00.68 N 6/28/2013 BJ JOHNSON

1	Sok, Sam	26	Cowtown Swimming-26	1:10.95	9
	r:+0.62 32.54		1:10.95 (38.41)		
2	Garriga, Alexander	28	Lone Star Masters-26	1:13.39	7
	r:+0.69 33.17		1:13.39 (40.22)		

Event 40 Men 30-34 100 LC Meter Breaststroke

NATL: 59.86 N 6/13/2019 BRANDON FISCHER

1	Hall, Collin	30	Lone Star Masters-26	1:16.99	9
	r:+0.80 35.71		1:16.99 (41.28)		
2	Fatora, Morgan	30	Lone Star Masters-26	1:26.34	7
	r:+0.73 39.07		1:26.34 (47.27)		
3	Hong, Jimmy	34	Longhorn Aquatics-43	1:38.11	6
	r:+0.72 45.78		1:38.11 (52.33)		

Event 40 Men 35-39 100 LC Meter Breaststroke

NATL: 1:01.54 N 6/15/2024 BRANDON FISCHER

1	Baxter, Kyle	38	O2 Performance Aquatics-26	1:13.66	9
	r:+0.69 34.72		1:13.66 (38.94)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 40 Men 40-44 100 LC Meter Breaststroke****NATL: 1:03.76 N 7/6/2012 STEVE WEST**

1	Fike, James	43 Lone Star Masters-26	1:16.69	9
	r:+0.73 28.88	1:16.69 (47.81)		
2	Griffin, Brendan	41 Club Tribe-12	1:19.05	7
	r:+0.82 37.01	1:19.05 (42.04)		

Event 40 Men 50-54 100 LC Meter Breaststroke**NATL: 1:06.12 N 7/10/2022 STEVE WEST**

1	Yepo, Fabrizio	53 Uc42	1:29.64	9
	r:+0.92 42.07	1:29.64 (47.57)		
2	Goodale, Justin	52 Uc26	1:30.76	7
	r:+0.77 42.32	1:30.76 (48.44)		

Event 40 Men 55-59 100 LC Meter Breaststroke**NATL: 1:07.97 N 7/31/2015 DAVID GUTHRIE**

1	Gale, Andrew	58 Masters of South Texas-43	1:27.91	9
	r:+0.77 40.59	1:27.91 (47.32)		
2	Harman, Brad	56 Lone Star Masters-26	1:37.18	7
	r:+0.75 45.60	1:37.18 (51.58)		

Event 40 Men 60-64 100 LC Meter Breaststroke**NATL: 1:11.64 N 8/5/2022 DAVID GUTHRIE**

1	Guthrie, David	64 Rice Aquatic Masters-25	1:14.14	9
	r:+0.70 35.14	1:14.14 (39.00)		
2	Hasegawa, Brian	61 Fina	1:19.87	7
	r:+0.73 36.93	1:19.87 (42.94)		
3	Richey, Steven	64 Masters of South Texas-43	1:31.87	6
	r:+0.85 42.40	1:31.87 (49.47)		
4	Pegues, Lex	64 New Braunfels Masters Swimmers-43	1:33.52	5
	r:+0.81 42.82	1:33.52 (50.70)		
5	Endert, Craig	62 Uc26	1:36.12	4
	r:+0.76 46.21	1:36.12 (49.91)		

Event 40 Men 65-69 100 LC Meter Breaststroke**NATL: 1:14.77 N 8/5/2017 RICK COLELLA**

1	Valencia, Alvaro	65 Fina	1:22.58	9
	r:+0.88 39.65	1:22.58 (42.93)		
2	Woolley, Ken	66 Lone Star Masters-26	1:41.13	7
	r:+0.95 48.06	1:41.13 (53.07)		
3	Bludworth, Rocky	65 Lone Star Masters-26	1:52.63	6
	r:+1.03 53.72	1:52.63 (58.91)		
4	Shores, Wylie	66 Southern Masters Swimmers-24	2:16.72	5
	r:+0.96 1:05.27	2:16.72 (1:11.45)		

Event 40 Men 70-74 100 LC Meter Breaststroke**NATL: 1:17.80 N 7/1/2023 RICK COLELLA**

1	Darrow, Larry	72 Lone Star Masters-26	1:52.53	9
	r:+1.14 51.37	1:52.53 (1:01.16)		

Event 40 Men 80-84 100 LC Meter Breaststroke**NATL: 1:38.19 N 8/21/2021 MIKE FRESHLEY**

1	Welty, Bob	80 Lone Star Masters-26	2:09.40	9
	r:+0.97 1:00.33	2:09.40 (1:09.07)		

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 41 Women 18-24 50 LC Meter Freestyle****NATL: 25.72 N 6/19/2021 ALY TETZLOFF**

1	Josko, Julita	20	City of Plano Swimmers Wetcats-26	29.35	9
	r:+0.80				
2	Braden, Malia	21	Uc31	31.02	7
	r:+0.78				
3	Koceich, Madison	24	Mid-Cities Arlington Swimming-26	35.30	6
	r:+0.77				

Event 41 Women 25-29 50 LC Meter Freestyle**NATL: 24.83 N 8/10/2014 MADISON KENNEDY**

1	Trahan, Erin	27	Lone Star Masters-26	28.04	9
	r:+0.70				
2	Cogswell, Elizabeth	29	City of Plano Swimmers Wetcats-26	29.26	7
	r:+0.73				
3	Boring, Sophie	26	Lone Star Masters-26	31.32	6
	r:+0.87				
4	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	31.37	5
	r:+0.77				
5	Alpha, Megan	26	Lone Star Masters-26	32.54	4
	r:+0.78				
6	LunaHowell, Mason	25	Masters of South Texas-43	36.43	3
	r:+0.81				

Event 41 Women 30-34 50 LC Meter Freestyle**NATL: 25.57 N 8/8/2009 ERIKA ERNDL**

1	Spadoni, Marina	31	Lone Star Masters-26	26.46	9
	r:+0.68				
2	Randolph, Courtney	33	Terrapin Masters-10	29.80	7
	r:+0.77				
3	Lampe, Corinne	33	Uc26	31.82	6
	r:+0.79				
4	Merianos, Jacky	33	Lone Star Masters-26	35.69	5
	r:+0.79				
5	Ahonen, Jenna	32	Lone Star Masters-26	35.86	4
	r:+0.78				

Event 41 Women 35-39 50 LC Meter Freestyle**NATL: 25.52 N 6/29/2013 ERIKA ERNDL**

1	Wilson, Jacquelyn	38	Lone Star Masters-26	31.54	9
	r:+0.66				

Event 41 Women 40-44 50 LC Meter Freestyle**NATL: 24.25 N 7/6/2008 DARA TORRES**

1	Warren, Laura	44	Lone Star Masters-26	28.21	9
	r:+0.73				
2	Grover, Mollie	43	Terrapin Masters-10	29.70	7
	r:+0.76				
3	Frees, Heather	41	Lone Star Masters-26	31.77	6
	r:+0.73				
4	Kim, Julie	41	Lone Star Masters-26	47.02	5
	r:+0.76				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 41 Women 45-49 50 LC Meter Freestyle****NATL: 27.09 N 8/5/2017 THOMAS\BRAUN**

1	Brodeur, Diana	49	Lone Star Masters-26	36.60	9
	r:+1.08				
2	Fidler, Ruth	46	Jim Montgomery Masters Swim-26	50.12	7
	r:+0.88				

Event 41 Women 50-54 50 LC Meter Freestyle**NATL: 27.13 N 6/17/2023 ERIKA BRAUN**

1	Braun, Erika	52	North Carolina Masters Swimmin-13	28.32	9
	r:+0.76				
2	Visser, Linda	54	Houston Cougar Masters-25	31.45	7
	r:+0.75				
3	Boutwell, Katrina	52	Mid-Cities Arlington Swimming-26	39.57	6
	r:+0.83				

Event 41 Women 55-59 50 LC Meter Freestyle**NATL: 28.46 N 8/8/2019 HOLLY GREEN BLAIR**

1	Ottman, Sharon	56	Texas Ford Aquatics Masters-26	35.47	9
	r:+0.86				
2	Anderson, Julie	58	Lone Star Masters-26	39.17	7
	r:+0.98				
3	Lopez, Xiomara	55	02 Performance Aquatics-26	50.40	6
	r:+1.18				

Event 41 Women 60-64 50 LC Meter Freestyle**NATL: 28.84 N 8/5/2023 HOLLY GREEN**

1	Sappey, Collette	60	Colorado Masters Swimming-32	29.99	9
	r:+0.79				
2	Matherne, Susan	62	Rice Aquatic Masters-25	31.31	7
	r:+0.95				
3	Klimko, Sue	64	Lone Star Masters-26	37.94	6
	r:+0.97				
4	Griffith, Sharyl	63	City of Plano Swimmers Wetcats-26	43.27	5
	r:+0.86				

Event 41 Women 65-69 50 LC Meter Freestyle**NATL: 29.10 N 8/3/2019 PENNY NOYES**

1	Ingraham, Susan	65	Masters of South Texas-43	33.19	9
	r:+0.83				
2	Kersten, Holly	66	Texas Ford Aquatics Masters-26	33.91	7
	r:+0.89				
3	Pederson, Deborah	67	Masters of South Texas-43	43.89	6
	r:+1.03				
4	Lampe, Betty	69	Colonials 1776-8	44.64	5
	r:+1.04				
5	Schueckler, Leslie	69	Masters of South Texas-43	45.50	4
	r:+0.92				

Event 41 Women 70-74 50 LC Meter Freestyle**NATL: 30.73 N 10/9/2021 LAURA VAL**

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	31.88	9
	r:+0.78				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****Event 41 Women 75-79 50 LC Meter Freestyle****NATL: 34.11 N 10/8/2021 DIANN UUSTAL**

1	Stewart, Jamie	76	Masters of South Texas-43	41.97	9
	r:+0.94				
2	Simmons, Pam	75	Lone Star Masters-26	1:13.00	7

Event 42 Men 18-24 50 LC Meter Freestyle**NATL: 21.78 N 7/1/2012 JOSH SCHNEIDER**

1	Rodriguez Moran, Carlos Abel	24	Lone Star Masters-26	26.30	9
	r:+0.73				
2	Wurtz, Tanner	22	Cowtown Swimming-26	27.28	7
	r:+0.72				
3	Henson, David	24	Mid-Cities Arlington Swimming-26	27.80	6
	r:+0.73				
4	Rose, Dylan	22	Woodlands Masters Swim Team-25	29.92	5
	r:+0.69				

Event 42 Men 25-29 50 LC Meter Freestyle**NATL: 21.69 N 8/10/2014 NATHAN ADRIAN**

1	Sok, Sam	26	Cowtown Swimming-26	25.70	9
	r:+0.62				
2	Shozda, Alex	28	Lone Star Masters-26	25.81	7
	r:+0.69				
3	Thompson, Noah	27	Lone Star Masters-26	26.18	6
	r:+0.70				
4	Dunigan, Ryan	29	Lone Star Masters-26	26.30	5
	r:+0.67				
5	Martens, Galen	26	Austin Swim Club-43	29.42	4
	r:+0.83				
6	Armstrong, Trayton	26	Uc26	29.87	3
	r:+0.78				
7	Boring, Joshua	27	Lone Star Masters-26	34.00	2
	r:+0.96				
8	Chuanromanee, Tee	27	Lone Star Masters-26	35.44	1
	r:+0.84				

Event 42 Men 30-34 50 LC Meter Freestyle**NATL: 21.55 N 8/10/2014 ANTHONY ERVIN**

1	Sussmeier, Robert	34	O2 Performance Aquatics-26	26.20	9
	r:+0.82				
2	Smith, Mark	30	Terrapin Masters-10	26.81	7
	r:+0.74				
3	Stickle, Christopher	34	St Pete Masters Inc-14	27.25	6
	r:+0.76				
4	Fatora, Morgan	30	Lone Star Masters-26	27.56	5
	r:+0.71				
5	Everett, Jake	32	Lone Star Masters-26	29.72	4
	r:+0.82				
6	Hong, Jimmy	34	Longhorn Aquatics-43	30.88	3
	r:+0.71				

Event 42 Men 35-39 50 LC Meter Freestyle**NATL: 22.98 N 6/19/2021 MATT GREVERS**

1	Owen, Cameron	35	Southeastern Area Masters Swim-16	23.83	9
	r:+0.71				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 42 Men 35-39 50 LC Meter Freestyle)**

2	Banos, Antonio	39	Uc26	27.39	7
	r:+0.69				
3	Baxter, Kyle	38	O2 Performance Aquatics-26	27.63	6
	r:+0.64				
4	Esserman, Mark	38	Lone Star Masters-26	31.16	5
	r:+0.97				
5	Duong, William	35	Lone Star Masters-26	32.39	4
	r:+0.81				

Event 42 Men 40-44 50 LC Meter Freestyle

NATL: 22.61 N 6/19/2021 ANTHONY ERVIN

1	Ingraham, Chase	42	Masters of South Texas-43	27.33	9
	r:+0.80				
2	Griffin, Brendan	41	Club Tribe-12	28.88	7
	r:+0.81				
3	Strahota, Jeffrey	44	Terrapin Masters-10	29.40	6
	r:+0.72				

Event 42 Men 45-49 50 LC Meter Freestyle

NATL: 24.12 N 6/23/2018 BRIAN JACOBSON

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	29.03	9
	r:+0.75				
2	Reed, Benjamin	49	O2 Performance Aquatics-26	29.08	7
	r:+0.78				
3	Chamberlin, Christopher	48	Lone Star Masters-26	30.76	6
	r:+1.03				
4	Anton, Michael	47	Texas Ford Aquatics Masters-26	33.00	5
	r:+0.83				

Event 42 Men 50-54 50 LC Meter Freestyle

NATL: 24.58 N 8/9/2009 ROWDY GAINES

1	Mastracchio, Dominic	50	Little Rock Masters-23	27.11	9
	r:+0.71				
2	Glass, Mark	50	Lone Star Masters-26	28.30	7
	r:+0.70				
3	Dietrich, Jim	53	Novaquatics Masters-33	28.51	6
	r:+0.72				
4	Dunn, Russell	50	Lone Star Masters-26	30.26	5
	r:+0.88				
5	Yepo, Fabrizio	53	Uc42	32.27	4
	r:+0.83				
6	Guerrero, Leonel	53	Uc43	36.43	3
	r:+1.19				

Event 42 Men 55-59 50 LC Meter Freestyle

NATL: 25.01 N 6/7/2009 JACK GROSELLE

1	Hiltabiddle, Steve	58	Colonials 1776-8	26.77	9
	r:+0.70				
2	Von Readen, Brad	59	Lone Star Masters-26	30.28	7
	r:+0.97				
3	Gale, Andrew	58	Masters of South Texas-43	31.20	6
	r:+0.77				
4	Ellis, Andrew	56	Terrapin Masters-10	31.33	5
	r:+0.85				

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024**Results****(Event 42 Men 55-59 50 LC Meter Freestyle)**

5	Van Pelt, Aaron	58	Lone Star Masters-26	32.80	4
	r:+0.97				
6	Llorente, Roberto	56	Uc43	40.91	3

Event 42 Men 60-64 50 LC Meter Freestyle

NATL: 25.23 N 8/10/2006 RICHARD ABRAHAMS

1	Nichols, Steve	60	Team Walker-43	26.29	9
	r:+0.77				
2	Hasegawa, Brian	61	Fina	28.00	7
	r:+0.71				
3	Doyle, Michael	60	Lone Star Masters-26	29.57	6
	r:+0.83				
4	Richey, Steven	64	Masters of South Texas-43	31.83	5
	r:+0.78				
5	Daudelin, Andy	60	Lone Star Masters-26	32.18	4
	r:+0.88				
6	Robinson, Clark	63	Central Texas Masters Swimmers-43	34.05	3
	r:+0.86				
7	Nelson, T Kevin	61	Masters of South Texas-43	34.11	2
	r:+0.97				
8	Sondermann, Axel	61	Lone Star Masters-26	34.24	1
	r:+0.97				

Event 42 Men 65-69 50 LC Meter Freestyle

NATL: 26.21 N 7/6/2018 DOUG MARTIN

1	Leigh, Jay	66	Lone Star Masters-26	29.31	9
	r:+0.76				
2	Woolley, Ken	66	Lone Star Masters-26	35.36	7
	r:+0.92				
3	Esahak-Gage, George	66	Arizona Masters Swim Club Inc-48	36.84	6
	r:+0.94				
4	Bludworth, Rocky	65	Lone Star Masters-26	38.61	5
	r:+1.02				
5	Shores, Wylie	66	Southern Masters Swimmers-24	39.29	4
	r:+0.96				

Event 42 Men 70-74 50 LC Meter Freestyle

NATL: 27.12 N 1/20/2023 DOUG MARTIN

1	Christian, Tom	71	Lone Star Masters-26	40.70	9
	r:+1.11				

Event 42 Men 75-79 50 LC Meter Freestyle

NATL: 29.19 N 8/25/2019 DAVID QUIGGIN

1	Gagnet, Alan	75	Uc23	35.34	9
	r:+0.95				
2	Newman, Lawrence	77	Lone Star Masters-26	51.59	7

Event 42 Men 80-84 50 LC Meter Freestyle

NATL: 31.86 N 8/5/2023 RICHARD BURNS

1	Welty, Bob	80	Lone Star Masters-26	42.61	9
	r:+0.89				
2	Thatcher, Sandy	81	Lone Star Masters-26	59.37	7

2024 USMS SouthCentral Zone Summer Champs LCM - 7/26/2024 to 7/28/2024

Results

Event 43 Women 25-29 200 LC Meter Backstroke

NATL: 2:13.19 N 7/30/2018 EMI MORONUKI

1	Miller, Rylie	27	Lone Star Masters-26	2:47.66	9
	r:+0.64 39.34	1:21.87 (42.53)	2:04.87 (43.00)	2:47.66 (42.79)	
---	Bickerstaff, Bailey	27	Texas Ford Aquatics Masters-26	DQ 2:43.76	
	Delay initiating turn after past vertical				
	r:+0.62 37.99	1:19.24 (41.25)	2:01.62 (42.38)	DQ 2:43.76 (42.14)	

Event 43 Women 40-44 200 LC Meter Backstroke

NATL: 2:23.18 N 8/6/2009 JODY SMITH

1	Poteet, Christina	40	O2 Performance Aquatics-26	2:49.07	9
	r:+0.73 40.05	1:22.76 (42.71)	2:06.62 (43.86)	2:49.07 (42.45)	

Event 43 Women 45-49 200 LC Meter Backstroke

NATL: 2:26.06 N 5/22/2009 K PIPES-NEILSEN

1	Enderle, Wendy	47	Southern Masters Swimmers-24	2:38.79	9
	r:+0.59 36.56	1:16.68 (40.12)	1:57.56 (40.88)	2:38.79 (41.23)	
2	Day, Jacqueline	46	Texas Ford Aquatics Masters-26	2:48.34	7
	r:+0.71 39.90	1:22.59 (42.69)	2:06.38 (43.79)	2:48.34 (41.96)	
3	Heughan, Lee	47	Lone Star Masters-26	2:58.97	6
	r:+0.82 41.66	1:26.34 (44.68)	2:12.62 (46.28)	2:58.97 (46.35)	

Event 43 Women 50-54 200 LC Meter Backstroke

NATL: 2:26.64 N 8/4/2014 ELLEN REYNOLDS

1	Visser, Linda	54	Houston Cougar Masters-25	2:55.43	9
	r:+0.63 41.76	1:26.38 (44.62)	2:12.17 (45.79)	2:55.43 (43.26)	

Event 43 Women 60-64 200 LC Meter Backstroke

NATL: 2:30.58 N 2/27/2024 ELLEN REYNOLDS

1	Esahak-Gage, Jane	62	Arizona Masters Swim Club Inc-48	3:06.96	9
	r:+0.71 44.49	1:32.69 (48.20)	2:20.52 (47.83)	3:06.96 (46.44)	
2	Holmes, Ginnie	61	O2 Performance Aquatics-26	5:12.90	7
	r:+0.82 1:17.23	2:37.40 (1:20.17)	3:57.62 (1:20.22)	5:12.90 (1:15.28)	

Event 43 Women 65-69 200 LC Meter Backstroke

NATL: 2:47.70 N 8/8/2019 LAURA VAL

1	Ingraham, Susan	65	Masters of South Texas-43	3:16.93	9
	r:+0.80 46.01	1:37.33 (51.32)	2:28.58 (51.25)	3:16.93 (48.35)	
2	Russell, Melissa	66	Lone Star Masters-26	3:49.41	7
	r:+0.91 55.02	1:53.50 (58.48)	2:52.18 (58.68)	3:49.41 (57.23)	
3	Pederson, Deborah	67	Masters of South Texas-43	4:55.01	6
	r:+1.30 1:09.61	2:30.81 (1:21.20)	3:49.31 (1:18.50)	4:55.01 (1:05.70)	

Event 43 Women 70-74 200 LC Meter Backstroke

NATL: 2:49.43 N 10/8/2021 LAURA VAL

1	Noyes, Penny	70	Ensworth Aquatics Masters-15	3:17.49	9
	r:+0.73 44.64	1:35.41 (50.77)	2:27.51 (52.10)	3:17.49 (49.98)	
2	Ray, Dianna	70	Lone Star Masters-26	3:27.50	7
	r:+0.68 49.07	1:42.09 (53.02)	2:36.51 (54.42)	3:27.50 (50.99)	
3	Myer, Cynthia	71	O2 Performance Aquatics-26	4:48.44	6
	r:+0.92 1:08.21	2:23.29 (1:15.08)	3:38.19 (1:14.90)	4:48.44 (1:10.25)	

Event 43 Women 75-79 200 LC Meter Backstroke

NATL: 3:17.63 N 8/5/2022 DIANN UUSTAL

1	Stewart, Jamie	76	Masters of South Texas-43	4:35.40	9
	r:+0.92 1:04.52	2:15.42 (1:10.90)	3:27.15 (1:11.73)	4:35.40 (1:08.25)	

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Event 43 Women 80-84 200 LC Meter Backstroke

NATL: 3:51.50 N 6/12/2022 JOY WARD

1	Hlavacek, Ida	82	Lone Star Masters-26	5:19.76	9
	r:+0.88 1:14.86	2:35.94 (1:21.08)	4:00.86 (1:24.92)	5:19.76 (1:18.90)	
2	Sauer, DeEtte	83	Masters of South Texas-43	5:30.14	7
	r:+0.92				
3	Marsch, Gail	84	Masters of South Texas-43	5:34.83	6
	r:+1.00 1:18.46	2:46.89 (1:28.43)	4:16.03 (1:29.14)	5:34.83 (1:18.80)	

Event 44 Men 35-39 200 LC Meter Backstroke

NATL: 2:07.16 N 7/29/2001 RON KARNAUGH

1	Osada, Akihiko	38	Lone Star Masters-26	2:39.32	9
	r:+0.64 37.48	1:18.34 (40.86)	1:58.90 (40.56)	2:39.32 (40.42)	

Event 44 Men 45-49 200 LC Meter Backstroke

NATL: 2:12.67 N 8/6/2023 CHUCK BARNES

1	Jackson, Scott	49	Texas Ford Aquatics Masters-26	2:48.51	9
	r:+0.81 38.61	1:20.34 (41.73)	2:04.62 (44.28)	2:48.51 (43.89)	

Event 44 Men 50-54 200 LC Meter Backstroke

NATL: 2:14.53 N 8/5/2017 NICOLAS GRANGER

1	Seabert, William	50	Fort Worth Area Swim Team-26	2:41.00	9
	r:+0.75 37.88	1:18.59 (40.71)	2:00.72 (42.13)	2:41.00 (40.28)	
2	Hiemke, Scott	52	Lone Star Masters-26	2:59.31	7
	r:+0.65 42.40	1:27.74 (45.34)	2:14.78 (47.04)	2:59.31 (44.53)	

Event 44 Men 55-59 200 LC Meter Backstroke

NATL: 2:20.83 N 7/20/2019 RIP ESSELSTYN

1	Hiltabiddle, Steve	58	Colonials 1776-8	2:59.81	9
	r:+0.60 33.41	1:27.50 (54.09)	2:14.84 (47.34)	2:59.81 (44.97)	
2	Gale, Andrew	58	Masters of South Texas-43	3:20.61	7
	r:+0.71 46.44	1:38.08 (51.64)	2:30.94 (52.86)	3:20.61 (49.67)	
3	Harman, Brad	56	Lone Star Masters-26	3:33.78	6
	r:+0.68 48.43	1:42.35 (53.92)	2:38.29 (55.94)	3:33.78 (55.49)	

Event 44 Men 60-64 200 LC Meter Backstroke

NATL: 2:26.12 N 8/8/2019 JAMIE FOWLER

1	Czerwinski, Robert	61	Lone Star Masters-26	2:53.46	9
	r:+0.77 40.03	1:23.25 (43.22)	2:08.63 (45.38)	2:53.46 (44.83)	
2	Lorenz, Andreas	63	Schwimmclub Kreuzlingen	2:55.45	7
	r:+0.85 42.94	1:27.38 (44.44)	2:13.07 (45.69)	2:55.45 (42.38)	
3	Pegues, Lex	64	New Braunfels Masters Swimmers-43	2:55.89	6
	r:+0.69 42.11	1:26.66 (44.55)	2:11.58 (44.92)	2:55.89 (44.31)	

Event 44 Men 65-69 200 LC Meter Backstroke

NATL: 2:32.79 N 8/5/2022 DAN STEPHENSON

1	Barton, Tom	68	Lone Star Masters-26	2:44.02	9
	r:+0.69 39.46	1:21.12 (41.66)	2:03.52 (42.40)	2:44.02 (40.50)	
2	Seagraves, Bob	68	Texas Gold Georgetown Masters-43	3:12.48	7
	r:+0.79 46.45	1:35.06 (48.61)	2:24.59 (49.53)	3:12.48 (47.89)	
3	Woolley, Ken	66	Lone Star Masters-26	3:53.67	6
	r:+0.76 56.90	1:58.09 (1:01.19)	2:57.88 (59.79)	3:53.67 (55.79)	

Event 44 Men 70-74 200 LC Meter Backstroke

NATL: 2:40.25 N 6/5/2021 LAWRENCE DAY

1	Wolf, Tom	70	Lone Star Masters-26	2:36.31 N	9
	r:+0.69 37.20	1:16.42 (39.22)	1:56.92 (40.50)	2:36.31 (39.39)	

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2	Darrow, Larry	72	Lone Star Masters-26	3:54.20	7
	r:+0.89 50.64	1:48.48 (57.84)	2:51.40 (1:02.92)	3:54.20 (1:02.80)	

Event 44 Men 80-84 200 LC Meter Backstroke

NATL: 3:04.59 N 8/6/2023 RICHARD BURNS

1	Thatcher, Sandy	81	Lone Star Masters-26	5:00.77	9
	r:+0.97 1:13.24	2:32.90 (1:19.66)	3:44.88 (1:11.98)	5:00.77 (1:15.89)	

Event 45 Women 120-159 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	4:41.44	18
	1) Lugbill, Ashley W22	2) r:0.50 Wilson, Jacquelyn W38	3) r:0.72 Heughan, Lee W47	4) r:0.18 Miller, Rylie W27
	r:+0.80 31.95	1:07.24 (1:07.24)	1:41.70 (34.46)	2:20.90 (1:13.66)
		3:32.39 (1:11.49)	4:04.87 (32.48)	4:41.44 (1:09.05)
2	Lone Star Masters-26	B	5:17.50	14
	1) Batten, Courtney W33	2) r:-0.18 Ahonen, Jenna W32	3) r:0.56 Merianos, Jacky W33	4) r:0.49 Pickett, Sarah W31
	r:+0.69 34.86	1:16.43 (1:16.43)	2:32.14 (1:15.71)	
		3:53.50 (1:21.36)	4:32.36 (38.86)	5:17.50 (1:24.00)

Event 45 Women 200-239 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	5:27.59	18
	1) Upton, Alexandra W48	2) r:0.50 Brodeur, Diana W49	3) r:0.64 Gray, Christina W58	4) r:0.63 Moore, Alison W54
	r:+0.91 37.56	1:19.20 (1:19.20)	2:42.45 (1:23.25)	
	3:23.62 (41.17)	4:08.56 (1:26.11)	4:46.52 (37.96)	5:27.59 (1:19.03)

Event 45 Women 240-279 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	6:49.45	18
	1) Klimko, Sue W64	2) r:0.71 Hinkamp, Kristianne W65	3) r:0.94 Lennon, Dana W66	4) r:0.68 Russell, Melissa W66
	r:+0.91 45.55	1:34.89 (1:34.89)	2:19.85 (44.96)	3:07.96 (1:33.07)
	4:07.19 (59.23)	5:13.76 (2:05.80)	5:58.95 (45.19)	6:49.45 (1:35.69)

Event 45 Women 280-319 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	5:08.34	18
	1) Morrison, Lynn W70	2) r:0.39 Cole, Janie W71	3) r:0.15 Hirsty, Jacki W72	4) r:0.55 Woolslayer, Jeannie W71
	r:+0.89 34.69	1:13.13 (1:13.13)	1:51.54 (38.41)	2:33.57 (1:20.44)
	3:11.09 (37.52)	3:51.01 (1:17.44)	4:28.03 (37.02)	5:08.34 (1:17.33)
2	Masters of South Texas-43	A	6:45.13	14
	1) Ingraham, Susan W65	2) r:0.58 Pederson, Deborah W67	3) r:0.58 Schueckler, Leslie W69	4) r:0.82 Sauer, DeEtte W83
	r:+0.81 35.81	1:15.21 (1:15.21)	2:02.92 (47.71)	2:57.33 (1:42.12)
	3:47.99 (50.66)	4:44.33 (1:47.00)	5:41.40 (57.07)	6:45.13 (2:00.80)

Event 46 Men 100-119 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	3:49.88	18
	1) Huuki, Erik M23	2) r:0.46 Rodriguez Moran, Carlos	3) r:0.56 Fatora, Morgan M30	4) r:0.21 Shozda, Alex M28
	r:+0.73	54.59 (54.59)	1:21.97 (27.38)	1:52.01 (57.42)
	2:20.89 (28.88)	2:53.37 (1:01.36)	3:20.45 (27.08)	3:49.88 (56.51)

Event 46 Men 160-199 400 LC Meter Freestyle Relay

1	Lone Star Masters-26	A	4:14.63	18
	1) Dunigan, Ryan M29	2) r:0.40 Glass, Mark M50	3) r:0.47 Hiemke, Scott M52	4) r:0.35 Osada, Akihiko M38
	r:+0.69	58.86 (58.86)	1:29.18 (30.32)	2:03.07 (1:04.21)
	2:36.91 (33.84)	3:13.78 (1:10.71)	3:42.39 (28.61)	4:14.63 (1:00.85)

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1 Lone Star Masters-26	A		4:46.89	18
1) Dunn, Russell M50	2) r:0.33 Ganus, Dale M51	3) r:0.62 Harman, Brad M56	4) r:0.41 Doyle, Michael M60	
r:+0.91 34.40	1:14.31 (1:14.31)	1:49.12 (34.81)	2:29.71 (1:15.40)	
3:03.00 (33.29)	3:39.58 (1:09.87)	4:11.52 (31.94)	4:46.89 (1:07.31)	

Event 46 Men 240-279 400 LC Meter Freestyle Relay

1 Lone Star Masters-26	A		4:56.61	18
1) Von Readen, Brad M59	2) r:0.51 Daudelin, Andy M60	3) r:0.43 Alkire, Jim M66	4) r:0.32 Leigh, Jay M66	
r:+0.98 33.69	1:12.59 (1:12.59)	1:47.83 (35.24)	2:27.20 (1:14.61)	
3:04.73 (37.53)	3:46.73 (1:19.53)	4:20.46 (33.73)	4:56.61 (1:09.88)	

Event 46 Men 280-319 400 LC Meter Freestyle Relay

1 Lone Star Masters-26	A		4:30.05	18
1) Wolf, Tom M70	2) r:0.29 Barton, Tom M68	3) Kelsoe, Robert M71	4) r:0.23 Williams, Bruce M71	
r:+0.89	1:03.61 (1:03.61)	1:35.57 (31.96)		
2:44.79 ()	3:21.27 ()	3:53.78 (32.51)	4:30.05 (1:08.78)	

Event 46 Men 320-359 400 LC Meter Freestyle Relay

1 Lone Star Masters-26	A		8:19.29	18
1) Newman, Lawrence M77	2) Thatcher, Sandy M81	3) Dillon, Thomas M83	4) r:0.44 Welty, Bob M80	
52.54	1:52.71 (1:52.71)	2:55.71 (1:03.00)		
5:18.09 ()	6:37.31 ()	7:26.86 (49.55)	8:19.29 (1:41.98)	

Event 47 Mixed 100-119 400 LC Meter Medley Relay

1 Lone Star Masters-26	A		4:18.65	18
1) Huuki, Erik M23	2) r:0.28 Thompson, Noah M27	3) r:0.38 Trahan, Erin W27	4) r:0.07 Spadoni, Marina W31	
r:+0.68 30.92	1:03.82 (1:03.82)	1:37.48 (33.66)	2:17.06 (1:13.24)	
2:46.39 (29.33)	3:20.98 (1:03.92)	3:47.99 (27.01)	4:18.65 (57.67)	
2 Lone Star Masters-26	B		5:15.98	14
1) Boring, Sophie W26	2) r:0.30 Weisberg, Shaina W27	3) r:0.53 Garriga, Alexander M28	4) r:0.82 Boring, Joshua M27	
r:+0.63 39.11	1:23.72 (1:23.72)	2:05.15 (41.43)	2:54.92 (1:31.20)	
3:22.56 (27.64)	3:55.89 (1:00.97)	4:32.97 (37.08)	5:15.98 (1:20.09)	

Event 47 Mixed 120-159 400 LC Meter Medley Relay

1 Terrapin Masters-10	A		4:40.57	18
1) Grover, Mollie W43	2) r:0.06 Randolph, Courtney W333	3) r:0.18 Smith, Mark M30	4) r:0.24 Henderson, Myles M23	
r:+0.62 36.64	1:13.94 (1:13.94)	1:52.19 (38.25)	2:36.27 (1:22.33)	
3:05.10 (28.83)	3:39.66 (1:03.39)	4:08.58 (28.92)	4:40.57 (1:00.91)	

Event 47 Mixed 160-199 400 LC Meter Medley Relay

1 City of Plano Swimmers Wetcats-	A		6:06.63	18
1) Calabrese, Peter M58	2) r:0.54 Griffith, Sharyl W63	3) r:0.69 Wu, Angelia W26	4) r:0.76 Lucardi, Kevin M27	
r:+1.31 47.25	1:35.83 (1:35.83)	2:30.80 (54.97)	3:29.47 (1:53.64)	
4:05.59 (36.12)	4:44.82 (1:15.35)	5:22.38 (37.56)	6:06.63 (1:21.81)	